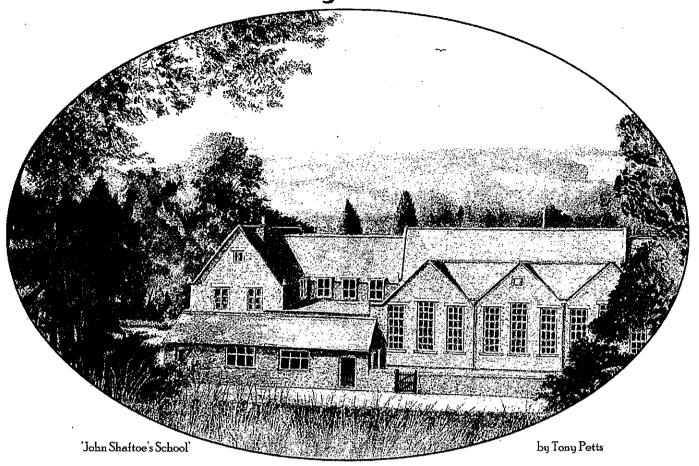
### The Haydon News





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2003

Full colour versions of the cover print can be seen at: www.paettzart.co.uk

#### **VICTIM SUPPORT**

Working for victims of crime in Tvnedale

If you are a victim of crime, we are able to offer support in practical and emotional ways.

We are only a phone call away! Call Caroline at: 01 434 600 117

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The Editor Wheelsteads Woodhall Mill, Haydon Bridge, NE47 6AS Tel: 01 434 688 871

or News4haydon@aol.com

#### HAYDON NEWS contributions to:

J. & M. CLARKE (Newsagent) Church Street

W. & M. MARSH (Newsagent) Ratcliffe Road



CO-OP LATE SHOP Ratcliffe Road

#### PRIZE BINGO

Organised by 'The Friends of Haydon Bridge' SATURDAY 26TH JULY 2003 7.00pm. - 9.00pm.

#### **Community Centre**

Book of tickets only 50p each session of 5 games.

Free Tea & Coffee at half time

#### RAFFLE

All age groups are most welcome to attend.

The evening will be hosted by:

Pauline - Sylvia

Chris Sim is the caller 50% of the proceeds to:

'Indoor Bowls Club'

#### 'THE FRIENDS OF HAYDON BRIDGE'

Formal Committee Meetings are held at 7.30pm on the MONDAY before the fourth THURSDAY of each month at The Community Centre, Haydon Bridge.

(The General Public is welcome at the first part of every meeting.)

Any items for discussion must be notified in writing to the Chairman one week in advance of the meeting so that Committee members can be advised, enabling worthwhile discussion to take place. The Chairman will then advise the person concerned of the right to attend.

#### EDITORIAL POLICY OF THE HAYDON NEWS

The editorial policy of the Haydon News is ultimately the responsibility of the Committee of the 'Friends of Haydon Bridge', although day-to-day responsibility is delegated to the Editorial Committee of the Haydon News. Our intention is always to ensure that the content of the Haydon News is as fair and factually correct as possible. Any complaints concerning editorial policy should be addressed in writing to the Chairman of the 'Friends of Haydon Bridge', and will be considered by and receive a formal response from the Committee of the 'Friends of Haydon Bridge' Complaints other than those made above will not be entertained.

The Editorial Committee reserves the right to decide which letters are to be published, and to alter or shorten letters when necessary. Anonymous letters will NOT be published. A nom-de-plume may be used provided that the Editorial Committee has been advised of the writer's name and address.

> Charles Thomas, (Chairman) South View, Heugh House Lane, Haydon Bridge, NE47 6ND

#### Committee of the 'Friends of Haydon Bridge'

Charles Thomas (Chairman) Mike Parkin (Vice Chairman & Membership Secretary) Elena Parkin (Secretary) Alastair Bowen (Treasurer) Richard Snowdon (Editor) Pauline Tulip

Sylvia Mitchell Louis Parkin Jacqueline Outterside

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#### EDITORIAL COMMENT

When putting this comment together I try to write around the content of the current issue highlighting items where appropriate.

I have always considered that the *Haydon News* should reflect the feelings of the community emphasising the positive where possible and trying to encourage feedback. In that regard the wish is to avoid sensationalism and 'doing people down' which is the usual tack taken by some of the tabloids.

For the first time in a long time an editorial decision

not to include two pieces has been taken which might well have attributed to the latter state of affairs. I am sure the writers will understand.

On a more positive note, our friend Harold Humble has set us all a poser. Correct answers submitted to me by 21 July will get a prize! Also the crossword has been compiled by our friend Ted.

There is some good 'stuff' in this issue so please enjoy it for what it is – a local newsletter, by local folk on local issues.

Richard A D Snowdon (Editor)

#### HAYDON PARISH COUNCIL NOTES

Meeting held Thursday 26th June 2003

Haydon Bridge Community Centre

#### Present were:

9 Councillors; 1 District Councillor and the Parish Clerk. Apologies were received from the Chair and 1 Councillor. 7 members of the public were also present.

The chair was taken by Cllr E Charlton (Vice Chair) in the absence of the Chair.

#### **Public Participation**

Highways issues: Mr Jukes raised 2 points:

- He had noticed locally a number of extended 30 mph limits, eg Hexham, Whitfield, and wondered why Haydon Bridge's Douglas Gardens residents still put up with a 60 mph limit? The Council would take the matter up with the County Council.
- Secondly, the trench on the road accommodating sewer pipes from the Showfield estate (originally built by Bellway Homes) had always been unsatisfactory. The trench level kept sinking, temporary and sketchy repairs would take place then the problem would simply recur. A proper job was needed now! The Council would write to NCC requesting an approach be made to Bellway.

Broken drain/sinking flagstones: Flagstones were sinking from opposite 23 Church Street to the Parish Church entrance – the drain was actually broken right across. Cllr. Smith gave advice on the official who should be con-

tacted.

Lorries parking on Church Street: Lorries were still parking on the double yellow lines on Church Street around 8.15 – 8.30am each weekday. The Clerk said advice had been received from NCC that double yellow lines without an appropriate notice prohibited parking, but not loading/unloading! Residents said the Co-op had previously agreed not to unload until after 9am to allow school traffic to disperse. The Council will write again to NCC and the Co-op.

Light at bottom of Belmont: The matter was raised by concerned residents. Councillors said that Northern Electric had declined to mount the light on their already overburdened pole. A site for a new pole had been agreed with the lighting authority, who had then arranged for the light to be installed. It was unknown who had in fact installed the pole and light, whether the lighting authority or a contractor, but it was not in the agreed location. The owner of the land on which the (unconnected) light has been incorrectly sited has written to the Council demanding it be removed forthwith. The Council have been unable to contact the owner who is on holiday. The following action will be undertaken - the Council will instigate an ownership search with Land Registry, investigate who erected the light in the wrong place, and write to the landowner to indicate the action under way and to seek permission to leave the light in situ until the situation is resolved.

