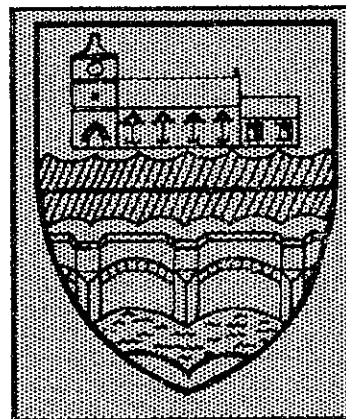


HAYDON NEWS

The Friends of Haydon Bridge Thank the Advertisers for their continued support



October 1994 / 8

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WEDDINGS: SPECIAL OCCASIONS
STUDIO PORTRAITS

HAYDON BRIDGE FISH & CHIP SHOP

	LUNCH	TEATIME AND	EVENING
Monday	-		6.00 - 9.30
Tuesday		CLOSED ALL DAY	
Wednesday	11.30 - 1.30		5.00 - 9.00
Thursday	11.30 - 1.30		5.00 - 9.00
Friday	11.30 - 1.30		4.30 - 12.00
Saturday	11.30 - 1.30		5.00 - 9.00

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EDITORIAL

What a bustling place is Haydon Bridge and its environs as the nights draw in and biting wind and lashing rain threaten the approach of Winter almost before the leaves have started to turn for their Autumn display.

This issue is positively bursting with notices of forthcoming events. There is no excuse for anyone to be bored with Village life. But perhaps the most encouraging item of all is highlighted in the Letter to the Editor. It is good to know that members of the next generation are willing to respond so practically to the plight of those less fortunate than themselves. Long may it continue.

Gina Richardson
Editor

**ARTHRITIS &
RHEUMATISM
COUNCIL**

Dr High has kindly agreed to give an illustrated talk on the subject of the

"Changing Medical Scene"

This will take place in the Church Hall on Thursday 27 October at 7.30pm. There will be a raffle and refreshments afterwards.

We hope that your support will make for an interesting evening.

Hilary Rutherford

**LETTER
TO THE EDITOR**

During the school holidays three children living in Haydon Bridge organised a Fun Day in their gardens. They felt that they themselves had so much, while others had so very little, that they would like to raise money for the children of Rwanda.

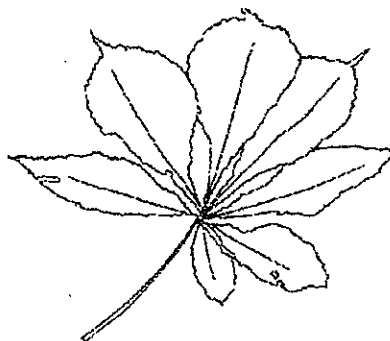
Mothers, grandmothers and neighbours helped by providing hot dogs, pop, crisps and prizes. Their many friends came with their pocket money to play golf, quoits, skittles, bowls and on the trampolene.

People who were invited but couldn't make it sent donations, for which they are thanked very much. The total sum raised was £12, which Mrs Tulip has sent.

The children who thought of and organised this were:
Joseph Tulip, Jamie Eals
and Frances Moore.

We think they are to be congratulated for their effort and thanked for their concern for others.

KF



**VOLUNTEERS
NEEDED**
DRIVER
with own car
to transport elderly
people to a
LUNCH GROUP
every
WEDNESDAY
at
HAYDON BRIDGE
HIGH SCHOOL
lunch provided & car
expenses paid

Contact Glynis Reynolds
0670 534361

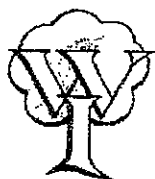
AGE
Concern
NORTHUMBERLAND

**SHAFTOE
EDUCATIONAL
FOUNDATION**

The next meeting of the
Governors will be held on
10 November 1994.

Application for grants
for educational purposes
should be delivered
to the Office on
Shaftoe Terrace by
Saturday 29 October 1994.

J P Richardson
Clerk to the Governors



LANGLEY WI ANNUAL GENERAL MEETING

The AGM at Langley was preceded by supper, which was provided by the Committee Members.

