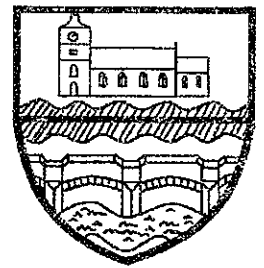


# Haydon News

The Friends of Haydon Bridge thank the Advertisers for their continued support



April 1995 / 3

IN THIS ISSUE: Branch End Opencast meeting. Sub-postmaster poison - penned. Labour gang's activities. The Carne family. Erstwhile Doctor on drugs again. Life expectancy to reach 255 in year 2000? A sexy tale of true country folk. And much more - inside.

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Crossword Competition inside

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## EDITORIAL

When I went to the Public Meeting in the Community Centre on Tuesday 14th March Enid Garrow painfully lifted herself out of her seat to greet me, every muscle in her body aching after her exertions on the riverside tidy-up labour gang on 11th. In addition to Mrs Garrow the gang consisted of: David Charlton, his wife Eileen, son Paul and Eileen's sister Barbara Wardle, Mrs Christine Swaddle and Phillip James. Gang leader was Raymond McVay.

Many bags were filled and bonfires burnt in the tidy-up, amongst the mess were: a dead sheep; rabbits; pheasant; and a few fish. All of the bags and sheep have now been collected and disposed of, the north river bank now looking much better.

We all owe these eight people a vote of thanks for their strenuous efforts in clearing up the mess. It is disappointing that only these few villagers turned up in response to last months Haydon News request for helpers.

Some may argue that it is the Councils job to do these things. In this case apparently not as the land belongs to the Greenwich Hospital who rent it to the village at a peppercorn rent, the Parish therefore seems to have the responsibility for keeping the area tidy.

No winner resulted from last month's crossword competition although one reader came very close with only one mistake. The prize money available is now £30 which will enable two prizes of £15 to be awarded in April. The clues have been made much easier this month in the hope that more of you will submit entries, although this will disappoint the folk who asked me to leave the crossword at same level.

Please continue to supply your written and verbal contributions to me for inclusion in your newsletter. And how about a few anecdotes? Thanks

Mitch

NEXT ISSUE OF HAYDON NEWS

MAY 1995

ALL COPY TO THE EDITOR  
S.B. MITCHELL  
HIGH BRINDLES  
HEUGH HOUSE LANE

or alternatively hand in at the  
POST OFFICE

BY 20 APRIL PLEASE

## BRANCHEND FARM OPENCAST

During March it came to my notice that on the 14th of the month members of the Northumberland County Council Planning sub-committee, Tynedale District Council, Allendale and Haydon Bridge Parish Council and County Councillor Purdue, would be visiting the proposed Branchend Farm opencast coal extraction site. This was to be followed by a visit to the old Stublick Colliery site thence on to the Public Meeting in the Community Centre at 3.30pm.

At 2pm on the 14th, uninvited, I turned up, clipboard and planning application under my arm looking just as official as the 25 or so invited members.

I had previously read that Tynedale Planning Department intended to turn down the application as the site lay in an area of outstanding natural beauty. What I saw was not beautiful, the proposed site is virtually hidden from view and covered in part with mounds of coal from the previous workings in the area. Even the rough grass is having a difficult time living on the old coal heaps.

We all then visited the old colliery site. This is another untidy place with coal strewn about and the listed buildings in disrepair.

There were about fifty people at the public meeting and all manner of questions were asked, a lot concerning wader bird nesting population, the RSPB wanting a survey carried out between April - June. Objections have already been raised :-

HB Parish Council - Concern re potential noise, blasting, dust and traffic problems.

Countryside Commission - Express great concern: final response awaited

English Nature - Holding Objection

Northumberland Wildlife Trust - environmental grounds

Council for the Protection of Rural England - objection lodged

RSPB - holding objection

NRA - environmental & potential pollution problems

All you need in life is  
ignorance and confidence

The Company explained that as part of the proposed Contract with the Straker Estate they will be landscaping the opencast site behind them as they proceed eastwards during the phased 3 year work period. Landscaping, appropriate to adjacent countryside, will actually improve the site from its present poor state they claim. A man made lake is also proposed. Additionally the Company will repair the old colliery buildings so that they can be used as a visitor centre. A management agreement will be entered into for 5 years after completion of all work. It is also understood that a contract clause will be that Stublick Bog will not be subject to new workings for at least 100 years.

