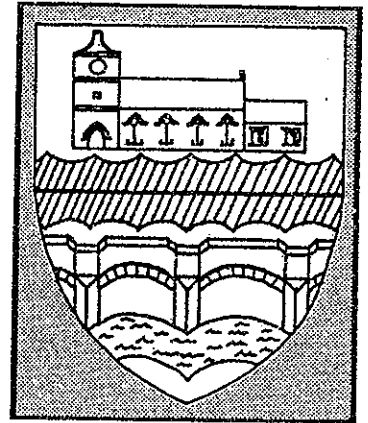


HAYDON NEWS

The Friends of Haydon Bridge Thank the Advertisers for their continued support



November 1992 No 45

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**WEDDINGS: SPECIAL OCCASIONS
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	LUNCH	TEA TIME AND EVENING
Monday		7.30 - 11.30
Tuesday		
Wednesday	11.30 - 1.30	CLOSED ALL DAY
Thursday	11.30 - 1.30	5.00 - 9.00
Friday	11.30 - 1.30	5.00 - 9.00
Saturday	11.30 - 1.30	4.30 - 12.00 5.00 - 9.00

Wet Fish Friday 9.00 - 12.00

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EDITORIAL

Haydon Bridge may have won the Best Kept Large Village award but it is sad to report that parts of the Village are being subjected to almost systematic abuse. The letter to the Editor is representative of the feelings of most of the residents of Shaftoe Street at some time or other and there are equivalent problem areas at predictable spots elsewhere.

It is a common practice for British Rail to bombard passengers with reminders to "take all personal belongings with them when leaving the train". Perhaps we should request the local publicans, on calling "Time", to replace the Musak with a recorded message such as "Please visit the toilet before leaving the premises. Please visit the toilet before leaving the premises. Please ... etc".

After which it is just possible that the thoughtless few would then be able to make-it-home without inflicting their nuisance on other people's property. It would be worth a try anyway!

Gina Richardson
Editor

LETTER TO THE EDITOR

Could I please ask the clientele leaving the W M Club and the Haydon Hotel to refrain from using the archway beside my house, between Nos 7 & 9 Shaftoe Street, as a toilet.

M Mahoney

CAMBODIA TRUST JUMBLE SALE

Residents of Haydon Bridge and Langley may be interested to learn how much was raised at the Jumble Sale at St Cuthbert's Church Hall on 10 October. Many of you gave generously in response to my request for jumble. The tables were piled so high that we had difficulty seeing our customers to begin with!

The final sum was £280.00. I will forward this to the Cambodia Trust to be used for their Limb Project. At least 50,000 of the casualties of the recent war there are amputees, with a further 300 losing limbs each month as a result of undetected mines. An artificial limb costs £19.00, so our jumble sale will have helped to buy more than 14 artificial limbs.

This was the first Jumble Sale I have ever organised and I was gratified by the wonderful help I received from my friends and the generosity I encountered as I collected jumble. I would

like to thank everyone who helped - collecting, sorting, selling, buying and of course donating all that wonderful jumble!

Sincere thanks,

Kate Jackson
Langley

FUN FOR MUM

Unfortunately, due to consistently low numbers, which means an impossibly high subsidy from Tynedale Council's Sports Development Scheme, Fun for Mum at Haydon Bridge will no longer run after the half term holiday.

Tynedale Council regrets the closure but present financial circumstances mean that it is not possible to subsidise the scheme to the level required. Instead they will provide free transport from Haydon Bridge to Wentworth Leisure Centre on Thursday mornings. The bus will leave at 9.15am from the bus stop at the east end of the Village, and return to Haydon Bridge at an arranged time.

Tynedale Council stresses that it still believes in Fun for Mum and should the financial situation improve it would not be impossible to offer a similar scheme with creche facilities for women in Haydon Bridge.

Valerie Bell,
Fun for Mum Coordinator
(Haydon Bridge)

**VILLAGE FETE COFFEE EVENING
FILM SHOW & PHOTOGRAPHIC DISPLAY**

**Wednesday 11 November
Church Hall 7.30pm**

**Come and see how it is proposed to use the funds
raised for the Village**



Our thanks are due to him for giving us his time and knowledge.

