



# THE HAYDON NEWS

NOVEMBER  
2002

Published by The Friends Of Haydon Bridge

**Editorial comment**

Welcome to this, the final issue of 2002. Slightly thinner but just as interesting.

I won't go on about the works still going on to do with the re-generation of Church Street, the Water Board etc, but instead concentrate on the more positive and encouraging aspects in this issue.

As well as the usual advertisers and articles from our regulars, please find details about the forthcoming High School production of *'Sweeney Todd'* (page 10), an *'Alpha'* supper invitation open to everyone (Church page and page 8), and brief details concerning Christmas Cards based on watercolours by our ex-postmaster and produced with the help of an ex-Headteacher in the village (page 7).

As we are entering the season of 'festivities' of one sort or another how appropriate that our GP should indulge in a spot of humour! His attempts can be seen on page 15. Judge for yourself. Is he likely to do himself out of a job, I wonder, if, as the saying goes .. *"Laughter is the best medicine"* How about a *'Joke of the Month'* in future? Contributions very welcome as, indeed are any articles likely to give interest to the village and others outside.

Mention is made in the PC notes (page 4 col.1) of a leaflet produced by the Highways Agency relating to the A69. Pick up a copy at the Co-op and have your say on what should happen. For those who missed the consultation exercise in Hexham, there is a repeat in *Brampton Library on Wednesday 4<sup>th</sup> December from 10 'til 12 then 2 'til 4.30pm.* See you there?

I am hoping to change the look of the *Haydon News* during the next year – nothing drastic but different. I would very much welcome your input if you feel that there should be a section on ... ? Or less of ..? More pictures, etc. etc. My contact details are on page 2.

Finally, on behalf of the 'Friends of Haydon Bridge' have a Merry Christmas, a Happy New Year and let's all look forward to 2003.

*Richard A D Snowdon. (Editor)*

*Notes from the Parish Council Meeting held in the Community Centre (Haydon Bridge)  
Thursday 28<sup>th</sup> November 2002 at 7.30pm.*

**Present were:** 10 Councillors, the Clerk and three members of the public.

The meeting began by welcoming Mr Peter Kerr who is an Officer with the Environment Agency but in particular with issues dealing with Flood Defence.

He began by summarising how and why flooding occurs either through natural causes or by ineffective defences against rising levels of river water. Also global warming has an affect.

His purpose is to bring to people's attention how best to deal with flooding either as individuals or as a village working co-operatively with the Parish Council. He envisages a two-way street involving the village and the Environment Agency.

In Haydon Bridge there are still risks from flooding despite work being done particularly in Martins Close. Talks are underway to review the methods of flood warning to give folk as much time as possible. He stressed that the river here does rise very quickly and people need to be aware of this. Works planned include further strengthening at Martins Close, dialogue with the Caravan Site, reviewing the flood warning trigger levels and to work with the Parish Council to try to identify concerns locally and how best to deal with them.

Mr Kerr felt that there needed to be much more Environmental Awareness issues within the schools and in the businesses and Community Groups.

Councillors raised various concerns. These included: trying to work with the Council to keep drains cleared – not to come along when the roads are flooded!; is the new de-

velopment at Innerhaugh at risk? What about the various pipes discharging into the river, will new backflow valves be fitted? One Councillor mentioned a rather large tree on the south bank upstream from the bridges which is dead and in imminent danger of collapsing into the river and also likely to bring with it a substantial amount of the river bank. Whose responsibility is it to look into this matter? Cllr Mitchell suggested that a joint meeting with the Parish Council, Tynedale and the County Council be convened soon to debate the issues raised.

Cllr Smith welcomed the knowledge that the developers of new houses must install flood protection in appropriate places rather than the Council or whoever, but his concerns centre around the older properties. They need consideration also.

As discussion continued it was suggested that the A69 would flood at some stage with depths from about 3/4" to 5/6". This of course raised the issue of the A69 at the Spa Well. Continuous erosion at the site will very shortly affect this road. How could the Environment Agency intervene? As it is a matter for Roadlink and the County Council, the E.A would intervene where works would impinge on the riverbank.

