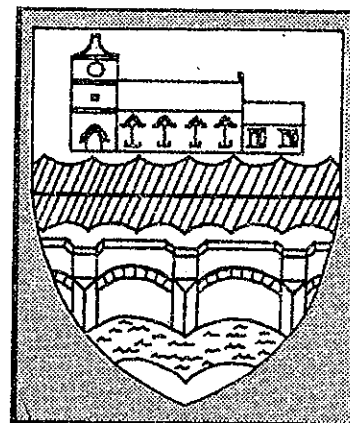


HAYDON NEWS

The Friends of Haydon Bridge Thank the Advertisers for their continued support



October 1992 No 44

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**WEDDINGS: SPECIAL OCCASIONS
STUDIO PORTRAITS**

THE FISH SHOP

	LUNCH	TEA	EVENING
Monday	---	---	7.30 - 11.30
Tuesday	---	CLOSED ALL DAY	---
Wednesday	11.30 - 1.30	---	7.30 - 11.30
Thursday	11.30 - 1.30	---	5.00 - 9.00
Friday	11.30 - 1.30	4.30 - 6.00	7.30 - 12.00
Saturday	11.30 - 1.30	---	7.30 - 12.00
Sunday	---	CLOSED ALL DAY	---

Wet Fish: Friday 9.00 - 2.00

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PARISH COUNCIL PICKINGS

26 September meeting
9 Councillors present (there was no meeting in August).

People are having trouble getting into the amenity tip with large vehicles because a bar has been put up to prevent the disposal of industrial waste at that site. If members of the public are having trouble they can call Mr Jim Thompson at Northumberland Waste Management Ltd, Morpeth Tel:0670 505566.

The lights at the pedestrian crossing are changing too quickly from green to amber when the button is pressed so that vehicles have insufficient time to stop. According to the authority the crossing is still within legal limits.

The trophy for the Best Kept Large Village will be presented at 6.00pm, on Monday 5 October at the War Memorial in Church street. It was suggested that all those who had helped towards the winning of the Trophy should try to be present. The Chairman praised everyone concerned. A discussion took place as to where to put the plaque.

Discussion took place on the proposed Information Board which is to cost about £515/535, plus the cost of applying for planning permission. The surveyor had objected to the proposal to position the board next to

the library because traffic might obstruct the approach to the level crossing! An opinion was expressed that the surveyor was being illogical. It is hoped that it could be up by next Spring.

On long term problems Tyndedale Council has now agreed that people receiving benefit should get free treatment for insect infestation, but the question of heavy traffic using Heugh House Lane continues to drag on.

The question of providing Mr Curry, the village handyman, with extra equipment, including a strimmer, was raised and in turn gave rise to the matter of protective clothing and safety implications. The replacement of the mower used by Mr Orde was also discussed.

If anyone is interested in continuing the topiary work on the hedge near the bus shelter at the East end of the village would they please contact the Parish Council? Otherwise the Topiary will revert to ordinary hedging.

Finally suggestions would be welcome as to how to stop little girls from getting onto the roof of the bus shelter opposite the library and not being able to get down. Otherwise it is feared that sooner or later one of them will have an accident.

P S

DRAWING COURSE FOR BEGINNERS

I think it would be fair to call the class, which finished on 17 September, a success in most respects. I received financial support from Northern Arts and the Shaftoe Trust and was also given some pieces of hardboard by Matthew Charlton & Sons Ltd of Hexham, for use as drawing boards. The Community Association allowed me to hire the room at a very reasonable rate.

Sadly I did not manage to recruit any unemployed people, however thirteen people did start the course though several dropped out over the weeks. Holding the course during a holiday period probably did not help.

The course was extended by an extra two weeks and seven people stuck it out. This was in spite of being given some fairly tedious exercises to do, particularly at the beginning, and in spite of the fact that one or two of the group found the work extremely difficult. Most of them found it totally absorbing.

On the last day I compared the work done at the beginning with that at the end and there was what I can only describe as a very dramatic improvement. Most of the group came to the class because they "couldn't draw" and went away feeling that they could ...