The Company said that 29 of the 30 jobs would use local labour.

With regard to Haydon Parish objections the Company stated that due to the nature of the site it was most unlikely that blasting would be needed. Similarly they expected dust to be minimal. With regard to villagers fears that lorries to and from site would drive through Shaftoe Street the Company stated that penalties for drivers were that after one warning they would be dismissed - this proves effective at other sites. The County Council could enforce restrictions so that no lorries would be allowed to and from site during the times when the school buses are en-route.

The Editor has a detailed copy of the planning application, with drawings, and is prepared to lend it for 24 hours to any resident who wishes to study the proposals before making up their own mind on whether to object or support the proposals.

Northumberland County Council will take all views into account and require these at County Hall, Morpeth by the end of April so that they can be considered for a May / June decision. I would recommend that you go and look at the actual sites before reaching any final conclusions.

SBM

**Watchout!**  
Beware, the time is here  
to be caught out again I fear  
Just remember now, the golden rule  
To be\*\*\* or not to be \*\*\*  
An April Fool

Sylvia

Readers Letters and Viewpoints - collated by the Editor

**ARTHRITIS AND RHEUMATISM COUNCIL**

Haydon Bridge Branch

Thanks to the support from Village and High School, this past year has seen our highest level of fund raising yet. A magnificent £775.78 has been collected to aid research into ending the scourge of arthritis.

We are most grateful to you all.

Our first event this year will be to repeat our Car Boot Sale at Corbridge in May. Although we have some items left unsold from last year, if you would like to add a contribution. I can collect by arrangement. Telephone: 684 335

Diary dates:

28th May 1995 - Car Boot Sale

15th July 1995 - Strawberry Teas

Hilary Rutherford

**THE CARNE FAMILY**

In the February Issue of the Haydon News the 20 YEARS AGO column contained a Haydon Herald 1975 letter from S.G. Brown reminiscing on the 'Changes in the past 70 years' and asked 'How many of you remember a Mr Carne'.

Elizabeth Rockett (nee Carne) a Haydonian now living in Wigston Magna, Leicestershire certainly does remember as it was her great grandfather who married a Haydonian girl by the name of Ellen Rutherford. They lived at Park Style with her grandfather and father. Her father was employed at the Langley Barony. The Carnes eventually moved to 5, Alexandra Terrace where Elizabeth was born in 1930.

She says that she was the first female Christened at the old church for 50 years and to commemorate the occasion the Rev. Salisbury suggested a middle name of Cuthbertina, fortunately, from her point of view, her father disagreed and settled for Haydn instead.

With the letter was a 1927 photograph of her father William Joseph Carne resplendent in his Haydon Bridge Band uniform, the cornet he is holding is still in the family in the hands of his grandson, another William Carne. Mrs Rockett also sent a copy of a list of participants in the Northern Counties Contest: showing the names of her great grandfather and his brother Joseph.

Should any reader like a copy of the photograph and/or list please contact the Editor.

A copy of a Poison Pen letter was received by Tony Petts of the Post Office. Such a letter is not worthy of this column, in order that you can see what our sub-postmaster has to put up with the epistle is printed in full on page 5.

Printed in full was not what I did with John Regan's Drug Abuse letter last month and Hilary Rutherford writes:

'I was sorry to read your response to a reasoned letter from Mr John Regan, which was only partially printed, on the issue of Drugs of Addiction. Many an elderly person would feel safer if addicts were not tempted to rob and assault to gain money for their habit. I support Dr High's arguments as a good basis to curb this menace to society.'