The Chair thanked Mr Kerr who then left the meeting.

**Public Participation:** 1. A resident at the Showfield asked about the promised Dog Bin. She was told that it had been ordered and that it would be placed on the Langley Road.

2. The same resident asked about the provision of a lamp on the bend as it is very dark. She was assured that provision had been made in next year's budget to have one.

There were no other matters from the Public so the formal part of the meeting continued.

**Matters Arising from previous meeting:** 1. Mr Bates' interests had been duly noted.

2. The Church clock appeared to be working again – a loose wire was reconnected.

3. Concerns were further expressed regarding student transport to Newcastle colleges. Some funding is available but not for everyone which is strange. An issue of what sort of courses were available at the High School was raised but the Chair intervened by saying that this was a matter between the school and the colleges and the PC could not get embroiled.

4. The meeting at the Community Centre on 5<sup>th</sup> November was attended by a number of people to look at, discuss the Tynedale Local Plan. It was a disappointing effort and it was recommended that the Clerk write to the Council expressing deep concerns.

5. Community Punishment as discussed last time. Painting of the underpass is to go ahead and materials will be purchased by the PC. Work to begin on 7<sup>th</sup> December.

6. A quote has been received for the repairs to the bus shelter.

7. Concerns still exist regarding Church Street repairs. Has the work finished? Not yet! Pavements still need to be reinstated to previous standards. Dragging on!

There was nothing to report from the **Tynedale Council meeting**. The two TDC Cllrs felt that the new arrangements were not working and they only seemed to be 'rubber stamping' decisions rather than having the opportunities to discuss issues.

**Highways:** Cllr Charlton and a group went to Hexham to look at the A69 Route Management Strategy consultation document recently published.

The consultants present seemed initially off-hand but relaxed as the day went on. The leaflet highlighting the areas of concern appears to have been produced by a person who seems to know nothing of the problems on this particular trunk road. The leaflet states that ... *the route caters for high volumes of local and tourist traffic, feeding regional areas of employment, shopping and recreation ....* No mention is made of the juggernauts which pound through the village!!

Cllrs are distributing these leaflets in the village. You are welcome to pick up a copy from the Co-op and the PC encourages people to complete and return to the Highways Agency the questionnaire attached.

**Do please get a copy, read it and return the form.**

The Rural Transport Partnership was also raised. It was highlighted that there does not seem to be any cohesion between the various groups. More co-ordination is needed to carry forward plans. People like Helen Winter and Peter Sinclair were mentioned who have crucial roles to play. Also that Haydon Bridge must be involved in any planning stages.

Cllr Smith indicated that he was to Chair a meeting in the Council Chamber (Hexham) on 3<sup>rd</sup> December. Cllr

Charlton will attend.

**Lighting:** Nothing further to report other than that mentioned during the Public session.

**Planning Applications:** A number were tabled and Cllrs did not feel any warranted objections.

**Correspondence:** The Clerk read out a number of letter including one from Roadlink regarding work to be done on the barriers at the end of the Old Bridge. Confusion exists here because TDC thinks the work has been done, the contractors having been paid. However, this recent letter suggests that the work could be done for about £750. Who is right? Cllr Philp will respond to the letter.

Others included a letter from a resident expressing concern at the state of the Old Graveyard; renewable energy initiatives at local level; copies of the Minutes of Allendale Parish Council expressing concerns for the new hospital in Hexham.

**Village Projects:** The proposed site for toilets on the North of the river does not appear to be large enough.

The Wrought Iron gate for the Church yard is ready.

Hordley Acres House: In quite a dangerous state and are there any plans to demolish? How can we find out?

Copies of the Minutes of the Finance Group were tabled and briefly discussed. The precept for the next year was agreed upon.

Brief mention of Shaftoe Park – the proposed new playground – was made. Should be a tremendous asset once established.