Patrick Sharp

ANNUAL GENERAL MEETING FRIENDS OF HAYDON BRIDGE

This will be held on
Monday 26 October
at 7.00pm;
in the Community Centre
New members welcome
E Garrow, Secretary



VILLAGE FETE 31 AUGUST 1992

In addition to the amounts reported in the September Haydon News the sum of £14.70 was collected from the Ferret Race, making a Grand Total Income of

£779.80.

To date the Total Profit is

£647.06

Detailed accounts may be examined on application to the Treasurer, Rev K Fletcher.

Raffle

Unclaimed prizes:

3rd	Martini	485
4th	Daffodil Bulbs	401
5th	White Wine	459
6th	Bath Oil	455
7th	White Wine	586

To claim please phone 684538

ARTHRITIS AND RHEUMATISM COUNCIL

Congratulations are due to Tula Thomson who made it to the finish in the recent Great North Run with only one blister! Her effort has raised £100 towards the funds this Branch will be forwarding to Arthritis Research.

The next event is an "Antiques Road Show" in the Church Hall on Friday 23 October at 7.30pm. Mr Maurice Reed suggests 2 articles per person and they should be of a size that can be easily carried. While obviously every care will be taken to avoid loss or damage, articles brought for viewing will be at their owners risk.

Entrance will cost £2.00 including refreshments in the interval. There will be a good raffle and we expect an enjoyable evening.

Hilary Rutherford

HAYDON SPA

This history of our noted local feature was prepared for the Society of Antiquaries of Newcastle upon Tyne and we are pleased to have been given permission to publish it in the Haydon News.

The story begins in 1863 when the Haydon Bridge Picnic Committee asked permission of Mr John Grey of Dilston, the Receiver for the Greenwich Hospital Estate, to construct a path down the steep bank of the River South Tyne a mile to the east of the town, to give access to a natural sulphur spring. A basin to contain the water and a tablet to commemorate the event were also proposed. Permission was given after the Public Analysts, Pattinsons, reported that "the water is very free from organic impurities and we are of the opinion that it may be safely used for drinking". Unfortunately the activities and purpose of the Picnic Committee have gone unrecorded as have the reasons for the spa project. Whatever the initial impetus, however, the venture was short-lived as by 1897 the area had become overgrown and the path difficult to negotiate.

**NEXT ISSUE
NOVEMBER 1992
ALL COPY TO
14 SHAFTOE STREET
BY 20 OCTOBER
PLEASE**

It was on the last Saturday in April 1897 that a body of Haydon Bridge worthies met together to discuss the thorny question of how the town should celebrate the Diamond Jubilee of Queen Victoria. A sports day, firework display, bonfire and public tea were suggested and approved but "it was also agreed that a committee be appointed.... to formulate a scheme for the celebration (of the Jubilee) in some permanent form". By the end of the afternoon the Rev. J H Mandell, & Messrs T Clemitson, W H Batey, W Brown, W J Morrison, R Bogdon, H Ware, J Moore, J Lee, L Philipson, W Pittar and J G Clemitson

found themselves on the Committee. By May 8th a sub-committee had been spawned to inspect the Spa Well with the intention of "making some improvement to that valuable water supply". The success of this committee and the tensions of the following months were faithfully recorded by the *Hexham Courant*: June 5th 1897, Mr Walton reported that the Jubilee Committee had cleaned out the Spa Well and wished the expense of it, amounting to 6/-, to be borne by the Parochial Committee. Their efforts had revealed that "there was an excellent supply of water but it has got contaminated by the clay water". The other celebratory activities had also done well... (to be continued)

Lindsay Allason-Jones
Archaeological Officer, University
of Newcastle upon Tyne



HEALTH CENTRE EXTRA

Is it in the Family?

One of the fastest growing and potentially most rewarding fields of medical understanding in recent times is the study of *Genetics*.

Genes can be thought of as *Programmers* situated in the most vital parts of every cell of our bodies. They are paired structures, half coming from Mum and half from Dad. How the paired structure, the *Gene*, will operate depends on whether a particular fraction of the part of the gene that came from Mum will dominate or overrule the fraction that came from Dad, or vice versa, or whether the two fractions are the same in which case they will "pull together".