Hilary's letter of 63 words is printed in full. John's original letter contained about 400 words, far too long to print in the space I had available. With verbatim extracts and a precis of his letter approximately 100 words were used to express John's views. In my opinion these views were adequately articulated in the March issue and nothing was lost by summarising his lengthy letter.

My response highlighted the rights of people to have, and state, alternative views on Dr High's proposal and I am sorry if this displeases Hilary.

Doctor High himself is not displeased and has written to say that he wishes to amend his proposition to read 'addicts' and not 'users' viz:-

**DRUGS OF ADDICTION BE MADE AVAILABLE FREE TO ADDICTS FROM DOCTORS UNDER THE NHS**

He believes this will make it clear that his aim is to help those who are already 'hooked', and their families. Dr High is pleased that his thoughts on the 'Drug Menace' has caused some response and goes on to say.

'It is clear to me that this poses a very serious threat, not only to our young people but to the whole fabric of our society.'

'Drugs of addiction are being taken, for 'kicks and pleasure' by an increasing number of young people, police and customs are unlikely to stamp out the supply of these drugs from pushers and drug barons. Once 'hooked' the young addict must pay an increasing cost, to maintain his or her habit, to the dealers. This leads many youngsters into burglary, theft and prostitution while 'kicks and pleasure' give way to illness, depression and misery.'

'If your child becomes hooked onto drugs, and this will undoubtedly happen to some parents in Haydon Bridge, would you rather they get their fixes via burglary, theft and prostitution or on prescription from the Doctor ?

'As to the 'cost to the Taxpayer' this is currently HUGE in the cost of Police and Custom time (and sometimes lives), insurance claims for Burglary and theft - ignoring the distress to victims. The cost of these drugs prescribed by doctors on the NHS is in the same price range as ASPIRIN and many addicts, the under 16's, those on unemployment and other benefits are exempt while some addicts who are not exempt might be deterred from going to their doctors by a prescription charge of £5.50.'

Editors Note I have only slightly edited Dr High's letter and some readers may be am pleased to note that he has modified his proposal to, in their view, a more realistic and less costly one. If you do wish to comment on this subject please keep letters brief and to the point. .... Thanks

The little lambs are now starting to appear in local fields so can I again remind all dog owners of the necessity to keep their dogs on leads and under control whilst out walking.

Readers letters and viewpoints for the May issue are urgently requested What do you think of the opencast proposals for Stublick - for or against ?

## PARISH COUNCIL PICKINGS 23rd March 1995

Seven Parish Councillors plus the Clerk and two members of the public were present.

During public question time Mr Mitchell said that, from press reports, Allendale Council now appeared to be 9-3 in favour of the Stublick Opencast proposals. He asked that as Haydon Parish Council had objected to the original proposals what was their view now that a public meeting had been held and their objections aired.

Councillor Garrow had received assurances that traffic would cease between 8.30 - 9.00am and 3.30 - 4.30pm. Similarly dismissal faced lorry drivers who did not keep to authorised routes. The meeting had also heard that the Company were not primarily interested in the clay at the site but would extract it if it's quality was satisfactory. A bond for after care of the site would ensure sufficient funds to make good the site in the event of the Company ceasing trading.

Following discussion the Chairman said that if the assurances given by the Company were to be honoured Haydon Bridge Parish Council were in favour of the proposals.

Mr Jackson asked if it would be possible to advertise Public and Council meetings more widely. It was stated that all announcements of forthcoming meetings were put on to the public notice board. They would see if it will also be possible to display in the post office. The Parish Council meet on the last Thursday of each month.

A letter from Railtrack about the new level crossing revealed that they intend to put an electrical equipment building in the station car park. They believe that it will blend in well as they intend to paint it a tasteful shade of green, rather than the standard grey/white. The footpath across the line would be removed as it is in a danger zone.

Tynedale engineers had inspected the old bridge but could not find the reported flood damage where a very large stone had been washed out adjacent to the 'Scotch Arms'. The Council were dissatisfied with this reply and have asked for another inspection which would be attended by a Parish Council member.

The Sports Council for the North has asked for a donation, £25 will be given.