The Treasurer's Report revealed a healthy balance and members voted to donate £50 to the Air Ambulance. It was decided that the charity for the forthcoming year was to be Tynedale Hospice.

Members who participated in the Sunderland glass trail trip arranged by Catton WI gave a glowing report on the day's proceedings. Members donated a fine selection of goods for the forthcoming car boot sale in aid of Institute funds.

Mrs M Hindle retired as President after 3 years in office, as she hopes to travel extensively in the coming year. Members thanked her for the hard work and excellent organisational abilities which ensured everything ran smoothly. Mrs F Wise also retired as Secretary due to pressure of work and members were equally appreciative of the hard work she has put in over the last few years. Mrs M Nagel was elected as President, Mrs K Rutherford was elected as Secretary and Miss E Martin agreed to remain as Treasurer.

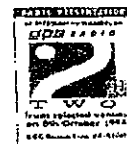
In her summing up, VCO Mrs Goodchild congratulated Langley WI on fulfilling the criteria for a successful WI and hoped they would go from strength to strength.

M Nagel

CORRECTION
Friends of Haydon Bridge
ANNUAL GENERAL MEETING
is to be held on
Monday 31 October at 7.00pm
in the Community Centre
(not 21 October as previously announced)



A network of over 150
simultaneous performances
to benefit the Hospice movement



HALLELUJAH for HOSPICES!

Messiah

by G F Handel

Conductor John Green

Hexham Abbey

Saturday 8th October 1994
at 7.15 p.m.

Tickets £12 & £8. (concessions £10 & £6)
[to include post performance glass of wine]
available from Queens Hall box office from 15 September

*This performance is to benefit
Tynedale Community Hospice*



ALL HALLOWS CHURCH HENSHAW

Events in aid of Heating Improvements

A silent and promises auction and social

will be held at the WI Hall, Henshaw on
Saturday 8 October at 7.30pm

Tickets £2.00: £1.00 under 14's
(to include finger buffet)

from Joan Rutherford (344369),
Elizabeth Scott (344582) or Bardon Mill PO

Family Ceildh Saturday 29 October

in WI Hall Henshaw.

Dancing to Windy Mills band 7-11pm
Bar, Raffle, Tombola

Tickets to include supper
£3.50: age 12 and under £1.50 from
Bardon Mill PO or Elizabeth Scott 344582

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NEXT ISSUE OF HAYDON NEWS

NOVEMBER 1994

ALL COPY

TO THE EDITOR

14 SHAFTOE STREET

BY 20 OCTOBER

PLEASE

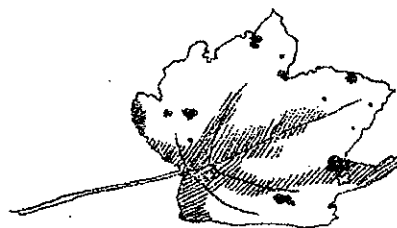


**PARISH COUNCIL
PICKINGS**

Meeting 22 September
All 11 Councillors present.

There was a good deal of discussion about the proposed new regime for up-keep of the A69 by a private contractor. If things go ahead as planned, the contractor will be responsible for construction of the Haltwhistle by-pass as already approved by the Government, but the decision on whether to build one for Haydon Bridge will still remain with the Department of Transport. The official line is that the change of responsibility for maintenance will not influence the by-pass decision one way or the other. Nor, it appears, will the availability of Euro-money: *our* Government decides the priorities for spending it. Nevertheless, people are still working away, trying to winkle the consultant's report out of the DOT and petitioning Mr Atkinson MP to push the matter in London.

It is reported that Katton Disposables are altering their standard correspondence in an effort to prevent visiting lorries passing through the Estate.



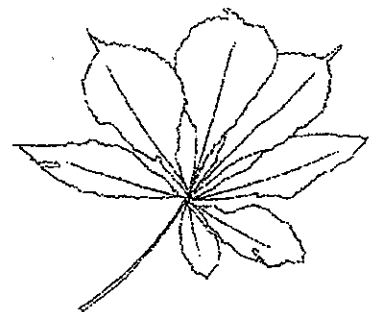
There were five planning applications, none of them very contentious, although it was noted that there had been an objection to a fence which had exceeded the statutory height for that particular location.