A profit of £72.15 goes to Arthritis Research. Thank you everyone who attended.

Hilary Rutherford

**BEST KEPT
VILLAGE AWARD**

No matter what the Courant prints, we are the Best Kept Large Village in Northumberland this year.

I received the certificate and a small plaque, together with the large plaque and vouchers for £20.00 on Monday, 6 October 1992. I was delighted to do so on your behalf.

I have written to Rosemary Hartill to thank her for her kind remarks about our efforts. We certainly have had all obstacles stacked against us this year but the main streets are looking much cleaner (thanks mainly to Mr Curry).

The young children and older pupils have also played their part. I wish the late night revellers were so thoughtful!

With the vouchers (presented by Calor - what a nice man) I hope to buy daffodil bulbs to grow along the A69. That is what started this off - coming home one Easter through

little villages bright with flowers and arriving in Haydon Bridge with a heavy heart. Never again. With everyone's co-operation we will do even better next year.

Many thanks to you all.

Enid Garrow
Keeper of the Baskets

**ARTHRITIS &
RHEUMATISM
COUNCIL**

Our "Antiques Roadshow" proved to be a successful and enjoyable evening, with some of us receiving a pleasant surprise in respect of items previously disregarded as of little value.

Mr Maurice Reed was entertaining and informative over the wide range of articles submitted for viewing.

**WHY HAYDON
BRIDGE NEEDS A
BY PASS**

Cars are noisy
they go very fast.
They aren't like tortoises
they don't go slow.
I wouldn't like them if they
went as slow as they could.
Wouldn't you not like it if
they didn't.
I think cars are the best
things in the world,
do you?

Martha Jackson
Age 6 years

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**NEXT ISSUE
DECEMBER 1992
ALL COPY TO
14 SHAFTOE STREET
BY 20 NOVEMBER
PLEASE**

NHS SIGHT TESTS

Why travel to Hexham for your sight test when you can make an appointment to be seen at the Health Centre?

L. Dickinson, the Hexham Optometrists, visit Haydon Bridge on Wednesday afternoon, about once a month. They are qualified to carry out a full eye examination and they bring a wide selection of frames with them. If these do not include anything to your taste, there are over a thousand pairs of frames in stock at their Hexham Branch and prices are very competitive.

Some people are entitled to a free sight test, plus spectacle vouchers to put towards the cost of glasses or contact lenses: - under 16's - over 16 but under 19's in full time education - those getting Income Support or Family Credit - and certain special cases.

In addition, diagnosed diabetic and glaucoma patients are entitled to a free sight test as are certain close relatives of glaucoma patients.

Details of these benefits can be found in leaflet "NHS sight tests and vouchers for glasses" (G11 from 1992) available from the Health Centre or the Opticians. Do not be frightened by any complication in the wording of the leaflet. Dickinsons are only too pleased to help you to check if you are entitled to this help.

The purpose of a complete eye examination is not just to find out what, if any, glasses or contact lenses you need - the examination can reveal other problems which may need medical attention but would not otherwise become apparent until a later date. If you already wear glasses or contact lenses it is wise to have a complete eye examination at least every two years.

Your sight is a most precious possession: make sure you take great care of it.

A Khudarieh

**PARISH COUNCIL
PICKINGS**

22 October meeting
7 Councillors present

The County Council has awarded itself outline planning permission for residential development of the open land on the South-west side of the North Bank. There are as yet no details of how many houses are envisaged: the purpose of the exercise is to make it easier for the Council to sell the land to somebody who will develop it.

Under new legislation, if it can be proved that land has been used for a particular purpose for ten years or more, it seems that planning permission for that purpose can not be refused (but don't take this statement as a fully accurate summary of

the law!). The owner of the Caravan Park claims that the river bank has been so used for parking caravans. The District Council has asked the Parish to comment on this claim. Councillors could remember seeing tents there, but were far from sure about caravans.