**Date of next meeting:** Thursday 19<sup>th</sup> December at 7.30pm

**RADS**

### PARISH COUNCIL MEETINGS

Held on the 4<sup>th</sup> Thursday of each month.

The meeting is usually held in the Community Centre but occasionally goes elsewhere. The notice board, next to the Butcher's shop on Church Street always shows the likely agenda for each meeting and the venue.

The General Public is welcome at the first part of every meeting. Have your say – Brickbats and Bouquets!!

#### HAYDON BRIDGE PARISH COUNCILLORS

Mr D Charlton	684 505
Mrs E Charlton	684 505
( Chair ) Mr E J Faulks	Chesterwood Park
Mrs V A Fletcher	
Mrs E Garrow	684 324
Mrs L Gilhespy	684 632
Mr S B Mitchell	684 980 *
Mr M R Parkin	684 340
Mrs L A Philp	
Mr D C Smith	684 480 *
Mr T J Stephenson	

\* also Tynedale District Councillor

**PARISH CLERK** – Mrs Carole McGivern 688 020

e-mail: carolemcgivern@aol.com

## HISTORICAL NOTES OF HAYDON BRIDGE – Dennis Telford

*My story of the Ridley Estates and our late Queen Mother's connection has covered over 350 years of our local history. It has touched not only our own beautiful countryside but also the huge building which houses the Bowes Museum at Barnard Castle on the south side of the Tees, Streatham Park three miles north east of Barnard Castle, the Gibside Estate in the Derwent Valley and Glamis Castle in Scotland, the Bowes-Lyon's ancestral home*

Following John Bowes' death in 1885 (October *Haydon News*) the Ridley Hall Estate reverted to the main Bowes-Lyon family.

### RIDLEY HALL & THE BOWES-LYON FAMILY: To 1948

Claude Lyon-Bowes, later to become Bowes-Lyon, acceded to the title of 13<sup>th</sup> Earl of Strathmore in 1865. He had married Frances Dora Smith in 1853 and they had eleven children.

The first child born in 1855 was a boy, Claude George Bowes-Lyon. His marriage to Cecilia Nina Cavendish-Bentinck produced ten children including Elizabeth Angela Marguerite who was to become our Queen Mother.

The 13<sup>th</sup> Earl's second child was another boy, Elizabeth's uncle, Francis Bowes-Lyon born on 23<sup>rd</sup> February 1856. Francis married Lady Anne Lindsay in 1883 and Ridley Hall was to become their home.

Ridley Hall had fallen into disrepair as little had been done to maintain it since Susan Davidson's death in 1877, but no expense was spared by the Bowes-Lyon family in renovating and extending William Lowes' original 1773 Georgian house. The work began in 1891 and the architect was Horatio A. Adamson.

The 18<sup>th</sup> century west wing became the kitchens and nine servant bedrooms and the much grander 19<sup>th</sup> century mansion extension provided the main hall, drawing room, Library, dining room and billiard room on the ground floor. Eight bedrooms were provided on the first floor and eight nursery bedrooms and school room on the second floor. The lodge, entrance gateway and drive were built, a walled kitchen garden laid out and greenhouses erected.

And so it was that the Queen Mother's uncle Francis and Aunt Anne took residence in Ridley Hall, along with her seven cousins: Muriel (1884 – 1968); Charles (1885 – 1914); Geof-

frey (1886 – 1951); Doris (1887 – 1918); Winifred (1889 – 1968); Ronald (1883 – 1960) and Lilian Helen (1895 – 1949).

Lady Anne Bowes-Lyon died in 1936. Francis, her husband, died on 18<sup>th</sup> February 1948. During his time at Ridley Hall Francis Bowes-Lyon was President of the Haydon Bridge Flower & Horticultural Society.

Of the seven children, only Ronald and Geoffrey married. Geoffrey Bowes-Lyon had three children, Caroline, (Sir) James and Sarah and the Ridley Hall and Beltingham connection is still alive through his descendants.