#### Minutes and Matters Arising from the previous meeting

- Bollards on Ratcliffe Road reply from Roadlink indicated these would be put in place "during this financial year". Cllrs. felt that this could indicate yet further "slippage" and the Council will write seeking a definite date.
- Smells on Church Street no recurrence reported.
- Clearance work at Catholic Church cemetery – the name of a person who might be willing to undertake this work had been given to the Council. The Council would arrange to contact him.
- Sewage outflow a response received from Northumbrian Water indicated that their original proposal would be capable of dealing with any anticipated outflow capacity, they were unwilling to construct anything projecting beyond the river bank due to potential problems. This was confirmed by the Environment Agency. Council would pursue the issues of "making good" following work, compensation for loss of amenity during work and possible provision of play equipment with Northumbrian Water.
- Memorial seat a choice of seat in memory of the late Mrs Florence Turnbull had been made by her grand-daughter, who would be funding its provision. A possible

site had been selected on the North Bank, just below Tofts. The Council would now seek permission for its siting from NCC Highways.

- Dumping on Mr Humble's land -Tynedale Council Cleansing were now aware of the problem, but had informed the Parish Council that legal advice given to them was not to remove any items from private land. The police had replied saying the matter had been referred to an appropriate person at Haltwhis-It was reported that the dumped material, including the asbestos, had recently been removed, but it was not known by whom, Cllr. Mitchell asked if the Council could erect a fence to protect the highway from any further dumping. The Council will enquire about this possibility.
- Strother Close back lane access Tynedale Council had replied that, as this was a private road, the matter had been passed for attention of the appropriate person. Cllr. Mitchell had already raised the matter with TDC, and will now take it up again.

#### **Tynedale Council Meetings**

No full meeting of TDC had yet taken place.

The Planning Committee had approved plans for flats on Church Street (Heslop's Yard). The Council noted that, once a developer for the scheme was known, contact would need to be made regarding the bus shelter, which was the property of, and was maintained and insured by, the Council.

#### Highways matters

Innerhaugh – Cllrs. felt that the main A69 was simply not wide enough; in particular there was not sufficient room to provide a space for right-turning traffic. Problems arise when two articulated trucks meet at the new bend, and the Police are having to take action more frequently regarding passage of wide/dangerous loads. The desirability of installing more up-to-date and modern warnings of approaching 30 mph limits (as presently in Horsley) was also discussed. The Parish Council would write to Roadlink and NCC about these

issues.

Renewal work on A69 – between Hexham west end and Haydon Bridge. Cll. Smith had been advised that this would be about 5 weeks' duration and would include some verge work. Indications so far were that the work was going well.

#### Planning applications

None received.

#### Correspondence

A letter had been received the lack of any tangible commemoration of the Golden Jubilee in the village. After some discussion, Cllrs agreed to contact the High School about the possibility of planting trees at the west end of the rugby field.

#### Village projects

Hanging baskets - now the responsibility of Cllr. Fletcher.

Village name — Cllr Smith had observed the increasing use by villages of specially-built low walls and/or small gardens to display to advantage the village name to approaching traffic. The general view was that this gave a good impression, showing that the village was well cared for and a source of pride to the community. Cllrs. agreed this would not come cheap and funding would have to be considered, but the Council would write to Roadlink about suitable sites to the east and west of the village and the necessary permission.

Bowling green - TDC had asked Cllr. Mitchell to establish whether there was still interest in a village bowling green. The Council advised that there was no interest at the present time.

#### **Any Other Business**

Seat on Lands End Road – located just before turn-off to farm. Bar on back of seat needs to be replaced; painting might also help!

Low wall/railings on Ratcliffe Road – these had been demolished by a vehicle colliding with the wall. The Council had been approached by a number of people about replacement. The railing is said to be the only original railing locally to have survived the general

removal of iron railings during World War II. The Council will try to establish who owns the small piece of land, and to seek their permission to repair the accident damage.

Stone at end of Old Bridge. Cllr Smith reported that the stone was still lying behind the wall – this needed to be sorted quickly and finally. The Council will write to NCC with a copy to Roadlink.

Litter around the new seat at the Parish Churchyard – culprits said to be mainly schoolchildren. The High School, when advised, promptly organised a clean-up, and asked to be told of any further problems.

**CET** 

Date / Time of next meeting: 24th July 2003 at 7.30pm Venue:

Haydon Bridge Community Centre

#### PARISH COUNCIL MEETINGS

Held on the 4th Thursday of each month.

The meeting is usually held in the Community Centre but occasionally goes elsewhere. The notice board, next to the Butcher's shop on Church Street always shows the likely agenda for each meeting and the venue.

The General Public is very welcome at the first part of every meeting. Have your say – Brickbats and Bouquets!!

#### PARISH COUNCILLORS

Mr E J Faulks	(Chairman)
Mr D Charlton	684 505
Mrs E Charlton	684 505
Mrs C Duffy	688 818
Mrs V Fletcher	688 872
Mr A Johnson	684 676
Mr M Parkin	684 340
Mr A Petts	688 418
Mr D Smith	684 480 *
Mr R Snowdon	688 871
Mr T Stephenson	

#### TYNEDALE COUNCILLOR

S Mitchell

684 980

\* also a Tynedale District Councillor

#### PARISH CLERK

Mrs. C McGivern 688 020 (after 6.00pm)

E-mail: carolemcgivern@aol.com

#### HISTORICAL NOTES OF HAYDON BRIDGE - Dennis Telford

#### **MONICA JONES - Part Four**

#### SAD STEPS

When Monica's unoccupied cottage on Ratcliffe Road was broken into for the third time, Hexham Police recommended to Miss Jones that if she wasn't going to occupy the property again then she should consider selling it. A very sad Monica reluctantly agreed and asked her neighbour, June Willis, to arrange for the sale of the remaining furniture and seek an Estate Agent's valuation of Number 1A. "I would thank you for keeping my name out of it", implored Monica. June respected her confidence.

Having agreed to part with her 'little house' which held so many memories of her life with Philip Larkin, Monica was eager to find a new owner who was from Haydon Bridge and would be sure to take good care of the property.

June recommended Willie Mycock, a village Joiner who had recently started his 'West End Joinery' business and would be a first-time buyer.

"Would he look after it?" "Would he be able to improve it satisfactorily?" "Would he love 1A as she had done?"

After assurances from June, Monica gave permission for Willie to contact her at Hull.

Following a telephone call to Monica, Willie pulled his van up outside the front door of the cottage on Ratcliffe Road, got a key from June Willis and pushed open the door. The inside of the house was in a dreadful state. Empty and neglected for six years, not to mention the chaos caused by unwelcome intruders.

A few sticks of furniture remained after the burglaries and house clearance. Willie loaded a sideboard, small tables, ornaments, boxes of odds and ends and some window drapes, specifically asked for by Monica, into his van as he had promised 'Miss Jones' he would, and set off on his journey to Humberside.

"Why she wanted those old drapes I'll never know", commented her neighbour June. Maybe of sentimental value?

When Willie Mycock arrived in Hull at 105 Newland Park, he made his way to the rear door. Monica had told him on

the telephone that she would be unable to walk to the door but it would be left open and he should let himself in.

When he approached the cul-de-sac that is Newland Park, the twenty-five year old joiner from Haydon Bridge was impressed. Brick built in the 1950's. 'A kind of posh area. A leafy suburb. Neat gardens. Ouiet and yet ideally situated'. Once inside he wasn't quite so sure. Number 105 was the first house Larkin had owned and where he had lived his independent life from 1974 until his death. Monica had advised on Philip's original internal decoration and Willie's recollection of his visit is that little in the way of tidying up or maintenance had been done in the intervening "They weren't what you sixteen years. could call house proud" he told me.