These gene programmers will influence every aspect

of our lives - the size, shape, colour and every single feature of our bodies and it is now known that certain genes, which can be seen by special magnifying techniques from a sample of blood, or indeed from any cell of a person's body, may carry a potential for that individual to be prone to certain diseases. Downes Syndrome (mongol children) and Cystic Fibrosis are but two examples of a huge and growing number of conditions now known to be determined by genes.

Of course genes are not the only factors that influence the way we develop our lives. Much depends on the influence of environment and accidental factors. A person could be born with the genetic potential of an Olympic runner but if the environment does not provide training facilities and encouragement or if a car crash causes spinal injury he may not achieve his genetic potential.

To explain what genetic research and understanding can do and what counselling services are available, consider such questions as "My uncle had Cystic Fibrosis/Diabetes/Asthma/Alzheimers Disease etc etc,

what are the chances of my children getting it? Could you tell me before the child was born whether they might get it and, if so, should I consider having the pregnancy terminated?"

To shed light on this exciting branch of medicine and to explain whether *Genetics* may be able to provide answers to questions such as these Dr Miranda Splitt - Lecturer in Clinical Genetics will be coming to the Health Centre at 7pm on Wednesday 28 October.

Watch out for posters about this important event nearer the time.

Dr R High

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CHURCH Newsletter

An independent supplement
to the Haydon News

No. 8

OCTOBER 1992

SAFELY GATHERED IN ?

Churches all over the country celebrate Harvest Festival at this time of the year. We give thanks to God for the harvest of the earth upon which we all ultimately depend.

In recent years it has become difficult to celebrate the harvest without having in mind two important issues facing the human race.

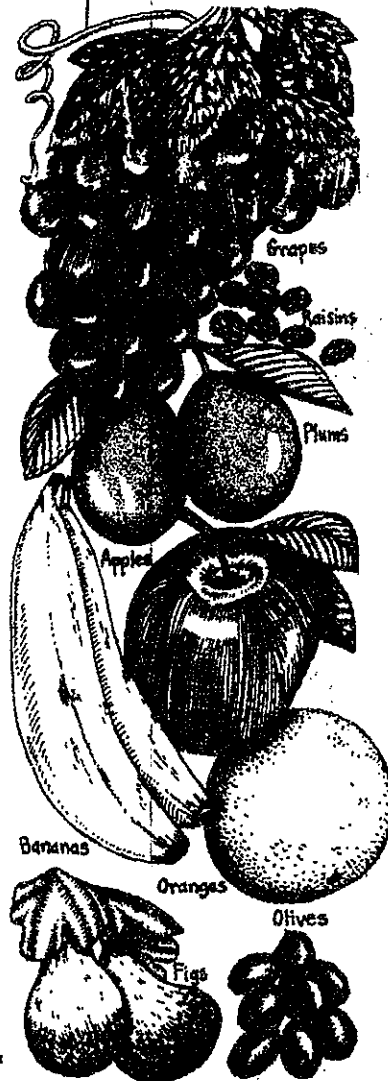
They are the issues of world poverty, and the health of the environment. To give thanks to God for the harvest must include both prayer and action to save our environment and to feed the hungry.

The two issues are both linked to the way we live in the West, the way we manage our economy, and the way we conduct international trade.

The recession has hit us all but it has not really caused western countries to question the economic systems they operate. We seem to assume that there is no end to how many goods we can produce and consume. At the same time it is these same economic systems that are helping to maintain, on the one hand, Third World Debt and therefore poverty, and on the other hand, an ever increasing consumption of energy and resources and therefore the destruction of the environment.



It is true to say that much has been done to try to solve these problems but is it enough? We give aid to poor countries but we do not change the unfair trading system we have with them. Companies market "environmentally friendly" products but encourage us to consume more and more.



Parish Registers

Holy Baptism

20th Sept. Anna Goodfellow



Economic growth and the creation of wealth appears to have become the main function of our life on earth.

Jesus said: For what will it profit a man, if he gains the whole world and forfeits his life ?

He also said: No one can serve two masters.....You cannot serve God and mammon (the god of wealth).

The countries of the West need to place the issues of poverty and the environment even higher on the list of priorities.

We need to begin to seek a new direction. For our own sake, as well as for the sake of the planet and the poor, we need a global view and a long-term view of what human society is about and what we really need to provide ourselves with quality of life.

K F.