Lilian Bowes-Lyon died in 1949, the year after her father, and has left a legacy of published poems and other material.

Muriel Bowes-Lyon is perhaps the best known of the children for her work at Ridley Hall. She re-designed the formal gardens, planting Rhododendrons, Azaleas and other flowering shrubs and filled the woods and grassland with numerous Snowdrop and Daffodil bulbs.

Only one generation of the Bowes-Lyon family lived in the re-built Hall and when Francis Bowes-Lyon died in 1948, the Queen Mother's direct connection with Ridley Hall ended, although her cousins, the Misses Bowes-Lyon 'retired' to live in Beltingham.

### RECAP

#### CLAUDE BOWES-LYON (1824 – 1904)

- 13<sup>th</sup> Earl of Strathmore
- married Frances Dora Smith
- eleven children including Francis of Ridley Hall and George, father of the Queen Mother.

#### GEORGE BOWES-LYON (1855 – 1944)

- 14<sup>th</sup> Earl of Strathmore
- married Cecilia Nina Cavendish-Bentinck
- ten children including Queen Elizabeth, the Queen Mother.

#### FRANCIS BOWES-LYON (1856 – 1948)

- married Lady Anne Lindsay
- seven children

- lived at Ridley Hall
- President, Haydon Bridge Flower & Horticultural Society.

### RIDLEY HALL FOLLOWING THE BOWES-LYON FAMILY

The Ridley Woods still give us so much pleasure in 2002 and that has a great deal to do with those who have gone before us, maybe especially Susan Hussey-Elizabeth Davidson over one hundred and twenty-five years ago. The present Hall is a monument to the Bowes-Lyon family but we should not forget its previous five hundred years of history.

The Estate was eventually sold to the Catholic Trust and from that time the Hall has been used for educational purposes. The Reverend E.A. Evans purchased the Hall for £7,000 and transferred his St. Nicholas' Boys Preparatory School there from Hexham. The school amalgamated with the Clark-Lowes Preparatory School from Featherstone and remained at Ridley Hall for seventeen years.

The lease was taken over by Northumberland County Council and the Hall became a Teachers' Training centre, under the auspicious of the Northern Counties College of Education.

Of course the Hall is now a boarding annexe for Haydon Bridge High School and to bring you right up to date, in September 2002 permission was sought to use Ridley Hall as a venue for marriages. Do they get married before they leave school now?

The Ridley Woods are well known as Allen Banks, having been bequeathed in 1942 to the National Trust who spend £40,000 a year to maintain them and the 'Starward Gorge'. The original walled garden is the car park and picnic area.

### REFERENCES

*Those readers who have followed my notes since the September issue will recognise the complexity of the story. There has been considerable opportunity for me to get my lines of research*

crossed, especially as the sources of reference occasionally appear contradictory. Having re-read the documentary evidence again, and again however, I believe that my presentation over the last three months is factually accurate, bearing in mind that in the interest of clarity I have deliberately omitted a great deal from the most fascinating stories of the Ridley, Lowes, Davidson, Bowes and Lyon family history.

If you are interested in further information,

the following publications have been particularly useful in my research and I am indebted to their authors.

- *A History of Northumberland* (Part II, Vol. III) - John Hodgson (1840)

- *John Bowes and the Bowes Museum* Charles Hardy. (1970)

- *Comprehensive Guide to Northumberland*. Tomlinson (1888)

- *Portrait of Northumberland (1965) & A Northumbrian At Large (1975)*

both by Nancy Ridley.

- *Ridley and Ridley Hall*. A booklet by Tony Storey (2000)

I am aware that some readers of the *Haydon News* use my work to supplement their own research into our locality.