Tynedale Local Plan has been published. It is about three inches thick and extra copies cost £25. However, you will all have the opportunity to inspect it at the Library on November 15, 17 and 22. On one of those days, officers from the Planning Department will be present to answer questions.

And finally - *rubbish*.

There is no plan for a permanent skip in the Village before 1996 at earliest, but the Council is worried that Frankham Tip will close before then with the usual undesirable consequences for roadside verges, streams and so on. A major problem is always to find a site which does not annoy the neighbours, yet is convenient and allows access for the skip lorries. If anyone knows of, or would like to volunteer a suitable site, the Council will be delighted to hear of it.

JPR



**VILLAGE FAIR 1994
FINAL RESULTS**

After receipt of further small amounts from the Footballer's Cakes, Soft Toys and Bric-a-brac and finalising the accounts as a whole the sum of £800 was available to be shared equally between the two selected beneficiaries.

The sum of £400 has therefore been forwarded to the Scout Minibus Fund and the same amount to the Community Centre Kitchen Updating programme.

I would once again like to thank everyone who took part in the Fair, in whatever capacity, and I look forward to seeing you all again next year!

Eileen Charlton
Chairman

**VILLAGE FAIR
UNCLAIMED RAFFLE
PRIZES**

There are two raffle prizes still to be claimed:

Wooden Cheese Platter Pink 481
Box Milk Tray Blue 890

Tel: 684 538

**HAYDON BRIDGE
HIGH SCHOOL
P T A
"A Taste of India"
14 October
7.30pm
Cookery Demonstration**

**WINE AND REFRESH-
MENTS ON SALE
TICKETS £3
AVAILABLE FROM
HIGH SCHOOL**

MUSIC at HENSHAW

The next concert will be
Saturday 15 October
at 7.30pm in the
W I Hall at Henshaw

Julie Bainbridge and
Rob Passmore
Music for Voice, Lute
and Guitar by
Dowland, Campian,
Bach and Britten

£2.50 all tickets
to include buffet from:

Julie Bainbridge
Yvette Passmore 344230 or
Elizabeth Scott 344582



PLANT SALE
at Greenbanks, Westwood,
Bardon Mill
in aid of
LEAF for LIFE

Saturday 15 October
10-12 noon and 2-4 pm
Herbaceous plants and shrubs
also dried flowers at
very reasonable prices

Teas and cake stall in aid of
Bardon Mill W I Hall Fund

RECYCLING

The Station carpark now
houses two new dedicated
skips:

the one is for
drink cans
steel or aluminium
the other is for
GLASS bottles or jars
of any colour

**NEITHER
of these bins is
INTENDED for PLASTIC
containers**
Please **DO NOT** put
them in

Katton Disposables
has provided a facility for
collecting *waste paper*
within their factory site in
Strother Close
This is available for use
during working hours

NODDY AND THE GREAT NORTH RUN

Noddy (alias Eileen) and Michael (in "muft") completed the North Run and can honestly say they earned all the sponsor money received.

Our Grand Total so far is £150.00 for the Scouts' Minibus Fund but still taking donations from anyone who did not know about it until now!

Thankyou to our Sponsors: they make our efforts worthwhile.

30 YEARS AGO
Parish Magazine
Vol.2 No.10 Oct.1964

The Editor Writes: Despite the Grouser's inveighing against the use of sesquipedalian verbiage and technological jargon, we have to advise readers that we regret that spatial and technical difficulties have militated against the inclusion in this month's issue of an illustrated article on Hexham Abbey.

What a horrid thing technical language is - and how confusing it can be. Take, for instance, the words "aural" and "oral" - one pertaining to the ear, the other to the mouth - yet both pronounced in much the same way. We know of one case where, thanks to the use of these terms, a patient suffering from an ear complaint duly swallowed his "ear drops", deriving great benefit from the treatment too!

While it may be more scholarly to "apply traction to the aural appendages" rather than "pull someone's lugs for him", and while the offer to make a percussive assault upon the oral orifice is perhaps more genteel than the unvarnished threat to smack someone's gob, there can be no doubt as to which form of words carries the meaning more fully.