Haydon Bridge

Methodist Chapel

Diary for October

3rd October

7.00pm Harvest Party,
music and fellowship.

4th October

10.45am Harvest Festival
Family Service led by
Mr M.Stone.
6.00pm Harvest Festival
Evening Service led by
Rev.Trevor Staniforth.

5th October

7.00pm Harvest Supper
soup and rolls followed
by sale of produce.

7th October

7.30-8.30pm Bible Study
led by Rev.David Perkins.

8th October

7.00pm Bible Study at
West End Hexham.

9th October

7.00pm Church Council
meeting.

11th October

10.45am Morning Service
led by Mr B.Jackson.
6.00pm Evening Service
led by Rev.D.Perkins

14th October

2.30pm Womens Own 40th
Anniversary Meeting
with Rev.J.Douglas
Wood
7.00pm Bible Study at
West End Hexham.

18th October

10.45am Morning Sacrament
Service led by Rev.David
Perkins.
6.00pm Evening Service
led by Mr.B.Elstob.

21st October

7.30pm-8.30pm Bible Study
led by Rev.David Perkins.

25th October

10.45am Morning Service
led by Rev.G.Forster.
6.00pm Evening Service
led by Rev.D.Arthur.

26th October

7.00pm Bible Study at
West End Hexham.

1st November

10.45am Morning Service
led by Mr.J.Robinson.
6.00pm United Evening
Service at St.Cuthberts.

Sunday Services

Parish Church

4th Oct - Pentecost 17

8 a.m. Holy Communion
10 a.m. Parish Eucharist

11th Oct - Harvest Thanksgiving

10 a.m. FAMILY Eucharist
3 p.m. Harvest Evensong at the
Old Church

18th October - St Luke

8 a.m. Holy Communion
10 a.m. Parish Eucharist

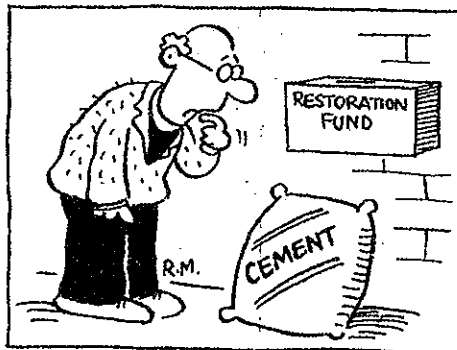
25th Oct - 9th before Christmas

10 a.m. Parish Eucharist

1st Nov - All Saints

8 a.m. Holy Communion
10 a.m. Parish Eucharist

6 p.m. Special United Evensong



Harvest Supper



Thursday 15th October 1992

in the Church Hall

7.30pm.

Entertainment by **HEXHAM MORRIS MEN**



Tickets £2.50 available from the vicar and Mrs A Marshall

READER LICENCED

FOR HAYDON BRIDGE

On Saturday 17th October at 3 p.m. in St Nicholas' Church, Gosforth, Dr Lindsay Gray will be licenced to work as a Parochial Reader in this parish. This follows two years of training in preparation for this ministry.

A Reader is able to carry out a number of duties within the Church including, Preaching, leading none-sacramental worship, assisting at the Holy Communion, taking funerals, teaching the faith, and various pastoral duties.

A Reader serves the Church on a voluntary basis and receives no personal payment for their work but they are fully authorised and trained for the tasks they carry out.

Those who are regular members of the congregation will be used by now to Lindsay's presence in the sanctuary and the part she plays in our worship. We congratulate her on her licence and look forward to her future service.



Coffee Morning

Sat. 10th Oct

10 a.m.

in the Church Hall

People are like stained-glass windows. They sparkle and shine when the sun is out, but when the darkness sets in, their true beauty is revealed only if there is a light from within.

ELISABETH KÜBLER-ROSS



Wednesday 14th October

7 p.m. Holy Communion with Prayers for the Sick and those in trouble - the vicar will be pleased to receive requests for prayer.

HAYDON BRIDGE

HEALTH CENTRE NEWS

NEW SOFTWARE

When this new software has been tamed I should be able to make the Health Centre News much more informative and even include pictures and graphs to illustrate items of news. My progress or lack of it will become apparent as the months go by.