I include the following summary to assist and perhaps clarify my September, October and November 'Historical Notes'

- **MUSGRAVE RIDLEY** - Lands conveyed to the Neville family  
**NEVILLE** family

**JOHN LOWES**. Purchased the original Ridley estates in 1653

**WILLIAM LOWES**. Lived at Crowhall in 1700

**JOHN LOWES**. Eldest son. Willed lands at Ridley Hall.

**William Lowes (1711 - 1783)**  
\* built Ridley Hall in 1773

**Eleanor Lowes (1718 - 1803)**

**Thomas Davidson (? - 1781)**  
\* married 1749

**John Davidson (1750 - 1818)**  
\* married Anne Hutchinson 1797

**John Davidson (1797 - 1842)**  
\* purchased Ridley Hall 1830

**Susan Hussey-Elizabeth Jessup (1794 - 1877)**  
\* married 1824

**Thomas Davidson**

**Martha Helen Davidson (1786 - 1834)**

**George Bowes (? - 1760)**

**Mary Eleanor Bowes (1749 - ?)**  
\* inherited her father's wealth

**John Lyon** \* married 1767  
\* took his wife's name (Bowes)

**Anna Maria Bowes (1770 - ?)**

**Henry Jessup**

**Susan Hussey-Elizabeth Jessup (1794 - 1877)**

**John Bowes (1769 - 1820)**  
\* married Mary Milner the day before he died.

**John Bowes (1811 - 1885)**  
\* son by Mary Milner  
\* lifetime heir to S.H.E. Davidson's estates at Ridley Hall.  
\* Founder of the Bowes Museum.

**Ridley Hall & Estate**  
\* willed to her cousin John Bowes

On John Bowes' death Ridley Hall reverts to Bowes-Lyon family.

It becomes the home of Rt. Hon. Francis Bowes-Lyon (1856 - 1948) the uncle of Queen Elizabeth the Queen Mother.



\* I will reveal the true story of Martha Helen Davidson's Haydon Bridge connection in the New Year 2003.

### NATURAL REMEDIES FOR A HEALTHY BODY

Our packets of fruit, nuts and savoury snacks have been whizzing off our shelves lately as everyone prepares for Christmas and the New Year. Unfortunately there can be side effects from over-indulging in alcohol and rich foods.

Here are some of the ways to ease the problems.

Alcohol depletes the body of **B vitamins** so taking a strong **B100 complex** before going out and the morning after may help to replace what is lost. **Vitamin C** is a good **detoxifier** and again is best taken before and after indulging.

**Evening Primrose Oil's** active ingredient **G.L.A** is often reported to help with a hang-over, because alcohol increases the body's need for **G.L.A**. Up to 3,000 mg. may be taken.

We recommend trying one of two herbs that gained a lot of press last year for helping the **Liver**. **Milk Thistle** and **Artichoke**.

**Milk thistle** may help to counteract the harmful effects of alcohol on the liver, it helps the liver to rid itself of toxins and research has shown it to be capable of regenerating injured **Liver** cells. **Artichoke** aids the **gall bladder** and liver and many of our customers tell us it can give quick relief for abdominal pain, heartburn, bloatedness and wind.

The Americans swear by **charcoal capsules** for helping hangover symptoms. (It also helps to absorb gas and we have customers who give charcoal biscuits to their dogs too!)

**Peppermint or ginger capsules** are popular for reducing **nausea and indigestion**. The homeopathic remedy **NUX VOM** is reported to be good for people suffering from oversensitivity to noise, lights, children or music, it may also help calm bloodshot eyes, headaches and stomach upset.

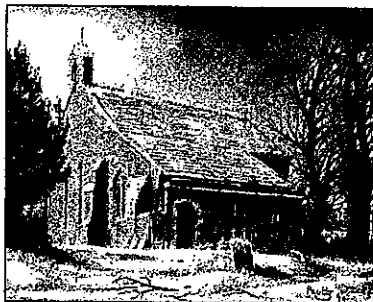
It is important to remember that excess alcohol dehydrates the body so it is essential to keep drinking water to **rehydrate** the body. Some people add a **water soluble vitamin C tablet** to one glass.

**Important:** Pregnant Ladies, anyone taking prescription medication, or anyone under medical supervision should consult their Doctor before using complimentary therapies.