Monica was alone in the house. In a chair in the green-walled sitting room, quite unable to get about. Obviously a shadow of the vibrant lecturer at Leicester and the lady who had spent twenty-three years at Haydon Bridge.

The room was 'cramped with pieces of furniture, (Larkin's) record collections and books galore'. Not placed neatly in the cabinets for effect but, 'lying everywhere'. Number 105 Newland Park was for living in! These books were for reading!

Monica Jones suffered greatly from the trauma of Philip Larkin's death and the effects of her own debilitating illnesses, Shingles and severe Arthritis. The few people who saw her in her later years all remark on her worsening physical health and well-being. Surrounded by Philip's furniture and mementoes, Monica sought comfort and perhaps eased the pain, from a glass. When Willie Mycock spoke to me about his visit, his first memory was of, "benches littered with empty spirit bottles"

Monica's mind and memory weren't affected and for two of three hours she talked to Willie about her time at Haydon Bridge. Her frequent train journeys from Leicester and a feeling of nearing 'home' once onto the Newcastle — Carlisle line. Her house on Ratcliffe Road and the River Tyne sweeping past her yard at the rear. Langley Castle and Langley Dam, Hadrian's Wall, Allendale, Allenheads and many other places in the area she visited with Philip.

Monica shared her joy of our wonderful countryside with Willie. showed him photographs and talked with enthusiasm about them. When I discussed the visit with Willie, in May of this year, his memory of the details was sketchy after twelve of thirteen years, but Monica's love for Haydon Bridge had left a lasting impression. "She talked about Haydon Bridge as if it was Paradise", he told me. "I was thinking about the A69 running right through the middle of the village. Constant traffic, noise and fumes. Miss Jones was describing a place I could hardly recognise. She clearly loved it dearly".

Monica's enthusiastic talk about Haydon Bridge and her time here had a downside. She began to change her mind about selling the property. Even though it was clearly impossible, she resurrected thoughts of a return someday. Eventually, after more reasoned thinking and gentle persuasion from the prospective purchaser, common sense prevailed.

With a sadness in her heart Monica accepted Willie Mycock's offer of the £15,000 valuation. He unloaded his van into the garage at Newland Park and made his return to the stone-built riverside terraced cottage which had been the setting for a quite remarkable true-life literary love story since 1961.

"There was much work to be done to make it habitable again"

There remained one pleasant surprise for the new owner of 1A Ratcliffe Road. Monica instructed her Solicitor that she wanted to pay all the fees for Mr Mycock, as well as her own. A final heart-felt gesture. As far as I am aware, Monica was never to make contact with anyone from Haydon Bridge again.

When I told Willie Mycock that Monica had lived for ten years after his visit, he was amazed. In spite of her deteriorating health and solitary existence, however, she had survived Philip Larkin by fifteen years when she passed away on 15th February 2001 in her 79th year. Professor James Booth describes the funeral.

"It was bitterly cold and dry, with intermittent sunshine on innumerable clumps of snowdrops". "There were eighteen in the congregation. No relatives .....'

Four months before his own death in 1985, Philip had amended his Will to include Monica as one of his main beneficiaries. Now, Hexham Abbey shares the benefits accrued from this bequest, ensuring that Monica's name lives on in Tynedale.

Monica Margaret Beale Jones was buried on 22<sup>nd</sup> February only a few yards away from Philip Larkin, the love of her life.

My 'notes' next month will include references without which I would not have been able to recount this story. They will be of value much those who would like to know more about Monica Jones and Philip Larkin.

I shall also include memories Monica and would welcome any reminiscences vou may have of either Monica or Philip. Even memories apparently insignificant to you may help complete a picture of the Haydon Bridge connection.

Please contact me personally (01 434 684 636) or write to the Editor of the Haydon News.

#### Thank you

I will leave you this month with the words of Philip Larkin as written in, "Show Saturday" and published by Faber & Faber "High Windows", June 1974.

Ostensibly describ-Bellingham Show in 1973 but also perhaps serenade to Monica, recalling the happy times shared North and South Tynedale.

Bewildering requirements, not minding. But now, in the background, The car park has thinned. They're loading jumps on a truck. In front doors, allotments reaching down to the railway); Towards the stock entrance, tilting and swaying, bound Like shifting scenery, horse-boxes move; each crawls For far-off farms. The pound-note man decamps. And side roads of small towns (sports finals stuck Back now to private addresses, gates and lamps In high stone one-street villages, empty at dusk, Back now to autumn, leaving the ended husk

The men with hunters, dog-breeding wool-defined women, Children all saddle-swank, mugfaced middleaged wives Haring at jellies, husbands on leave from the garden Watchful as weasels, car-tuning curt-haired sons In the Corn Exchange, to market days in bars, Hung up in kitchens; back to loud occasions To names on vans, and business calendars Back now, all of them, to their local lives:

Of summer that brought them here for Show Saturday -

et it stay hidden there like strength, below To winter coming, as the dismantled Show Itself dies back into the area of work.

Shadows much greater gestures; something they share Not noticing how time's rolling smithy-smoke Sale-bills and swindling; something people do,

Regenerate union. Let it always be there.

That breaks ancestrally each year into

Four plain scones, four dropped scones, pure excellence that enclose Paper mats) by dairy and kitchen; four brown eggs, four white eggs, A recession of skills. And, after them, lambing-sticks, rugs,

# SATURDAY

Needlework, knitted caps, baskets, all worthy, all well done,

But less than the honeycombs. Outside, the jumping's over

Sliding off, riding bareback, the ponies dragged to and

Twice round the ring; then trick races, Musical Stalls,

The young ones thunder their ponies in competition

Grey day for the Show, but cars jam the narrow lanes. nside, on the field, judging has started: dogs

Set their legs back, hold out their tails) and ponies (manes Chain Saw Competition). Each has its own keen crowd. Repeatedly smoothed, to calm heads); over there, sheep Cheviot and Blackface); by the hedge, squealing logs

The jumping's on next. Announcements, spluttering loud, in the main arena, more judges meet by a jeep:

Clash with the quack of a man with pound notes round his hat Bead-stalls, balloon-men, a Bank; a beer-marquee that And a lit-up board. There's more than just animals: Half-screens a canvas Gents; a tent selling tweed,

While their owners stare different ways with incurious faces. Like great straw dice. For each scene is linked by spaces Not given to anything much, where kids scrap, freed, And another, jackets. Folks sit about on bales

wo more start, one grey-haired: he wins, though. They're not so much fights Then trees; then pale sky. Two young men in acrobats' tights Stiff-legged, in a two-man scrum. One falls: they shake hands And embroidered trunks hug each other; rock over the grass, The wrestling starts, late; a wide ring of people; then cars; With one on his back, unharmed, while the other stands As long immobile strainings that end in unbalance Smoothing his hair. But there are other talents -

Wood tables past which crowds shuffle, eyeing the scrubbed spaced Sroad beans (one split open), dark shining-leafed cabbages - rows Extrusions of earth: blanch leeks like church candles, six pods of The long high tent of growing and making, wired-off Of single supreme versions, followed (on laced

#### **CORRESPONDENCE**

#### A SHORT LETTER TO THE HUMAN RACE.

My arrival coincided with the very beginning of time. I came in no particular shape, size, or form. In fact, I am everything, and nothing. The power of life and death rests in my hands, as without me no life on earth would ever exist.