Proposals have been put forward for small developments at Tynedale Cottages and in Heugh House Lane. The Parish Council has not commented, but it is understood that there are some objections from neighbours.

The Village handyman continues to make his mark. The Council decided to help him make a bigger one by buying a strimmer for him to use. The small plaque for the Best Kept Large Village award will be on display in the Parish notice board.

Planning permission will be sought to erect the Tourist Information board on the verge outside the library. The area around it will be paved and it may be possible to utilise both sides.

There were some criticisms of thoughtless parking here and there in the Village. Where appropriate, the Police will be asked to "have a word": for the rest, it would help if people were a bit more considerate.

JPR

STUFF IT

I just don't understand women! Take this woman friend I had: she had three kids and two and a half cats.

The cats were a nuisance: they walked over everything - kitchen work tops, dining table - they stole food: sometimes tiddled or even threw up on the floor when she was out. I thought I would help. I'm like that.

So I said I would take them and, well, put them to sleep, I think is the euphemism. A sleeping cat is, in my opinion, the best sort, particularly if they never wake up again, but I didn't tell her that. Then, I said, I would stuff them for her, after which she would not have to spend money on cat food, vet's fees and flea powder. There would be no more mess to clear up, no scratches or cat hair on the furniture and she could still stroke them. Apart from the benefit to the neighbours' gardens.

Someone told me that the best way to deter cats from digging up one's seedlings and soiling one's soil was to pour water on them - the cats that is. Oh great! I can spend my nights lying in wait in my garden with a water cannon. Not, as far as I know, a service offered



by the local cat owners. "Hello. Is that Soak-a-Cat Ltd? I have a problem". No such luck.

Anyway, to get back to the woman/cat problem, I even offered to have one fixed up with a nodding head so she could have it in the back of the car.

I thought it was a brilliant scheme and a most generous offer: I had nothing to gain from it myself - I never let the cats near me in spite of all their efforts. I suppose I hoped that some of the affection lavished on them might then come my way. My friend was welcome to tickle my stomach or fondle my ears any time and I would do a bit more in return than purr and rub myself against her legs, but that as well if she wanted. I wasn't going to charge her anything for it - the cat sleep inducement and stuffing bit I mean - or indeed for any exchange of affection that may pass between me and her, that would obviously be free too. Altogether a fine offer, I thought. Make her life easier and pleasanter, save money too.

VILLAGE FETE RAFFLE UNCLAIMED PRIZES

Ticket numbers 485, 401, 459, 455, 586 outstanding. Winners please phone 684538 by 10 November
Prizes still unclaimed will be re-raffled at the 11 November Coffee evening.

Imagine my surprise when she would have none of it, was not even grateful for the offer and really got quite shirty about it. In fact it was the end of what I had hoped was going to be a promising relationship.

As I say, I don't understand women!

The half cat? That was from next door. Horrible thing - all of it.

Bemused Male
(Name and address supplied)

HAYDON SPA (continued)

Hexham Courant, June 5th 1897,....The other celebratory activities had also done well although there had been complaints that the fireworks had cost £4.11.9d. On the day of the Public Tea "the tea infusers were Miss Mary Chalders and Mrs William Heslop with six assistants".

July 17th 1897, It was felt locally that simply cleaning out the well was not enough and that with a bit of effort the spa could become an attraction. "It was resolved that the landowners and others be appealed to for subscriptions towards the restoration of the Spa Well".

October 9th 1897, The Hon. F Bowes-Lyon of Ridley Hall had promised a donation and Mr W D Cuddes had sent £3. The clerk had written to all the large

HAYDON BRIDGE METHODIST CHURCH FLOWER ARRANGING DEMONSTRATION

by Mr John Dalton

Thursday 10 December 7.15pm

Supper £2.50 (including admission)

Tickets now available Tel: 684384 or 684438

landed proprietors in the district. October 23rd 1897, It was agreed, with the sanction of Mr J C Straker, that a substantial reward should be offered, asking for information that would lead to the conviction of the person or persons who had destroyed the notice-board at Spa Well.