Actually "gob" is a Gaelic word and "lug" is old French and so have a far greater entitlement to English usage than "oral" or "aural". Of course, the use of "mouth" and "ear" will protect the user from the charge of excessive pedantry on the one hand and illiterate vulgarity on the other.

20 YEARS AGO
Haydon Herald October 1974

Late Autumn Evening

When crows gather, flying,
Like fragments of burnt paper over a bonfire,
Then trees stand bleak, some still in the garment of autumn,
Some bare.

The garden bonfire gives off its silky lace of smoke,
Filling the nippy air, with its tangy scent,
Not a breath of wind
To rustle the path's golden covering.

The air is still and cold,
Only disturbed by the wheezing of the crows
as they pass above my head.
The sky darkens, clear.

Stars peep,
The moon shows her gleaming face to the world,
Still and serene.
There may be frost
Tonight.

Christine Henderson: Haydon Bridge Technical School

L G S
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HAYDON BRIDGE
JUDO CLUB

Every Tuesday Night at
Haydon Bridge High School

6 - 7pm Juniors
7 - 9pm Seniors

Editor's note on previous column:
my Oxford English Dictionary informs me
that a sesquipedalian word is one which
is one and a half feet long! No wonder
they ran short of space.

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CHURCH NEWSLETTER

Number 28

An independent supplement to the Haydon News

OCTOBER 1994

HARVEST HOME

October is the month when, like churches and chapels all over the country, we celebrate Harvest Festival. "Harvest Home" used to be an entirely secular affair celebrated by agricultural workers at the end of harvest. It consisted of a feast, usually provided by the farmer or the lord of the manor, and was noted for its intemperance!

By the mid 19th century the celebration had become a religious observance and had moved almost entirely into the churches and chapels of England. An official service was authorised for use in the Church of England in 1862.

It is ironic that it was during the same period of history when people were moving out of agricultural work and into industry that Harvest Festivals became popular.

A much earlier festival, Lamas or Loaf Mass, used to be celebrated on 1st August but had fallen into disuse by the late 18th century. This was the first-fruits of the wheat harvest. A loaf of bread was specially baked and solemnly presented in church. This loaf became the sacramental bread in the mass that was then celebrated.

Although our Harvest festival is relatively modern, so far as the history of the Church is concerned, it replaces several other agricultural feasts dating back to early times - Rogation, Lamas, Plough Sunday and

numerous others of local observance. It could be said that the Harvest Festival, in replacing other agricultural feasts, enables us in the industrial and post-industrial ages to retain our roots in the land and to remember our ultimate dependence on agriculture for many of our basic needs.

The message of Harvest has two main themes:-

Firstly, it gives thanks for the fruits of the earth and calls upon us to be caring and responsible in our use of the land and the distribution of its bounty. In our day this means that the message is concerned with "green" issues and with the injustice of world poverty.

Secondly, it draws on a wealth of biblical material which uses agricultural images to speak about judgement and the after-life. Explored at various levels is the basic truth "What you sow is what you reap". This is a message to be found in almost all the major religions of the world and it is relevant to all levels of human existence - personal, social, economic, and

political.

The point to ponder is that whatever we do now has long-term implications both for ourselves and the people around us. We matter because we make a difference to everyone around us - we either enhance their lives or we cause them harm. Whatever we sow - that is the kind of harvest we will reap.

K.F.

A monkey came out of a bookshop carrying a copy of the Bible and a copy of Darwin's Origin of Species. He was heard to mutter, "Am I my keeper's brother?"

TILL YOU DROP?

We have built pleasure-domes of commerce.....great agglomerations of shops under one roof, climate-controlled adorned by trees and fountains that never see the sun, places where people spend entire days, unashamed. In California, the bumper stickers say 'I shop - therefore I am'. Nowadays this is only half a joke.