Yet I have no ways or means of using my power, nor would I have any idea as to how I would go about it even if I wished to do so. I am the best friend of all Life on earth. My main concern at this moment in time is taken up by the life form which appeared a short time ago known as the "human life form". It is a complex and most difficult form of life to under stand. It is also the most interesting.

Unfortunately even with its highly complex intelligence it seems unable or unwilling, to make any worthwhile contribution to its own or any other life form on earth. Subsequently this paper is based almost totally — and is meant to be a warning to mankind. Whether this planet lives or dies is of little consequence to me for I am both infinite and immortal. Please read on.

I am totally transparent and have no form, and yet all forms of life recognise me immediately and reach out to except my gift which is available at all times. It is my calling to help even those who have abused me in the past, with out question or selection. In my

true form there is no greater gift than mine and yet I am constantly manipulated by the human race into shapes and forms that are totally alien to me and have no meaning in my world.

To myself I have only one form and will recognise no other. It must be said that because of the complexity of the human, I have had to add to my singularity, which is normally sufficient for all other forms of life.

On the day that all living things have no further use for me will signal the end of all creation.

It is my desire to lead all forms of life to eternity. For without me, eternity cannot exist.

I am extremely simple to understand, and communicate with and at no time will I ever leave your side. I have no rules or laws other than to be accepted unconditionally in my true form. Yet there are many who are constantly manipulating me. I am misused and abused to such an extent, that some times I can no longer even recognise what humans would wish me to be. It is purely a manipulation of my true form. Used by humans, some times in ignorance, or purely for gain it holds no relevance to my true self and is but an abomination of those who wish to manipulate me to satisfy their own whims and foolish ideas. There are also those who would totally reject me.

Because of this: whole nations have been driven almost to extinction. Whole countries, Tribes and families, have been torn apart and decimated by their foolish ways.

I have been described in one syllable. Or by others, in whole volumes of books. Many that read this text will immediately think I am some kind of God? Definitely I am not, nor do I have any godly powers what-so-ever. All one can say is that if all living things on Earth embraced my gift; which is given freely when asked for, and with no strings attached, I promise, all life will forever be eternally gratefull

Together we can find a just and fruitful life, from which we can all prosper; now and to the end of eternity.

So. Who am I?

Harold Humble 16-5-2003.

#### Editor's Note

Harold has indicated to me that he will make available 5 of his poetry books to present to the first five correct answers to this conundrum drawn out of the hat on Monday 21st July 2003.

Please submit your answers to me c/o Clarkes, Marsh's or the Co-op or to Wheelsteads, NE47 6AS

#### THE SCOTTISH ISLANDS PEAKS RACE - Part 111

.or

("The Great Grey Adventure!)

by David Armstrong

This is Part III of a Trilogy. A bit like Star Wars or Harry Potter. Only much less believable (and unfortunately much less profitable too!) All three are stories of the Scottish Islands Peaks Yacht Race through the eyes of one of the runners.

Part I covered the delights of the event in 1999. Part II covered its horrors in 2002. And this one ..... well read on and see.

The race starts each year on the third Friday in May, and has become well established as a tough endurance event for sailors and fell runners, attracting entries from around 50 boats each year. This year there were 56. The route covers 160 nautical miles of sailing round some of the most difficult waters off the coast of Britain and around 60 miles of running incorporating close to 12,000 feet of ascent over some of the toughest of Scottish mountains.

The teams largely consist of 5 members, three of whom are sailors and two are runners, in boats ranging from small traditional monohulls of 23ft to large ones of 70ft and various sizes of trimarans and catamarans. Ours was a rather unique 26ft aluminium monohull, called

"Tumbling Dice" on which I have now done four similar races.

One of the logistical difficulties of the race is that it starts in Oban and ends in Troon and is of unpredictable length. Therefore transport takes some organising. We decided to drive to Troon, leave the car in the marina, and then organise a taxi from the marina to the station and catch trains from Troon to Glasgow and Glasgow to Oban.

Of course it never quite runs to plan and there was a minor panic when a convoy of lorries restricted our progress somewhat and we had to phone ahead to ensure a taxi would be waiting with its engine running at the marina so that we could get to the station in time.

It was in danger of turning into a re-run of the John Cleese film "Clockwise", but everything turned out fine and we had a thoroughly relaxing and enjoyable journey on Scotrail from Glasgow to Oban. It really is a beautiful route past Loch Long, Loch Lomond, Loch Awe and Loch Etive and well worth a trip. We were blessed with gorgeous sunshine to see it all at its best. It could so easily have led us to believe that the rest of the weekend would be equally as lovely. But we had heard the weather forecast!

As we left our B&B in Oban on the Friday morning the drizzle started. The forecasters looked to have got it right. Fortunately it didn't last, and at 12.00pm we were able to enjoy the first five-mile run around the Oban coastal foothills in dry conditions. Our time for this was 32mins 28secs, which placed us around 15<sup>th</sup>.

That run only has around 500 feet of ascent and, unlike the remainder of the routes, doesn't require rucksacks to be carried. It is a balance between running quickly enough to be in touch, and conserving something for the 23 miles that lie ahead at Mull only 3 hours later. In practice, the speed of that run doesn't really influence the overall race positions much, because time can so easily be lost or gained in the dinghy changeover to the boat and in the sailing from the pickup over the start line.

Our sailor and specialist dinghy rower, Aidan Chariton and our other sailors, skipper, Tony Van Hee, and Angus Pridie, are all well practiced in the required techniques and Tony skilfully skippered us over the start line in sixth place. I doubt very much whether my fellow runner and NFR member, Paul Hainsworth, and I could have finished the run in sixth place no matter how hard we tried!

This shows the benefits that can be gained from skilled handling of the boat in tight conditions. I have now done this particular race with Tony on three occasions and each time he has been able to improve our running position noticeably in these initial manoeuvres.

The rain came and went and the sail to Mull was pleasant, if brisk, until about a mile from Salen. As Paul and I crouched getting ready and preparing for the dinghy transfer, we discovered with an almighty bang that one of our competitors had strategically hidden some rocks just below the surface! Our sailing speed went from 10 knots to zero in the space of under a second! I catapulted forward over the crates of food and equipment and ended on my back with a nasty cut along my shin. It could have been so much worse had I been sitting in a slightly different position.

It quickly became apparent that no serious damage had been done to either the boat or its occupants and we ploughed on. Here lies one of the benefits of an aluminium boat! Had the hull been of a more conventional design our race could well have been over and our life jackets put to very swift use.

We arrived at Mull still holding sixth position. Cloud cover was low at around 500 feet, and it didn't auger well for the run. There are about five miles of road and two miles of hard track before the ascent of Ben More starts and we had decided to run in road shoes and carry fell shoes in our rucksacks. We held sixth place as we reached the seven-mile checkpoint and changed our shoes. The few minutes spent doing so cost us a position as another pair of runners passed us midchange.

On the ascent up boggy Glen Clachaig we were passed by another pair who, strangely, were roped together on a short rope of no more than 2 metres. We couldn't decide whether the front runner was simply much fitter, whether the second runner had visual impairment or whether they were just ultra cautious. Whichever, it certainly worked, as they left us well behind!

The clouds seemed to have lifted a little but we still were engulfed at around 1,200 feet. As we ascended, the rain and wind made it extremely cold. At around 2,000 feet we sheltered behind a rock and put on extra layers and windproof cover. My hands were so cold by this stage that it took me an eternity to do so, and three other pairs passed us whilst we were stopped.