A letter has been received from The Methodist Church asking if the Parish Council could attend a presentation by them of their extension proposals. The Chairman stated that he could not support this approach and that the Methodist Church should be asked to present their proposals at a Parish Council meeting.

Doctor Ford asked, through Councillor McVay, about a 'clean air act' for Haydon Bridge [see Health Centre News]. This will be referred to Tynedale environmental committee.

WEN

## Passion for Voices

Performed by a group from  
Beltingham with Henshaw  
Songs and words by  
Maddy Prior and John Redpath

St Cuthberts Church

Tuesday 11 April at 7.30 pm

Performances also at  
Henshaw All Hallows  
Sunday 9th April 2.30pm

Haltwhistle Parish Church  
Monday 10th April 7.00pm



A sure sign that summer cannot be very far away - the National Park Centre at Once Brewed has reopened. This year there are three new faces behind the counter, and one veteran who describes her work as 'the best in the world'.

One of the new staff is Paul Beniams from Newbrough. The son of the Rev. Alec Beniams, Paul has spent the past year working at the National Park Office processing survey material of the ecological assets of the National Park, and has thus built up a very detailed knowledge of the area. He also has a particularly specialist knowledge of Kielder Water having worked on the project during a previous career as a civil engineer technician.

Paul will work with Joanne Turner from Slaggyford and Andrea Gaskill from Hexham.

These three will join Kath Scott from Melkridge, who has worked at Once Brewed for seven years.

## LANGLEY W.I.



Members night at Langley W.I. was once again a resounding success due to a varied programme ranging from French gardens to cheese tasting.

The meeting was started by Mrs Hindle who gave a slide show of her holiday touring French Gardens. On a particularly dreary February night it provided a welcome reminder of summer.

Members then divided into two teams to take part in a quiz organised by Mrs M Hingston. Their local knowledge was put to the test as Mrs Hingston showed slides of familiar, and not so familiar, landmarks in the area.

Soft furnishings was next on the agenda as Mrs L. Young showed us some examples of her handiwork. As well as making blinds she also makes drapes for four-poster beds and gave members some handy hints as to how to transform their homes.

Before supper, appetites were whetted by a cheese tasting competition, organised by Mrs F. Wise and Mrs S. Burnie.

A very full evening was enjoyed by all and sundry, everyone is looking forward, in eager anticipation, to the next members night.

M. Nagel

## THANK YOU

I would like to thank everyone who supported the Spring Ceilidh in the Community Centre on Saturday 18th March. Thanks also to everyone who donated raffle prizes, food for the supper and Iris and Sadie for their valuable help in the kitchen.

Including some generous donations £400 was raised for the Community Centre refurbishment programme.

Valerie Bell

Common sense is the best-distributed commodity in the world,

for every man is convinced that he is well supplied with it.



The most delightful advantage of being bald is that you can hear snowflakes

**POISON PEN LETTER ABOUT SUB-POSTMASTER**

Dear Mitch

I enclose for the 'Haydon News' readers an amusing if acerbic response to the recent 'Customer First' survey. I need explain that the addressee, Mr DEMOTAB, is the name of the organisation conducting the survey.

My personal reaction to the content of this exotic prose is of exoneration. The author's reported concern about the location and activities of her livestock (cat and hen) whilst poison-penning her letter tends to confirm my suspicion that they too were, more than likely, in her bag when she visited this office.

**A. PETTS**

**A KOPEE OV WOT EYE ROWT ABOUT YEW TO THAT DEMOTAB FELLA**

Dear Demotab

Noo then Bonnie Lad, ah must say Demotab's a right queer handle. Your Ma must hev had a nasty fright to land ye with that one, or she must hev been on happy juice - poor soul.

Weel, ah thowt ad better tell ye aboot that gadgy in the Post Office. He fair raattled me cage on Tuesday. He even offered me two forms in case ah made a reet pigs lug of one. Ah ask ye - wad ah dee that ?

Noo normally aah wad jist gan canny and not let on, but me big toes in an awful way and the potholes in me lane ootside me hoose is summat chronic so ahm not standing (well ah cannot because of me toe) for lip from him.