-Walter Percy

'Lost in the Cosmos'

SERVICES AT THE PARISH CHURCH

Sunday 2nd - Pentecost 19
8 am Holy Communion
10.30 am Worship for All

Sunday 9th - Harvest Festival
10.30 am Parish Eucharist
3 pm Evensong at Haydon Old Church

Sunday 16th - Last after Pentecost
8 am Holy Communion
10.30 am Eucharist

Sunday 23rd - 9th before Christmas
10.30 am Parish Eucharist

Sunday 30th - 8th before Christmas
10 am United at Henshaw

Sunday 6th November - 7th before Christmas
8am Holy Communion
10.30 Worship for All

SERVICES AT BELTINGHAM AND HENSHAW

Sunday 2nd
10.15 United Service at Henshaw Methodist Chapel
6 pm Evensong at Beltingham

Sunday 9th
10 am Harvest Family Communion at Henshaw
6 pm Harvest Evensong at Henshaw

Sunday 16th
10 am Holy Communion at Beltingham

Sunday 23rd
10 am Matins at Henshaw

Sunday 30th
10 am Holy Communion at Henshaw - United with Haydon Bridge - (Feast of All Hallows)

FROM THE REGISTERS

Holy Matrimony
3rd September - David Anthony Stevens & Anna Louise Stephenson
"Every good wish for the future"

Funeral
15th September - Judith Mary Cuthbertson
"May she rest in peace and rise in glory"



**HAYDON BRIDGE METHODIST CHAPEL
DIARY FOR OCTOBER**

Saturday 1st
7 p.m. Harvest Supper and slides of Montana with Rev David Perkins

Sunday 2nd
10.30 a.m. Harvest Festival Service led by Trevor North
6 p.m. Harvest Festival Service led by Rev David Perkins
7.15 p.m. Coffee and disposal of produce
8 p.m. Prayers, praise and ministry.

Wednesday 5th
12.30 p.m. Lunch and prayers
7.30 p.m. Choir practice

Friday 7th
6.30-7.30 Youth Club for under 10's
7.45-8.45 Study Club for 11+

Sunday 9th
10.30 Morning Communion Service led by Rev David Perkins
6 p.m. Evening Service led by Mr Dickinson

Wednesday 12th
12.30 p.m. Lunch and prayers
2.30 p.m. Women's Own Birthday Party

Friday 14th
6.30-7.30 Youth Club for under 10's
7.45-8.45 Study Club for 11+

Sunday 16th
9 a.m. Early Communion with Rev David Perkins
10.30 a.m. Morning Service led by Rev Trevor Staniforth
6 p.m. Evening Service led by Mr Lowdon

Wednesday 19th
12.30 Lunch and prayers
7.30 Choir practice

Thursday 20th
7.30-8.30 Tynedale Community Hospice Roadshow in the schoolroom

Friday 21st
6.30-7.30 Youth Club for under 10's
7.45-8.45 Study Club for 11+

Sunday 23rd
10.30 a.m. Morning Service led by Mr Fawcett
6 p.m. Evening Service led by Mr H Hunter

Monday 24th
7.30 p.m. Choir practice

Wednesday 26th
12.30 Lunch and prayers
2.30 Women's Own Speaker Dr Peter Papworth

Friday 28th
6.30-7.30 Youth Club for under 10's
7.45-8.45 Study Club for 11+

Saturday 29th
10.30 a.m. Women's Own Coffee Morning

Sunday 30th
10.30 a.m. Morning Communion Service led by Rev David Perkins
6 p.m. Evening Service led by Mrs Barbara Rowarth

HEALTH CENTRE NEWS

DR. MARY HENDERSON.

A bit of news to start with, Ian and I have had our baby. A little girl called Sarah Elizabeth, born on 20 August, weighing 7lb 12ozs. I can now reach the keyboard easily, the problem is finding the time between feeds.

CYSTITIS

A commonly used word for a range of symptoms from frequency, discomfort on passing urine, a feeling of wanting to go to the toilet all the time and other similar symptoms. These symptoms can indicate a urinary infection but often, particularly in women, there may not be a urinary infection but thrush instead, or viral infection which will go in time. If you suffer with cystitis symptoms here are some tips that will help; make sure you drink plenty of fluids - ideally a pint of water as soon as the symptoms start. Making your urine alkaline helps and this can be done by using bicarbonate of soda, one teaspoon every three hours in water. It does not taste very nice but you can buy sodium citrate from the chemist which is slightly more pleasant to take. If your symptoms persist you should see the doctor - please bring a urine sample with you. The sample may be tested at the surgery or sent off to the laboratory. Depending on the results you may be treated with antibiotics, a course of which may vary from 1 day to 7 or occasionally longer. Whereas infections in women are common, infections in men or children are not and any man or child with symptoms should see the doctor and if a urine sample shows a possible infection they may need further investigations to check whether there is any underlying cause.