The modest warmth that we could now generate helped us make good progress and Paul's navigation took us up the ideal route to the shoulder between A'

Chioch and Ben More. The wind was very strong along the ridge and balance was difficult. Perhaps that rope wasn't so odd after all!

About 30 metres from the summit, we could make out a figure crouched in the mist. As we approached, we could see that it was one of the "Sky Sports" cameramen filming the action. He must have been frozen standing still in those conditions. On the summit there was another looking equally cold and uncomfortable. Despite my interest in sport, I have always avoided subscribing to Sky, but if this was an example of their commitment to getting the best footage on sporting coverage, I'll be signing up immediately! That camera crew had my utmost admiration.

After depositing our tag at the checkpoint on the summit, we checked our
compass to identify the route off. It
was pointing us back the way we came!
We were still alert enough to know that
could not be right and decided to move
away from the summit and recheck.
This time it looked much better. The
magnetic rock on the summit cairn was
clearly affecting the compass and could
easily have caused a disaster.

As we descended the other side it started to seem unfamiliar and two other pairs of runners were looking equally puzzled. Then, as if by Devine intervention, the cloud parted briefly and a rare white light shone down from the sky onto a gully to our right. I recognised it as the gully where the next checkpoint would be. We headed down as the clouds re-closed and fortunately came directly upon the checkpoint.

For a while thereafter, we were facing a gale force wind and progress was difficult, and at times it stopped us in our tracks. As we descended it eased and it became quite comfortable over the tussocky and boggy terrain back to the lower part of Glen Clachaig, where we changed back into road shoes. The wind was now in favour and helped us back along the seven miles or so to the boat at Salen. The road becomes pretty monotonous with tired legs and, to make it all the worse, the rain started again about 2 miles from the finish, to ensure that we returned to the boat wet as well as tired.

Our time was 5hrs 19mins, 10 minutes down on last year, but we knew that was accounted for by clothing and shoe stops and therefore were reasonably happy. The reduced pounding from the more appropriate footwear would hopefully reap benefits later. Although the downside was that the late rain shower had soaked my road shoes, which were also my boat shoes, condemning me to the remaining sailing with wet feet as there was no prospect of them drying on the boat. Our position had fallen to 11th as we set sail for Jura and its famous "Paps". It was 8.50pm.

The sailing route takes in the Corryvreckan, which is notorious for strong and dangerous tides. We knew that the tide would turn against us and several hours could be lost if we didn't get through the tidal gate in time. Despite the best endeavours of our sailors, we couldn't quite get there quickly enough, and after an hour of trying to make progress against impossible odds, at 2.00am Tony decided to drop anchor and give the sailors a chance of some rest. This seemed an inspired decision

when we later heard that one of our competitors had rowed for three hours through the night only to remain where they were!

Once the tide turned we were able to make good progress and arrived at Craighouse on Jura at 11.00am on Saturday. We were unsure of our position but felt that several boats could have passed us during the overnight sail.

(Continued next month)

#### NATURAL REMEDIES FOR A HEALTHY BODY ENERGY

If your 'get up and go' has 'got up and gone!' there are several nutritional and herbal remedies that may help.

Iron is part of haemoglobin, the oxygen-carrying component of the blood. People whose iron levels are low tire easily because their bodies are starved of oxygen. Liquid forms of iron are available for easier absorption.

'B' vitamins help us break our food down properly so that our bodies can use the starches and carbohydrates in what we've eaten for energy. A lack of 'B' Complex vitamins can lead to poor digestion of food and result in fatigue. People who are under stress use up more 'B' vitamins and this can lead to tiredness and fatigue. Advice should be taken in order to get the best strength.

Coenzyme Q10 (CO-Q-10) is a vitamin-like substance that plays a critical role in the production of energy in the body. It increases tissue oxygenation, aerobic capacity and muscle performance. We have several customers who suffer from *ME* that swear by *CO-Q-10* for energy. Around *90mg* should be taken for two months in order to assess its benefits. *Creatine* is a substance found naturally in muscles. As well as using it for energy it is reported to boost strength. It is popular especially amongst athletes, body-builders and pigeon fanciers!

Ginseng is a herb that is used throughout the Far East as a general tonic to combat weakness and to give extra energy. It is also used by athletes for overall body strengthening. It is known as being a stimulant for both mental and physical energy and it is popular among our student customers – especially during exam time.

Guarana is also popular for metal stimulation. The seeds of the plant are the active ingredient and are reported to help prevent fatigue, stimulate brain function and aid concentration. Guarana is popular with our customers that work shifts and those battling

jetlag.

Certain foods give short boosts of energy, then when those quick energy boosts drop, they can make you feel tired – cane sugar, alcohol, caffiene, highly processed foods – these may all also rob the body of nutrients as it tries to break them down properly. A high energy diet would be based around fresh fruit and vegetables, grains, seeds and nuts with little red meat and more white fish.

It is essential to aim to drink enough water otherwise energy levels may drop. It is generally believed that 1½ to 2 litres per day is necessary for most adults.

<u>Warning:</u> Pregnant ladies, people taking prescription drugs and those under medical supervision should consult their doctor before using complimentary medicines.

Jill I Henderson (Holland & Barrett – Hexham)

#### CHRISTIAN AID WEEK 2003

A very big *THANK YOU* to the people and Churches of Haydon Bridge for all your hard work during Christian Aid Week 2003 which raised the grand total of:

#### £1,408.28

The money raised in Haydon Bridge this year would:

\* provide basic medication for 35 people for a month

- \* pay to build a water pump in a poor village in Sri Lanka
- \* enable the rehabilitation pro grammes of the Young Men's Christian Association in Beit Sahour in the Palestinian territo ries to modify a bathroom so that someone who is disabled can live in an hygienic and ac tive way.

Moira Howard

SEIKO Self-winding

Gentleman's watch on a Gold-coloured clipon strap.



Lost on the route north from • 'The Anchor' hotel towards
Alexander Terrace.

A regular visitor to our village will offer a reward to anyone who finds the watch which he has had for 40 years (since his 18<sup>th</sup> birthday).

Please contact the Editor on: 01 434 688 871 for more information

#### HAYDON BRIDGE COMMUNITY ASSOCIATION

Community Association Membership subscriptions for 2003 are now due, if you feel able to continue your support or would like to make a small donation please complete and return the form below. The minimum amount is £2, but please feel free to contribute more than this if you wish. Subscriptions/ donations can be left at John Clarkes Newsagent or posted to the address below:

Many Thanks

#### Valerie Bell - Haydon Bridge Community Association

Please find enclosed my 2003 membership subscription / donation of £..... for the Community Association. Name.....

Send to: Valerie Bell, 3 Rocksprings Crescent, Haydon Bridge, Northumberland NE47 6AT.

> Cheques payable to Haydon Bridge Community Association.

#### DANCE CLUB NEWS

The Dance Club paid a visit to Throckley Dance Club on Wednesday 20th May where we received a warm welcome, and good dancing.

Two of our members, Olive & Ray from Hexham, recently -celebrated their Diamond Wedding and the Dance Club held a surprise party in their honour with the happy couple leading

> really goes on behind the scenes.

May and all W.I's present lowed was no less colourful as Sarah Hennessy and her troupe of Belly Dancers took to the floor. Their artistry and grace, coupled with their dazzling costumes, brought the house down.