COMING SOON -

During the winter Mary and I propose to hold sessions to help those who wish to try to stop smoking. We hope to have some audio-visual aids and a breath analysing equipment to show how much carbon monoxide gas people are exposed to when smoking. At present we are planning to take advantage of peoples New Year resolutions by holding the first session in January. Please let us know if you would like to come to a session. The problems which are known to be associated with smoking are now almost too many to shake a stick at. We do not want to make life miserable for smokers - we want to help.

NICORETTE etc.

There are now several products to help smokers kick the habit, such as gums and stick on patches. The price can be steep but it is no more than the price of tobacco, once you've stopped it's all profit from then on.

Nicorette gum is available in two strengths, the lower strength is available over the counter without a private prescription but if you have such a prescription then you will not have to pay VAT - 17.5% cheaper already! Ask if you would like a prescription, we shall be happy to oblige.

FEMIDOM

You may have seen in newspapers and magazines that there is a new contraceptive device, a condom for women. We have a number of samples at the surgery for anyone who would like to see one prior to buying their own - not on prescription yet. They seem quite a promising development but are more expensive than ordinary condoms. Using them should be easy, detailed instructions are included in each pack of three. We shall be happy to discuss their use and advise if any problems occur.

NEW VACCINE - HIB

October should have arrived by the time this edition hits the streets and the catch-up effort for all children aged 48 months or less will be well under way. The vaccine is against *Haemophilus Influenzae* (type B), a bacterium which causes meningitis, amongst other things. Over twenty million doses have been given in other countries with not a single serious reaction. Children aged 13 months or less will get three doses, usually at the same time as other vaccines. Older children will get only one dose. Please ask if in any doubt about what is needed. Within twelve months all children should be covered and another fatal disease will be no more!

YOUNG PEOPLES HEALTH

Some years ago we looked at the possibility of sending invitations to adolescents to come and discuss health worries and to offer advice on a variety of topics. Part of the

purpose was to show that we are keen to help young people both avoid problems and deal with them when they arise. Though the response at the time was not great we hear that the same idea is being tried out in Prudhoe, so we shall look at the plan again. Parents views will be most welcome, drop a note in to the surgery or have a word with one of the doctors.

COUGHS AND COLDS

It's that time of year again! Having just recovered from the allergic sneezes and wheezes of summer we can now look forward to a winter of infections!

Temperature can be lowered by taking paracetamol, cough can be soothed by drinks, steam or sucking a sweet. Bunged up nose can be relieved by Vick or Olbas Oil or similar smellies. Aches and pains can be lessened by paracetamol. Feeling ghastly is best treated by going to bed.

THAT QUESTIONNAIRE

Here are the last few items from the questionnaire which was circulated earlier this year:

Seven people expressed worry about confidentiality. The need for absolute secrecy concerning every bit of information about patients is clearly understood by all the staff. Breach of this trust will bring immediate dismissal and probably legal action. If anyone feels that they wish to take this matter further please make direct contact with one of the partners or the Community Health Council. We are as concerned as anyone to keep our practice absolutely leakproof.

Dietary advice is freely available from the partners and nurses at the Health Centre, simply ask for an appointment. If you have a special problem we also have access to the Dietician at Hexham Hospital.

Self Help groups - we have a list of several, the Citizens Advice Bureau or the Community Health Council or the Telephone Directory are other sources of information.

Counselling - the doctors and nurses are keen to be accessible to people who feel the need to talk through problems of any sort. More detailed counselling is available at the Fairmington Centre in Hexham, you may either refer yourself there or we can do it for you.

Emergency domestic help may be organised with the assistance of a Social Worker. Most people did not want to take part in a Patient Participation Group. We welcome all ideas for change and improvement at the Health Centre, please feel free to contribute as and when inspiration strikes you.

Most people wanted us to pursue the British Standards Institute "Kitemark" for quality of service, BS5750. During the week that I am writing this we are expecting a visit from an advisor and we have discovered that we may be eligible for a grant from the DTI towards the expense involved in applying for the "Kitemark". At present only one other practice in the UK has got the "Kitemark" though a number are now looking into it.

A few people very kindly wrote extensive notes - I will cover these next month.
SF

The Friends of Haydon Bridge thank the Advertisers for their continued support

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