November 6th 1897, The Jubilee Committee having empowered the Council to carry out the Spa Well improvement, a committee of Messrs Walton, Reay, Scott, Lawson and Hamilton was selected. December 4th 1897, The committee decided to go ahead and restore and improve the Spa Well at Woodhall. The cost of the work was estimated at £30. Three hundred circulars were sent out. December 11th 1897, Funds were not flowing in so a new committee was appointed and a social arranged.

January 15th 1898, Greenwich Hospital had refused to donate any money "in view of the small extent of the Admiralty property in the neighbourhood". The Spinster's Social, held in December, however was reported to have netted £4. The Hon. F Bowes-Lyon was still promising a subscription while various other

gentlemen had offered carts and horses to help with the work.

February 12th 1898, It was revealed that the plan was to widen the path, reduce the gradient, tap the spring at its source, bring the water to the surface in metal pipes, erect retaining walls and provide seating. The plans were approved on February 26th and tenders accepted by March 5th: Mr Wright for the masonry, Mr Telford as joiner. Mr Gower and Mr Henderson had each promised two carts and a man for the day. Alston limestone cuttings were to be used. The work started on March 12th with a large audience of interested spectators. By July 23rd the total cost had exceeded £100 if one included the free work given by the farmers:

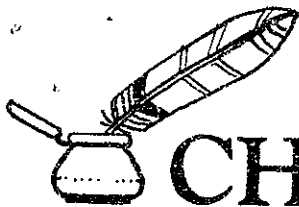
(to be continued)

Lindsay Allason-Jones
Archaeological Officer, University of Newcastle upon Tyne

BEST KEPT LARGE VILLAGE PLAQUE

As this edition goes to print it is distressing to have to report that someone has felt obliged to try and uproot the symbol of our joint success in the BKV Competition. I only hope they feel suitably ashamed of themselves when they realise the widespread disgust their exploits have aroused.

E Garrow



CHURCH Newsletter

No. 9

An independent supplement
to the Haydon News

NOVEMBER 1992

REMEMBER REMEMBER REMEMBER

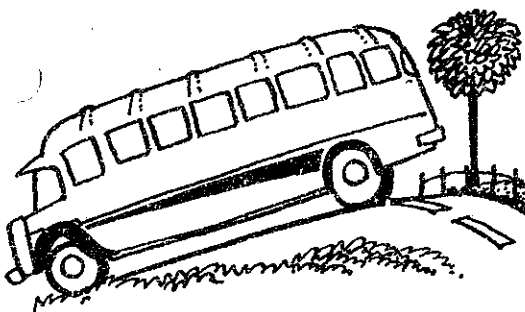
November is the month of Remembrance. On 2nd Nov. the Church traditionally remembers those who have died - All Souls Day. On 5th we remember the Gunpowder Plot. On Sun 8th we remember those who lost their lives in the two World Wars and in other conflicts since.

As we remember let us pray for the wisdom to build a better future.

JOB VACANCY

Allendale Middle School is in great need of a Bus Supervisor to travel between Haydon Bridge and Allendale and in the other direction when children are going to and coming from school.

If you are interested in this job details of pay and conditions can be had from Mr David Watson, Head Teacher Tel: 683214 during school hours.



Parish Registers

BAPTISMS

18/10/92

Chloe Jane Lowdon

25/10/92

Rachel Kate Duffy

FUNERALS

14/10/92

Sarah Annie Henderson

16/10/92

Margery Amy Suckling

PRAY FOR...



PRAYING FOR THE SICK

On Wed. 11th Nov. at 7 p.m. and Wed. 9th Dec at 7 p.m. there will be special services of prayer and Holy Communion at which we pray particularly for those who are ill or who are in any kind of trouble. The vicar will be pleased to receive any requests for prayer before these services.

STEEPLECHASE

Mr & Mrs Curry visited 31 churches during the September Steeple-chase and raised £95. Thanks to everyone who sponsored them. Half of the proceeds go to the Historic Churches Trust and half to our own Parish Church.