Leader Gagen was followed

The June outing to RAF Spadeadam proved to be a great success with members and guests. A video presentation and talk by Squadron

The 'Dales Group' meeting was hosted by Langley W.I in The entertainment which fol-



LANGLEY W.I.

agreed it was a night to re-

The speakers were two ladies

from Spennymoor who, over

the years, have made it their

business to enter as many

Television Quiz Shows as

They had the audience fasci-

nated and amused by tales of

their exploits and of what

member.

possible.

#### SEPTIC TANK EMPTYING SERVICE Macdonald (East Land Ends)

Tel: 01 434 684 491 Mobile: 07 801 308 006 For a competitive quote

'The Mad Martins'

- a unique cabaret event to be staged at: Riverlines, The Basement Bar, City Screen, Coney Street, York

Thursday 17th July at 7.30pm.

Admission £4/£3.

Tickets from City Screen Box Office 01 904 541 144 or at the door.

'The Mad Martins' tells the story of the notorious Martin family of Tynedale (including famous painter John, born in Haydon Bridge, inventor William & the 'notorious incendiary of York, Jonathan) in poetry, narrative, and music, featuring leading North East poet Keith Armstrong reading his own work on the Martins and examples of their idiosyncratic writings, accompanied by Gary and Glenn Miller (vocals, guitar, and accordion) of the North East's cult folk-rock band 'The Whisky Priests', with new songs specially written for the show by

Keith's commissioned work 'Fire & Brimstone', based on the life of John Martin, was a highlight of the 1989 Hexham Abbey Festival. He wrote the lyrics for 'The Whisky Priests' cult album 'Bleeding Sketches' which was critically acclaimed in 1995. Keith and Gary and Glenn toured The Netherlands in recent years.

A CD is planned of the Mad Martins show and further cabaret dates will follow.

#### **CONTACT 'NORTHERN VOICES'** FOR FURTHER INFO TEL. 01 912 529 531

the floor for the Anniversary Waltz. Olive was presented with flowers and Ray with miniature Whiskys and glasses.

Some members attended Charity Dances at Nenthead on 14th June and again at the Masonic Hall in Haltwhistle on 20th June. A good night was had at both venues with excellent music and dancing. Attendances remain high with 60 on the register and the odd new-comer.

DJ Jim Biggs

by a visit to the Operations Room where range usage is coordinated. This involves accepting bookings for the electronic warfare tactics range, providing the threats for the aircraft, providing air traffic service and compiling and dispatching post mission reports.

A tour of the site included a visit to the launching sites of the Blue Streak missiles.

Mary Nagel

#### Pennine Ways

VIII AGEA COUNTRY PROPERT

A New Haydon Bridge Office Due to Open this Summer

For further information and employment opportunities contact us on:

01 434 381 808

Offices also at Alston, Penrith & Haltwhistle

Sales, Lettings & Property Management +

#### The £10 Crossword

NAME:	
ADDRESS:	



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#### ACROSS

- 9. Italian theatrical found along a wall. (5,4)
- 10. Old flame on flat fish exposes frailties. (1-4)
- 11. Sticks notice in this place with south behind. (7)
- 12. New words (e.g. loony) (7)
- 13. Quotes locations we hear. (5)
- 14. Time keeper has 3,600 runners-up out in front with a vessel bringing up the rear. (4-5)
- 16. Released air makes a chart topper. (9,6)
- 19. Flamboyant gambler could be Ian Botham Elvis or Lennox Lewis. (3.6)
- 21. Mexican friend, Parisian friend, depart. (5)
- 22. Editor reaches his peak. (7)
- 23. Secret procedure of the last arrangement. (7)
- 24. Anarchist splits business to maintain a belief. (5)
- 25. Unnaturally large, confused governor has point inserted. (9)

#### **DOWN**

- 1. Money morsel to cover food. (5-5)
- 2. Strongly marked tea chimp goes mad. (8)
- 3. Traps wild alternative close between sailing ship(6)
- 4. Crazy deeds produce musical. (4)
- 5. Rugby League tactic high on the tube. (2,3,5)
- 6. Cow lick, better eaten. (2-6)
- 7. Teetotallers receive an electrical charge to reconstruct a table in Milan. (6)
- 8. Observe English agent. (4)
- 14. Germans get brown over weight beside the wash. (10)
- 15. Shut your mouth to deny a possession. (3,7)
- 17. Sour fall with sweet result. (4-4)
- Electronically charged particle with gold on top and evil inside constructs a defensive alignment. (8)
- Advance your majesty and become an Arsenal supporter. (6)
- 21. Get your own back in crumbling Geneva. (6)
- 22. Ill? Weird. (4)
- 23. Favourites go up a pace. (4)

Entries to be received by the Editor on or before

#### MONDAY 21<sup>st</sup> July 2003. Best of luck

Please hand in your entry to: any of the businesses indicated at the top of Page 2

or by post to: The Editor, Wheelsteads, Woodhall Mill, Haydon Bridge, NE47 6AS



Entries from: A. Phillips B. Pearson Rosemary Shout Rene Armstrong Susan Stephenson Barbara Lee Maureen Robson Geoff Hopkirk Anne Plastow Denis Bell Diane Gamble Trevor Corbett Dennis Telford Mrs E Jukes Alan Borthwick 'Ted Castle' Dorothy Tait A. Scott

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#### HAYDON NEWS ADVERTISING

#### ANNUAL ADVERTISING FEES FOR THE YEAR 2003

Advertising costs for businesses remain unchanged for the coming year.

#### **Advertising Rates**

Single Column - Variable Width

12 months (10 Issues) - £12.00

6 months (5 Issues) - £7.00

Single insertion - £1.50

#### No charge for:

Forthcoming events
Results of Collections
Acknowledgements
Club News
Reports of Local Functions

Please complete the box below, enclose it and the appropriate fee in an envelope addressed to:

The Treasurer (Alastair Bowen)
Friends of Haydon Bridge
11 Tynedale Cottages
Ratcliffe Road
Haydon Bridge
Northumberland
NE47 6EU

If you live locally just use the top two lines of the address and leave it at the Co-op, John Clarkes or Marsh's newsagents from where it will be collected.

# ADVERTISING FEE FOR 2003 I wish to continue using my present advert. I wish to change my advert: (-see over ) NAME OF BUSINESS: ADDRESS: POST CODE: TEL: Cheques payable to: 'The Friends of Haydon Bridge'. PAID BY: (Please PRINT)

#### FRIENDS OF HAYDON BRIDGE

#### MEMBERSHIP SUBSCRIPTIONS NOW DUE FOR THE YEAR 2003

As the subscription to cover the current year is now due please complete the box below, enclose it and the appropriate subscription in an envelope addressed to:

The Membership Secretary (Mike Parkin)
Friends of Haydon Bridge
'The Rambler'
Brigwood
Haydon Bridge
Northumberland
NE47 6EX

(If you live locally just use the top two lines of the address and leave it at the Co-op, John Clarkes or Marsh's newsagents from where it will be collected)

The standard subscription is only £1.20 therefore if you so desire by all means increase the size of your donation. It would be very much welcomed.

All donations are used by 'The Friends' in supporting voluntary and charitable causes in the Parish of Haydon.

UK readers of the *Haydon News* may join 'The Friends of Haydon Bridge' for an annual subscription of £10.00.

This will guarantee a posted copy for each of the ten months. Again you may donate more.