**All the best for the festive season.**

**Wishing you all a happy and healthy New Year.**

**Jill I. Henderson. Holland & Barrett.**



*Season's Greetings from Haydon Bridge*

## Christmas Cards Of Haydon Bridge.

Based on watercolours by Tony Petts.

Three different designs are available. These can be seen in the Community Centre window or on the notice board. Order forms can be obtained from inside the Community Centre and left in the box provided. There are 2 sizes A5 and A6

**25p**

From the sale of each card  
will go to the Community Centre.

**What is the point of life?**

**What happens when we die?**

**What relevance does Jesus have for our lives today?**

**How do we deal with guilt?**



*If you would like to explore any of these questions, then Alpha is for you.*

## What is Alpha?

**A**nyone interested in finding out more about the Christian faith.

**L**earning and laughter. It is possible to learn about the Christian faith and have fun at the same time.

**P**asta & pudding. Eating a meal together gives people an opportunity to get to know each other.

**H**elping one another. The small groups give you a chance to discuss issues raised in the talks.

**A**sk anything. Alpha is a place where no question is regarded as too simple or too hostile.

## What's involved?

The Alpha course consists of a series of talks looking at topics such as 'Who is Jesus?' and 'Why and how do I pray?' After each talk we divide into smaller groups and discuss any questions raised from the talk.

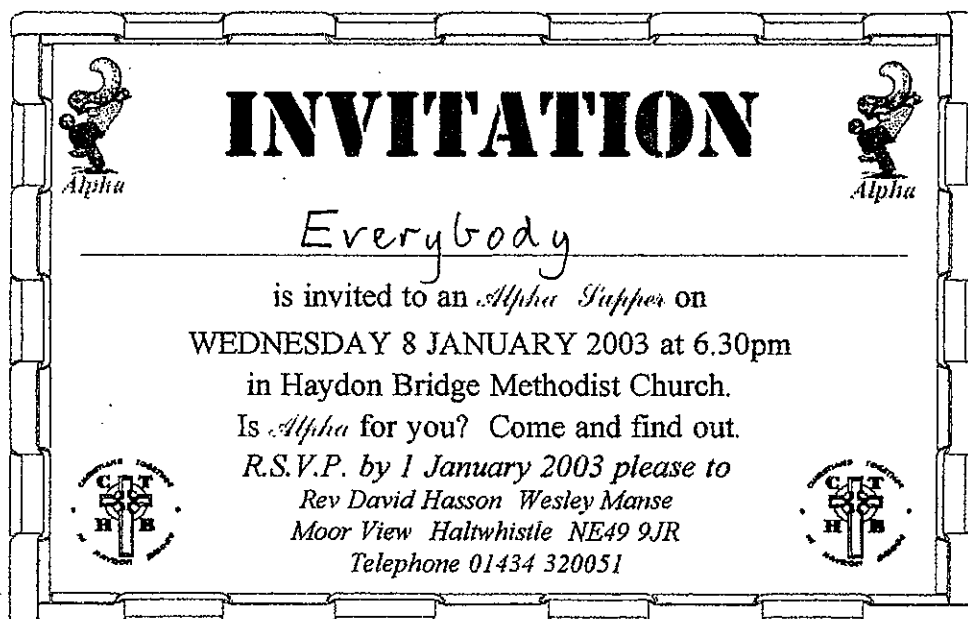
## Who is Alpha for?

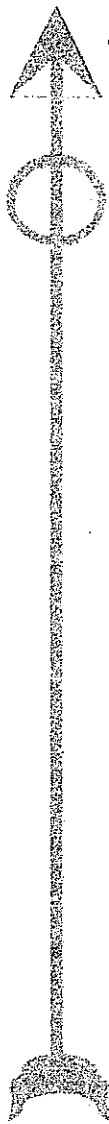
Alpha is for everyone. It particularly caters for:

- Those wanting to investigate Christianity
- Newcomers to the church
- New Christians
- Those who want to brush up on the basics

## What will it cost?

There is no charge for the Alpha course.