Thank You



Sat.
14th Nov

**Coffee
Morning**

10 a.m.

in the Church Hall

BURGLARY

On Thursday night 8th October or Friday morning the 9th Oct. the Parish Church was broken into and a safe containing a small amount of money was taken. The safe was worth more than the money in it. To gain entry the thieves broke the vestry door causing over £50 of damage. For the sake of a few pounds around £500 worth of loss and damage has been caused to the Church.

If anyone has information they can give to the police I would be most grateful.

The Parish Church is the property of us all - it is literally the property of the people of the Parish. We need to be spending money to maintain the building and to serve the people of this parish - rather than spending money repairing the damage done by the tiny minority in our midst.

K.F.

Methodist Chapel

Diary for November

- 1st Nov.
10-45am Morning Service
led by J.B. Robinson.
6-00pm United Service at
St. Cuthberts.
- 4th Nov.
7-30pm Bible study led
by Rev. D. Perkins.
- 8th Nov.
8-45am Early communion
led by Rev. D. Perkins.
10-00am Remembrance Service
at St. Cuthberts.
6-00pm Evening service
led by C.F. Dodds.
- 10th Nov.
7-30pm Mens Fellowship,
speaker, Mr M. Jackson.
- 11th Nov.
2-30pm Women's Own,
speaker, Miss A. Dickinson.
- 15th Nov.
10-45am Morning Service
led by T. Hindsley.
6-00pm Evening service
led by K. Lowdon.
- 18th Nov.
7-30pm Bible study
led by Rev. D. Perkins
- 21st Nov.
7-00pm "Gift Night" led
by the Salvation Army.
- 22nd Nov.
10-45am Morning service
led by Miss V. Little.
6.00pm Evening service
led by Rev. D. Perkins.
- 24th Nov.
7-30pm Men's Fellowship,
speaker, Mr. H. Henderson.
- 25th Nov.
2-30pm Women's Own
Annual business meeting.
- 29th Nov.
10-45am Morning service
led by P. Eavis.
6-00pm Evening Service
with communion, led by
Rev. D. Perkins.
- 2nd Dec.
7-30pm Bible study
led by Rev. D. Perkins.
- 3rd Dec.
7-30pm A.G. & Kate
Concert + Hot Dog supper.

Sunday Services

- Parish Church
- 1/11/92
All Saints Day
8 a.m. Holy Communion
10 a.m. Parish
Eucharist
- 6 p.m. Festal
Evensong
- 8/11/92
Remembrance Sunday
10.15 a.m. Service
of Remembrance
6 p.m. Holy Communion
- 15/11/92
6th Sun. before Christ
-mas
8 a.m. Holy Communion
10 a.m. Parish
Eucharist
- 22/11/92
5th Sun. before Christ
-mas
10 a.m. Parish
Eucharist
- 29/11/92
Advent Sunday
10 a.m. Parish
Eucharist
- 6/12/92
2nd in Advent
8 a.m. Holy Communion
10 a.m. Parish
Eucharist
- 6 p.m. United Service
at United Reformed
Church
- 13/12/92
3rd in Advent
10 a.m. Parish
Eucharist



AG and Kate



A
HEART-WARMING
GOSPEL-CELEBRATION
IN WORD AND SONG
AT
HAYDON BRIDGE METHODIST CHURCH
ON
THURSDAY 3rd DECEMBER 1992
7.30pm

FREE WILL OFFERING
RECORDS / TAPES FOR SALE

**PRAY FOR
PEACE**



PLEASE NOTE
Remembrance Service
at the Parish Church
begins at 10.15 a.m.

HAYDON BRIDGE

HEALTH CENTRE NEWS

UNUSED MEDICINES

From time to time a big effort is made to encourage people to check their medicine cabinets for unused and unwanted tablets and medicines. A campaign is on to remind everyone that they are welcome to hand in their surplus or out of date supplies to Chemist's, where they can be safely destroyed. Down the toilet is not enough and the rubbish bin dangerous for children.