MEMBERSHIP FORM
Please find enclosed subscription of to 'The Friends of Haydon Bridge'
Name:
Address:
***************************************
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Minimum donation £1.20. Larger donations welcome.
Cheques payable to: 'The Friends of Haydon Bridge'.

-New advertising or any queries should be addressed to The Editor (address to be found on page 2) or please phone: 01 434 688 871

#### A REPLY, FORSOOTH!

#### DR. STEVE FORD'S PAGE

Dear Brian

Thank you for your kind reply in last month's *Haydon News*. What can I say but YES, YES, YES!

I hope that you can keep a secret. When fresh, the smoke from some rich pipe and cigar to-baccos has a wonderfully fragrant aroma, similar in intensity and complexity to freshly roast coffee beans, crushed vanilla pods or warmed Tonkin beans. The more esoteric varieties of snuff can be most intriguing too.

No doubt the Inquisition will shortly drag me away to the dungeons beneath the BMA fortress in London and apply thumbscrews until I recant. Mea-culpa.

A proportion of smokers undoubtedly share your love, passion and unbridled pleasure, the British Medical Journal has recently (and I thought, rather unkindly) labelled them 'hardcore smokers'. From the position of a non-smoker, smoking looks an irretrievably perverse activity. Having never been a smoker I do not know how second-hand cigarette smoke, fresh or stale, affects smokers but non-smokers do genuinely suffer — often in silence.

What is required is an accommodation between smokers and non-smokers that will allow both maximum freedom whilst preventing friction between the camps and preventing actual physical harm to non-smokers.

The internal combustion engine may yet be the death of all of us. I used to go to school on horseback, or in a pony and trap, in good weather when I was small and would gladly swap my car for a non-polluting means of transport if patients would accept delays on visits of a few hours. My views on the evils of motorised transport are at least as trenchant as your own and, when I finally get to be Emperor, there will be changes! The trains will run on time and there will be a permanent worldwide shortage of piano wire, amongst other things. To further burnish my green credentials I might mention that my new tank will be fitted with electric propulsion - you probably think I'm joking...

A few years ago an anti-American bias in my monthly witterings was commented upon. America is a land of extremes, not all of them good. 4% of the world's population produces 26% of the atmospheric pollution and then there is the International Criminal Court, Kyoto and numerous other examples of 'America first' and devil take the hindmost.

As to vibrators and whether you are missing out – if national statistics can be believed then our Parish contains several hundred. In pursuing your enquiries locally I should caution you that northern lasses can deliver a devastating punch.

Yours, in a surprisingly large amount of agreement... Steve Ford

**BLOOD TESTS** 

Sonia is now chief-in-charge of blood tests and has a number of sessions each week devoted entirely to this task. Everyone needing a blood test should make an appointment with her, for preference. Few tests need to be taken on a particular day, most can be taken within a wide time period to suit your convenience and Sonia's availability.

Samples should be taken before the delivery van comes round at about 2.30pm as most samples are better fresh on delivery to the laboratory.

#### LABELLING SAMPLES

If you are asked to bring a urine or stool or other sample in, please make sure that it is labelled with your full name, date of birth and the date of the sample. Anonymous samples are treated as a formidably pungent sort of criticism!

A red top sample bottle, with crystals in, should be used when looking for evidence of infection in urine. White top bottles are for all other urine and sputum samples. Blue top bottles, with miniature shovels in, are for stool samples.

#### EXTRA NURSE TIME

A new nurse has been appointed, Debbie Andrew, who will be shared around a number of practices to fill in when our nurses are on holiday or otherwise absent. Debbie has a wide range of experience and will be a great asset.

#### NEW HEALTH VISITOR

Karen Goodchild, an extraordinarily good name for the post, has been appointed as Health Visitor to the practice. At least at first, she will work the same hours as our previous HV Janet but we have hopes that we may be able to increase her hours in due course. She has previously worked locally as a midwife for some years and is regarded very warmly by all who have worked with her. She will make a great contribution to the practice.

#### PAINFUL FEET

Human feet evolved to tread on soft earth and sand, such as one might find in the forests and savannahs of the African Rift Valley. They react badly to hard surfaces and shoes and consequently many adults have painful and often deformed feet. The commonest deformity is an inward rolling of the ankle that predisposes to flat feet and bunion formation.

This problem and it's attendant problems of knee, hip and back pain can be quite often helped by shoe inserts that correct the inward roll of the ankle. These can be purchased at pharmacies and are well worth considering.

#### MACULAR DEGENERATION

A common condition, that may have genetic and environmental causes, starting in the 40s and 50s, it disturbs the function of the centre of vision. The condition develops slowly with gradual loss of the ability to see fine detail where one would normally focus. Vision around the centre of focus may be reasonably well preserved, at least at first.

New blood vessels forming on the light recep-

tive part of the eye, the retina, or the accumulation of fluid in it are the main causes.

There is a suspicion, no more, that vitamins A, C and E with a diet rich in lutein and ze-axanthin may help delay the appearance of the condition. So eat more yellow-foods—sweet corn, orange peppers, egg yolk etc. Not smoking and keeping blood pressure under control are also important.

Treatment is really limited to delaying the progress of the disease at present and helping sufferers to overcome problems as they arise.

#### BLOOD PRESSURE

It is increasingly recognised that doctors terrify and annoy patients and cause their blood pressures to rise — see the first-item-above. Consequently, the measurements of blood pressure that are taken in the consulting room are of limited help in managing treatment. We are now very keen for patients to measure their own BP at home but it is important to correctly use the correct machine.

BP should always be measured with a cuff around the UPPER arm. Devices that are approved by the British Hypertension Society (BHS) or the American Medical Association (AMA) are the ones to go for. The model we use most in the health centre is the AND Model UA-767 which costs about £80.

We will be pleased to offer detailed advice about self monitoring of BP. It is not unusual for treatment to be reduced when patients provide their own measurements.

#### COPYING LETTERS TO PATIENTS

From early in 2004 all GPs and hospital doctors will be required to automatically send copies of letters to patients. This basically good idea is not without difficulties.

A letter from one doctor to another will usually be written in technical terms. Contrary to popular myth, this is not simply to baffle and deceive the public but serves to convey specific technical detail. Sending a specially composed letter in more normal English rather defeats the object of sending copy letters, as well as hugely increasing the workload.

What about husbands and wives who open each other's post? What should we do about teenage girls needing termination of pregnancy for example? Send the copy letter to them, knowing that in some households parents open the post of young people, or should we send copies to the parents? What about people with mental health problems who might be thought to be particularly vulnerable to thinking the worst when reading about themselves.

Enquiries by a number of people have shown that many people like to receive copy letters but a fair few are not bothered. Let us know what you think. There will be more details nearer the time and, we all hope, some of the problems will have been ironed out.

#### CHURCH PAGE

#### **CLERGY MESSAGE**

Gleanings from the Presbytery of St John's Haydon Bridge

If nobody smiled and nobody cheered
And nobody helped us along;
If each, every minute, looked after himself
And the good things all went to the strong;
If nobody cared just a little for you
And nobody thought about me;
And we stood all alone in the Battle of Life,
What a dreary old world it would be.
Life is sweet just because of the friends we have
made,

And the things which in common we share.

We want to live on, not because of ourselves,
But because of the people who care.

It's giving and doing for somebody else
On that all life's splendour depends;

And the joy of the world, when it's all added up,
Is found in the making of friends.