Can ye hev a word and sort yon man out. Ye naa he made some sarly comments aboot me bag - just cos its full of most important things like owld timetables (weel, ye niver naa, div ye?) owld hankies and used bus tickets, paper bags, dirty Ming Imperials and bits of fluff - noo wots funny aboot that collection ?

Ye naa them Chinese Ming Imperials are worth a fortune.

Eeh - Some Folks.

Well, Hanny, its up to ye - ye seem to be in charge, canny lad. Divvent sack him - just bend his lug and tell him to be mair sensitive or summat to folks with bad toes, chronic potholes and bags of problems.

Ta very mush pet - dee yor best. Must gan - the tattie pot is bowling ower and the stottie has got the cat sittin on it an ahl hev to get that hen oot the oven, ah naa its cauld, but ahm very particular.

Yours Excrutiatingly  
**A Custom - Er**

P.S.

Ahs just larnin mesel to type and this masheen carnt spel or teep. So,, yor honor ttake this all seriousley, cos ah dee. Ta again. Tarra. Ahm reet pleased to hev had an opportunity to demonstrate just how edukated we are up hear in Haydon Bridge Wor gramma is second to non. Tarra again.

The above letter has just knocked seven bells out of my spell checker. I presume the writer was using the Cullercoat's edition of Webster's - no wonder the person concerned has not completed the crossword.

**Editor**



There has been an angling club in Haydon Bridge since 1868. The club has approxi-

mately six miles of fishing stretching from just below Allen Banks to half a mile past the Spa Well. Most of the fishing is single bank but some stretches include both sides of the river. We fish for salmon, sea trout and brown trout. Members can also fish a 3 acre dam north of the village which we stock with rainbow trout.

The Tyne now has the reputation of being the best salmon river in England This is reflected in the prices some people are prepared to pay. An adjacent private syndicate is believed to charge up to £1000 per rod per year. Our fees are considerably less heart stopping thanks to the generous landlords who support local anglers.

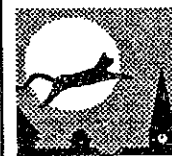
Anyone who lives within the Parish of Haydon is eligible to join the Association. Permits can be purchased from J & M Clarke's Newsagents.

Senior Members	£85
After 1st April	£95
Juniors (under 16 years)	£15
Juveniles (under 18 years)	£42.50
Pensioners	£20

A Water Authority Licence is also required and this can be purchased from the Post Office.

If you are new to our village or new to angling and have any queries about membership or would like to know more please ring: 684 747

**Malcolm Hogg**



How do you  
catch gay mice  
?  
With a poofy  
cat

**TIME FOR A CHANGE**

In the April '95 issue of *Der Narrenschwartz*, a German scientific magazine, is a paper by the eminent Norwegian scientist Professor Olaf Proil. For the past ten years the Professor has been chairing an international committee concerning the standardisation of time. As you know, a day is the time it takes for the earth to rotate once on it's own axis and is precisely 86,400 seconds or 24 hours. A year is defined as the time it takes for the earth to go once around the sun and is not so precise, being approximately 365.2425 days and this has been used in the Gregorian Calendar introduced in 1582. This imprecision is why the months have between 28 and 31 days and leap years occur every 4 years except where it is a century year, unless the century year is divisible by 400. So 1600 was a leap year but 1700 was not. These idiosyncrasies of the Gregorian Calendar have made it necessary to consider the introduction of a new accurate measure of time based on the precise 24 hour day. This is a similar exercise to decimalisation and metrication and will be phased in around the world over a 10 year period. To allow the two calendars to coexist the Yiddish words Tog (Day), Khoy (Month), Yor (Year) have been adapted internationally to signify new calendar dates.

The **OLAF PROIL** calendar will have 10 days (Togs) in a month (Khoy) and ten months in a year (Yor). The effect being that there will be only 100 days (Togs) in a year (Yor). Peoples ages will be multiplied by 3.65, a 20 year old will become 73 yors, 50 years = 182.5 yors, 70 years = 255 yors. The Calendar will start coming into use on April 1st 2000, a leap year.