FIREWORKS

By the time you read this November the fifth will rapidly be approaching and preparations for bonfires and fireworks well under way. This is to remind you that every year a number of children and adults are injured by fireworks, some seriously. Please be careful with fireworks and follow the safety instructions carefully. Make sure you have water available to put out any fire. If you do get burnt by accident put cold water on the area burnt either by placing it under clean running water or, if this is not feasible, soaking a towel in water and placing this on the area burnt. Remember that you will need to change the towel as it will dry out fairly quickly. By doing this you help stop the burn getting deeper. If any clothes are burnt do not try to remove them, leave it to the doctors, just wrap the whole area in a wet towel. Most burns will need to be seen by a doctor unless it is very minor this is because the damage may be more severe than you think and also to try to prevent scarring.

DR. STEVEN FORD.

ANXIETY OR DEPRESSION?

Feeling miserable, weepy, weary, brassed off, worried, sleepless, gloomy, helpless or merely b*****d? We all use words which we know to describe how we feel and this sometimes causes confusion when talking to a doctor. The two major categories of "unhappiness" which we see are depression and anxiety - they are not the same and they can be present together.

Anxiety may cause: inner tension, feeling of impending doom, worrying over small things, difficulty going to sleep, lost appetite, poor concentration, agitation and physical symptoms like sweating, trembling, headache, diarrhoea and fidgeting.

Depression, on the other hand, is suggested by utter sadness, pessimism, guilt, waking in the night, weight loss, loss of sexual interest, turning over of the same thoughts endlessly, lethargy, self neglect and unrealistic worries about health.

The treatment of these conditions is different and now more aimed at dealing with the underlying causes rather than simply flattening the symptoms with drugs. "Talking" treatments are of increasing importance and this is where the psychologists and community psychiatric nursing services come in. There are people there to help you who can be contacted through us or through the Fairington centre in Hexham direct.

THURSDAY AFTERNOONS

There still seems to be some confusion over Thursdays. In the morning we have one doctor doing normal surgery and one doctor doing children's clinic (from 9 to 10). At about 11.00, when everything is finished for the morning, we start our half day. During lunchtime and the afternoon and evening there will either be no one at the health centre (and the front door will be locked) or the chiropodist or chiropractor will be having a session. None of the practice staff will be present after about 11.00 and the people who may be there cannot take messages, give prescriptions or make appointments - they have no connection with the practice except that they use the building.

CHANGE OF ADDRESS

We would be most grateful if you could let us know when you change address so that we can keep our records up to date. Thank you.

FUNDHOLDING UPDATE

At present we are going through a half year review of contracts with providers and one of the new features is the chance to send skin and ENT problems to Carlisle - their waiting times are usefully shorter.

The figures that Max the manager is collecting show that we are on target to create new services next year by modifying the way we spend the fund.

Comments from patients on how they are treated will be gratefully received. The whole point of the fundholding exercise is to create the service which is best suited to your needs - your opinion is very important - talk to us!

BS5750 - KITEMARK - QUALITY ASSURANCE

We have spent a lot of time and money on this project in the last eighteen months and have created three huge manuals to help us improve the way we run the practice. A new system for achieving the same ends has come to our attention which is much more appropriate for GPs, its called The King's Fund Organisational Audit. We have, therefore, changed over to this system which has an additional benefit - someone else pays - we hope.

REACH (Rape, Examination, Advice, Counselling, Help)

There are places where women can go or phone to help if they have been raped:

The Rhona Cross Centre, Grainger Park Road Newcastle. 091 226 0825

The Ellis Fraser Centre, District General Hospital, Kayl Road, Sunderland. 091 565 3725

These centres are staffed by women who can offer help and support. They are open most days and have an answerphone when they are closed which will take messages.