From NEW BEGINNINGS, the Clifton Diocesan Prayer Group letter, summer 1999



A Friendship Blessing John O'Donoghue in Anam Cara

May you be blessed with good friends.

May you learn to be a good friend to yourself.

May you be able to journey to that place in your soul where there is great love, warmth and forgiveness.

May this change you.

May it transfigure what is negative, distant or cold in you.

May you be brought in to the real passion, kinship and affinity of belonging.

May you treasure your friends.

May you be good to them

and may you be there for them.

May they bring you all the blessings, challenges, truth and light that you need for the journey.

May you never be isolated: but may you always be in the gentle nest of belonging with your 'anam cara' - soul friend.

## CHIC T

christians together in haydon bridge
AN INDEPENDENT SUPPLEMENT
TO THE HAYDON NEWS

#### WHO AND WHERE

The names and phone numbers of the clergy who minister in Haydon Bridge

Rev David Hasson, with the Methodist congregation The Manse, Moorview, Haltwhistle 320.051

Father Leo Pyle, with St John's Catholic Church St John's Presbytery, North Bank 684.265

Canon Vincent Ashwin, with St Cuthbert's C of E The Vicarage, Station Yard 684.307



\_scripture union holiday club

Haydon Bridge's churches have again got together this year to to run a Scripture Union children's holiday club. The leader will be Simon Brown from Coventry, with his wife Tommy (joined by their toddler Anna). The 15 or 20 other leaders and helpers come from Haydon Bridge and Hexham.

The whole team are invited to St John's Roman Catholic Church at 9.30am on Sunday July 20<sup>th</sup>, and then to the Methodist (10.00) or Anglican (10.30) church for the rest of the Dedication. Monday to Friday, July 21<sup>st</sup> – 25<sup>th</sup> will be the actual days of the Club. Children (nobody under school age, please) will assemble outside St Cuthbert's on Church Street at 10.00 for the "bandstand", and then go to the three church halls for the different age-groups. Because of stricter Child Protection legislation, parents <u>must</u> fill in their consent forms on the first day, to say that they are happy for their boys or girls to attend.

Details will be distributed at Shaftoe Trust First School, and in the local churches, during July.

#### METHODIST **CHURCH SERVICES**

Sunday July 6th 10.00am Mr R Ford 6.00pm A Reader

Sunday July 13th

10 00am Rev Russell Hilborne

6,00pm United Service at West End Ch

Sunday July 20th

10.00am Rev David Hasson (Sacrament)

6.00pm Father Leo Pyle

Sunday July 27th

10,00am United Service at St Cuthbert's

- outdoors, to end Holiday Club

Revd Vincent Ashwin 6.00pm

Sunday August 3rd

10.00am Mr Roger Anthony 6.00pm Rev David Hasson

Dates of the luncheon club, Women's Own, (fortnightly on Wednesdays), can be obtained from members.

#### HENSHAW CHAPEL TO CLOSE

The Croft Methodist Chapel at Henshaw is to close in the autumn, and some of the members will be transferring to Haydon Bridge. It is sad that membership is now down to single figures, and major repairs need to be done to the church. So the final service will be their Harvest Festival on Sunday September 14th.

#### LOSS TO THE CHURCHES

The churches in Haydon Bridge add their sadness at the news that Mr David Thompson is resigning as head-teacher of the High School. He has been particularly open in wishing to keep open links between the school and the community, and has always seen the churches as part of that community. High School pupils attend a carol service in church, for instance; this is nowadays quite rare. He has also encouraged the RE staff to arrange day courses on subjects like marriage and baptisms, inviting local clergy to take part. We shall miss him when he leaves at the end of December.

The churches will also miss Mr Martin Hoil, head of music at the High School, when he leaves this month (as reported in the last Haydon News). His input at the school carol services has been remarkable; he has worked with Mr Mike Fry, Anne Lambert and others to produce a style of service that speaks to young people today.

#### CALENDAR FOR ST CUTHBERT'S CHURCH

Sat. 5th Gift Day, 9.30 - 11.30am Garden Fete, from 2.00pm

July 6<sup>th</sup> 3rd Sunday after Trinity Holy Communion (Order 2) 8.00am All-Age Service of the Word 10.30am Evensong at the Old Church б.00pm

July 13<sup>th</sup> 4th Sunday after Trinity Parish Communion 10.30am

July 20th 5th Sunday after Trinity Parish Communion 10.30am

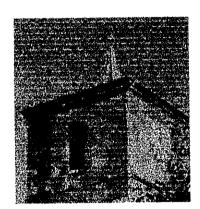
Deanery Evensong, Whitfield 6.30pm

Sat.26th 8,00-12,00 Produce Stall in Hexham Market.

July 27th 6th Sunday after Trinity 8.00am Holy Communion (Order 2) 10.00 Outdoor service, to conclude the Holiday Club.

Wed. 30th 7.30pm PCC meeting

7th Sunday after Trinity August 3rd Holy Communion (Order 2) 8.00am 10.30am All-Age Service of the Word Evensong at the Old Church 6.00pm



Gift Day for St Cuthbert's Saturday July 5th, 9.30 - 11.30am Summer Fete in the church hall grounds, from 2.00pm, July 5th

CAKES, FRUIT, JAMS PRODUCE NEEDED FOR PRODUCE STALL HEXHAM MARKET JULY 26<sup>TH</sup>, FOR RENOVATION FUND



Produce can be brought to St Cuthbert's Church between 6.00 and 8.00 on Friday 25th. Or phone David or Kate Thornhill on 688.255, and one of them will collect your produce early on Friday evening.

The next edition of Haydon News will cover August and September together.

#### SERVICES AT ST JOHN OF BEVERLEY CATHOLIC CHURCH

Mass each Sunday at 9.30am.

Mass at 11.0 at Haltwhistle each Sunday.

Mass on weekdays (except Mondays). at 10.00am, either at St John's or at Haltwhistle.

#### INTER-CHURCH NEWS

The Church of England parish of Beltingham and Henshaw is going to join Christians Together in Haydon Bridge. The executive of Christians Together agreed to this request at their meeting last month. There will soon be no church of another denomination in the Bardon Mill area, so the Church Council, meeting at Henshaw, agreed to join with Haydon Bridge's churches.

Meanwhile, our neighbours at Haltwhistle signed a formal Covenant last month, at a service attended by bishops and other church leaders from the Newcastle area. Father Leo Pyle of Haydon Bridge, and the Rev David Hasson who ministers at our Methodist Church, helped to put together the plans for this initiative.

#### BIBLE STUDIES CONTINUE

The inter-church Bible Study group that follows on the Alpha Course will continue on Wednesday evenings, 2nd, 9th, and 16th of July, 7.30 - 9.00pm in the Methodist Church.

#### ST CUTHBERT'S CHURCH COUNCIL

At its meeting on June 10th, the PCC had a long discussion about the Baptism of babies. Many families are now unfamiliar with church worship, and we wondered whether to end the present practice of having Baptisms as part of the main Sunday morning service.

We decided to continue to ask parents to arrange Baptisms for the morning. This has the advantage of babies and their parents becoming part of the congregation for a short while. Separate afternoon baptisms are quite unconnected with the normal life of the Church; they can also be very short and functional, with no singing. And members of the congregation value being able to pray for the families who come, rather than just hearing about it afterwards. We agreed to produce a more user-friendly service booklet, which concentrates on welcome.