**Patrick J Colare**

# CHURCH NEWSLETTER

Number 33

An independent supplement to the Haydon News

APRIL 1995

## NEW LIFE

During Holy Week the Church recalls the last few days in the earthly life of Jesus. The events speak loudly of betrayal, hatred, and human destructiveness. The arrest, trial and execution of Jesus was the result of a complicated train of events which had to do with religion, politics, fear, jealousy, and self-interest. In a nutshell, his death was the result of human sinfulness.

The evidence of human sinfulness is still around us. In spite of all the progress we have made and all the wisdom we have accumulated we still seem to be unable to live in a world of peace and justice. Our own self-interest usually takes priority over everything else. People of vision and people who refuse to compromise justice and truth still run the risk of a crucifixion of some kind.

Holy Week would tell a depressing tale if it was not for the character of Jesus himself. In spite of betrayal, of being let down by his friends, of suffering the most terrible cruelty, his integrity remains intact. He is undefeated because he does not give in and does not compromise his truth for the sake of safety, or expediency. His death was inevitable.

His disciples, on the other hand, had mostly fled. Peter and John had tried to stay with Jesus to the end, but even then Peter had denied knowing him when things appeared too dangerous. Only his mother and a few of her friends had risked a public association with him.

It was not until Easter Day, when some of the women went to tend the grave, that the light dawned in the minds of the disciples. The Good News that Jesus was alive in a new and vibrant way came as a great light from heaven to the disciples. It was their experience of Jesus raised from death that brought their faith to life and became the foundation of the Faith of the Christian Church.

No matter what befalls us, God is involved. Even in the worst times, the mystery of the resurrection is a message of hope. The message of New Life, given by God, is echoed in nature, but focussed and made more explicit in Jesus. The message became a message of hope. The way of Jesus - the way of love and faithfulness to truth - is the way to New Life and is the path to which God calls us all.

Jesus said: I am the Way, the Truth and the Life.

## HOLY WEEK

**Palm Sunday** - 10.30 am  
Parish Eucharist & Blessing of Palms.

**Monday** - 7.30 pm Stations of the Cross at the Roman Catholic Church.

**Tuesday** - 10 am Holy Communion (said - 1/2 hour)  
7.30 pm "A Passion for Voices" in the Parish Church.

**Wednesday** - A priest is available today to hear confession, to give spiritual counsel, and to give Holy Communion to those prevented by illness or infirmity from being in Church at Easter. For an appointment ring 684307.

**Maundy Thursday** - 7.30 pm Eucharist and Stripping of the Altars.

**Good Friday** - 10.30 Liturgy of the Day with Communion from the Reserved Sacrament.

2 pm - The Last Hour at All Hallows, Henshaw.

**Easter Eve** - Easter Vigil at the Roman Catholic Church.

**Easter Sunday** - 8 am Holy Communion

10.30 am Easter Eucharist.

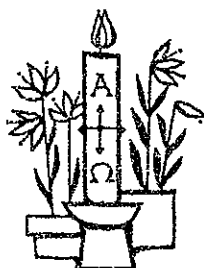


### Mothers' Union

Wednesday 26th April  
7 p.m. Holy Communion  
followed by a talk on Prayer &  
Spirituality by Marion Pinfold  
(in the Church Hall)

### From the Registers

Funeral  
16th March 1995 - Molly Craig  
Rest eternal grant unto her, O Lord,  
and let light perpetual shine upon her



### EVERY FRIDAY at the Methodist Chapel

6.30 - 7.30 Youth club for under  
10's  
7.45 - 8.45 Study Club for 11+

### HAYDON BRIDGE METHODIST CHAPEL SERVICES IN APRIL

**2nd April**  
10.30 am Morning Service led by Mr P  
Eavis  
6 pm United Evening Service led by Rev  
David Perkins

**9th April**  
10.30 am Morning Family Service led  
by Rev David Perkins  
6 pm Evening Service led by Miss E  
Gittus

**12th April**  
Day of Prayer for Easter  
**14th April**  
7.30 pm Evening Communion for Good  
Friday

**16th April - Easter Sunday**  
9 am Communion with Rev D. Perkins  
10.30 Morning Family Service led by  
Barbara Rowarth  
6 pm Evening Communion Service led  
by Rev David Perkins