UNDER LOCK AND KEY

This is a good opportunity to remind parents that medicines and tablets should be LOCKED in a cupboard, as should other dangerous materials (weedkiller, bleach, petrol, strong acids and alkalis etc.). Children are killed and injured every day in their own homes. If you don't take precautions, it can happen TO YOU!

OVER 75s VISITS

Since the major changes in the way GPs work nearly three years ago, every person aged 75 or over on the 1st of April each year will have been contacted and either seen at home or invited to the surgery for a check up. We have made a list on each April 1st and worked our way through it, usually by October. The check up may be made by either a doctor or Mary the practice nurse or Karen the district nurse. There is no set list of things to check, we started with our own choice of items and experience has shown this to be amongst the most comprehensive. We have almost completed our third cycle now. Despite the comprehensive nature of the checks, very few new problems have been

uncovered. For 1993 we are going to have a revised list of items to check.

Many people over 75 are in good health and, left to their own devices, would rarely see a doctor. Some do need more frequent visits and the system of recording visits which we employ ensures that follow up visits are not missed. Being a small village we sometimes get calls from concerned neighbours and friends when they think help is required, we are delighted to respond quickly to these calls. If you know someone who needs help but seems reluctant to call us just pick up the phone or pop in to the surgery.

APPOINTMENTS

Having achieved the target of same day appointments for all those who wish one, we are now looking at reducing the time spent waiting at the surgery. In general practice it is difficult for either the patient or the doctor to predict accurately how much time will be needed for a particular problem. This can result in either gaps between patients and no waiting at all or a progressive falling behind as a surgery takes place with the last waiting much too long.

If you feel that you need a long appointment to go through a special problem, simply ask for however much time you think is right - you will not be asked why by the receptionists.

To reduce the waiting we are trying out a new booking system which gives fifteen minutes to each patient when the level of activity is normal but which reverts to ten minute appointments when times are busy. Please

let us know how this new arrangement suits.

EMERGENCIES

There is still, apparently, some confusion about how the system for emergencies works when the surgery is closed.

There is ALWAYS a doctor on call at all hours of the day or night, at weekends or Bank Holidays. The answering machine will provide the number to ring:

091 273 4470

- this is the ambulance control room. They will take your name, address and phone number and contact the doctor on call by radio wherever he is. This reduces the time taken to respond to your call. Whilst we may be anywhere from the Keilder Forest to Weardale or Hexham to Haltwhistle, we get your message straight away. Usually we will ring you to reassure you that your message has been received and to find out more about the problem.

If anyone has any remaining doubts about the system please ask.

PMT

Pre-menstrual tension can be a major problem for some women all of the time and most women some of the time. Whilst there are a number of theories about the cause of this distressing complaint none has proved entirely satisfactory. We still don't know why it happens. One of the stronger theories is that lower than usual levels of progesterone, one of the two most important cycle controlling hormones, occur in affected women. Treating women with progesterone, either as tablets or pessaries, seems to be helpful for

some. Vitamin B6, Evening Primrose Oil and other complementary therapies have been suggested too.

If PMT is a problem for you please feel welcome to discuss the situation, make a long appointment and bring a list of the questions to which you want answers.

COMMENTS RECEIVED

A few people were kind enough to write at length, in response to the questionnaire, on issues which they felt important.

Environmental factors such as air pollution, lack of exercise and poor diet make a major impact on health and can often be improved by both personal and community action.

Surgery times - we try to be as flexible as possible. Anyone with very particular requirements is welcome to make them known to us and we shall strive to accommodate them.

Information Leaflets - there are lots in the surgery. Special topics will be covered on request.

Children's clinic - this is a whole morning devoted to children's needs. Feel free to raise any worries, no matter what they may be. Antenatal care will almost certainly become the province of the Midwife alone soon.

Mothers who need to have a baby cared for whilst they are seeing the doctor or nurse are welcome to leave them in the care of the reception staff - all of whom are experienced mothers themselves.

Thank you all for your help. We aim to provide the best in Family Health Care, that means providing what YOU want. SF.

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