**23rd April**  
10.30 Morning Service led by Miss A  
Bullous  
6 pm Evening Service led by Mr J  
Mason

**30th April**  
10.30 Morning Service led by Trevor  
North  
6 pm Evening Celebration Service

### SERVICES AT BELTINGHAM AND HENSHAW

**2nd April - Lent 5**  
10 am Holy Communion at Beltingham

**9th April - Palm Sunday**  
9 am Holy Communion at Henshaw  
2.30 "Passion for Voices" at Henshaw

**13th April - Maundy Thursday**  
9.30 am Holy Communion at  
Beltingham

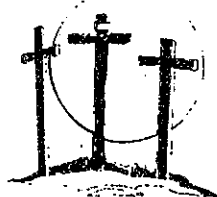
**14th April - Good Friday**  
2 pm The last Hour - at Henshaw

**16th April - Easter Day**  
9.30 am Holy Communion at  
Beltingham

**23rd April - Easter 1**  
10 am Matins at Henshaw

**30th April - Easter 2**  
10 am United Holy Communion at  
Beltingham

**7th May - Easter 3**  
10 am Holy Communion at Henshaw



### SERVICES AT THE PARISH CHURCH

**2nd April - Lent 5**  
8 am Holy Communion  
10.30 Worship for All  
6 pm United Service at the Methodist  
Chapel

**9th April - Palm Sunday**  
10.30 Parish Eucharist

**11th April - Tuesday (Holy Week)**  
10 am Holy Communion  
7.30 "Passion for Voices"

**13th April - Maundy Thursday**  
7.30 pm Eucharist & Stripping of the  
Altars

**14th April - Good Friday**  
10.30 am Liturgy of the Day  
(including Holy Communion from the  
Reserved Sacrament)

**16th April - Easter Day**  
8 am Holy Communion  
10.30 The Eucharist

**23rd April - Easter 1**  
10.30 Parish Eucharist  
3 pm Evensong at Haydon Old Church

**30th April - Easter 2**  
10 am - United Service at Beltingham  
(Holy Communion)

**7th May - Easter 3**  
8 am Holy Communion  
10.30 Worship for All  
6 pm United Service at the United  
Reform Church

### INFORMATION

Vicar: Rev. Keith Fletcher  
Tel: 684307  
Asst. Priest: Rev. Gerry Price  
Tel: 609861

Both priests use answering  
machines when they are not in their  
office - simply leave your name and  
telephone number and they will get  
back to you.

Hall Bookings - Mrs Marshall  
Tel: 684454

# HEALTH CENTRE NEWS

## EDUCATION AT HOME

Here is a list of the videos you can borrow:  
ASTHMA CHRONIC BRONCHITIS DEPRESSION  
BLOOD PRESSURE COLOSTOMIES/ILEOSTOMIES etc.  
ULCERATIVE COLITIS CROHN'S DISEASE

If any of these are of interest just ask at the reception desk and you may borrow them to watch at home.

## EQUIPMENT FUND

As this is a village charity we intend that its operation should be open to public scrutiny. Here are the figures for the year ending September 1994:

Opening balance	£2,140.87
Donations	£ 454.51
Interest	£ 76.44
Expenditure	£1,259.29
Closing balance	£1,412.53

We are most grateful for the continued support which this fund receives. Thank you.

## TRAVEL MEDICINES

A change has been made, by the government, to the availability of malaria tablets on the NHS. We are no longer allowed to prescribe or dispense tablets for the prevention of malaria and all those who need such treatment will need a private prescription from us (for which we have been told to ask £6.50) in order to get the tablets (the cost of which varies). It remains very important indeed to take tablets to prevent malaria and to make use of nets and insect repellent - there are some types of malaria which are becoming very difficult to treat once established.

An interesting side effect of global warming is that a number of cases of malaria have been found around Charles de Gaulle Airport near Paris. It is reported that in the past malaria has been endemic in the south west of the UK - who knows what the future holds.

Other things, for travellers, now on private prescription include: Antibiotics, diarrhoea treatment, travel sickness treatment, antihistamines - things that you might wish to carry in case of problems with access to medical care abroad.

A number of people have been scandalised by the cost of some vaccines for foreign travel (e.g., Yellow Fever and Rabies). Our charges are lower than other practices in the area that provide the service and in the case of the school children, on educational trips to exotic and septic places, we provide the vaccine at cost. The diseases against which immunisation is recommended are either extremely severe or uniformly fatal. Except where proof of immunisation is required at border controls it is, of course, your choice..... I believe that Bognor Regis is quite pleasant at this time of year but bear in mind the dying words of one of our Kings, who favoured Bognor as a holiday destination, and who, on being asked to convalesce there, said "B\*\*\*\*r Bognor!" and promptly died - shocked by his own vehemence perhaps.

## AIR QUALITY

You will have noticed that measures of air quality are now frequently seen on the weather forecast, particularly when anticyclonic conditions are the dominant feature of the weather. There seems to be a very clear link between increases in chest problems and the decline in air quality - particularly the exhausts of cars, the output from industry and from the burning of solid fuels in peoples' homes. Atmospheric pollution really does matter now and is causing obvious harm.

Haydon Bridge can almost disappear beneath a pall of soot and fumes, when seen from the surrounding hills, when there is little wind. A number of people who commute through Haydon Bridge on a regular basis even report that the village has its own distinctive aroma of coal smoke.

I know from my work, and many will know from the experience of friends and neighbours, that those with bad chests become much worse when the conditions are still, cold and foggy. With this in mind I have prompted one of our Parish Councillors to seek the views of the council and the community with regard to the possible adoption of "smokeless" fuel in Haydon Bridge. This would obviously be a long term project and many would need help with any costs involved but it is a subject worthy of discussion. Speak to your Parish Councillors and let them know your views.

## ASBESTOS

This fibrous mineral has been widely used where insulation and protection from high temperatures is required. It has also been widely used in the construction industry as boards for walls, floors, roofs and ceilings and for fire proofing. Brake and clutch linings on motor vehicles also used to use asbestos.

Many years after exposure a disorder of the lungs may develop called asbestosis, in some ways similar to the sorts of trouble that miners run into in their later years. Asbestos is also known to cause a malignant growth, called mesothelioma, of the covering tissue of the lung and lining of the chest cavity.

Use of asbestos is being rapidly phased out but there is still a lot around - BEWARE.

A case appeared in the British Medical Journal of a pair of spinsters who lived a fairly self sufficient life in an old house. They redecorated some outbuildings and spent many hours sanding down the walls of prefabricated huts - built of asbestos. Years later both developed mesotheliomas.

## BREAST FEEDING - AGAIN

An anthropologist's work was recently reported in New Scientist magazine. He observed the differences amongst other mammals in length of breast feeding. Comparisons were made with pregnancy length, time to doubling or tripling of birth weight, time to establishment of full independence from the mother and proportion of total life expectancy etc. Using this information the anthropologist calculated that humans should breast feed for about six YEARS.

A comment on this finding was published in The Independent newspaper from a doctor who had worked in deprived countries. He related how he had encountered a mother and child (of about six years), the child was holding the mother's, by now very droopy, breast in one hand and a fag in the other!

## WALTZ, FOXTROT, TECHNO-HOUSE, HIP HOP OR WHAT?

Using background music or educational videos in the waiting room does not meet with universal approval and some people find sitting in silence rather trying. The playing of music is intended to serve two purposes; firstly to soothe and relax, secondly to mask the sounds of voices elsewhere in the building. Recently we have invested in a better sound system and hope that this will be more acceptable. We are happy to respond to requests to change the music or video or to turn it off from time to time. Have a word with the receptionist if you would like a change or some peace and quiet.  
SF.