## Alms House Charity of John Shaftoe

### ARE YOU IN NEED OF A MORE SUITABLE HOME?

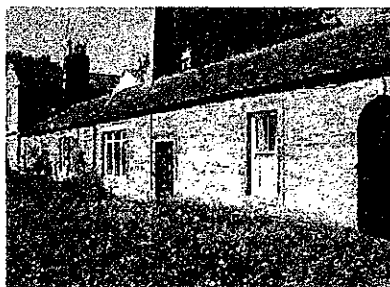
- \* Are you a resident of Haydon Bridge?
- \* Are you at least 60 years of age?
- \* Are you able to show a genuine need for more suitable accommodation?

### IF SO

\* we can offer you a delightful one bedroom unfurnished cottage in pleasant and friendly surroundings on Shaftoe Terrace.

For more detailed information and an application form please ring:

01 434 688 971



*Look to the Trustees, Mr. John Shaftoe, for more information.*  
*Phone: 01 434 688 971. Please note that the cottage is unfurnished and the rent is £40 per week.*

1095

### HAYDON VIEW Residential Care Home North Bank, Haydon Bridge

Long Term Residential Care  
Respite/Holiday/Day Care  
For more information please contact  
Chris or Audrey Kay

Tel: 01 434 684 465

### CARTS BOG INN

Good Food  
Good Drink  
Good Times

### OPENING HOURS

Weekdays: 12 – 3pm  
5pm – 11pm  
(MON. 6.30pm – 11pm)

Weekends: ALL DAY  
(from 12noon)

Food Served: 12 – 2.30pm  
6.30 – 9pm

Telephone: 01 434 684 338

### YOGA Community Centre

beginning  
Wednesday 30<sup>th</sup> October  
(for 6 weeks only)

9.30am – 11.00am

Open to everyone

### HAYDON BRIDGE POPPY APPEAL

This year's grand total was:

**£1116.78**

Many thanks to all who helped  
and contributed.

Camilla Royds

### BOWMANS PHARMACY CHRISTMAS & NEW YEAR OPENING

24 December - Normal opening  
25 December - CLOSED  
26 December - 10.00 - 11.00  
27 December - Normal opening  
28 December - Normal opening  
29 December - CLOSED  
30 December - Normal opening  
31 December - Normal opening

01 January 03- CLOSED  
02 January - Normal opening

### EMERGENCY ONLY

Prescriptions marked **"URGENT"**  
by the doctor please phone:

**01 434 684 442**

FROM WEDNESDAY 30<sup>th</sup> OCTOBER, THE COMPUTER FACILITY IN THE COMMUNITY CENTRE WILL BE OPEN FOR CASUAL USE ON WEDNESDAY EVENINGS BETWEEN 6.30PM AND 9.30PM ALSO ON SATURDAY MORNINGS BETWEEN 9.30AM AND 12.30PM. PLEASE FEEL FREE TO COME AND USE THE COMPUTERS DURING THESE TIMES.

WE WOULD LIKE THE COMPUTER FACILITY TO BE AVAILABLE MORE REGULARLY, HOW-

EVER, IN ORDER TO DO THIS WE NEED THE HELP OF A COUPLE OF VOLUNTEERS, WHO IDEALLY WOULD HAVE SOME BASIC KNOWLEDGE IN COMPUTERS AND WHO COULD OFFER A COUPLE OF HOURS EACH WEEK.

IF YOU FEEL THAT YOU CAN HELP IN SOME WAY WITH OUR COMPUTER FACILITY PLEASE CONTACT:



VALERIE OR BRIAN BELL ON  
01 434 684 705



**LANGLEY WOMENS INSTITUTE**

Langley members welcomed Dr. Alan Donaldson, a scientist, who talked about life on a desert island.

The island on which he lived for a year was ALDABRA in the Indian Ocean. It lies halfway between the coast of Africa and Madagascar.

Aldabra is the largest atoll in the world and has been listed as a World Heritage Site with five times as many Land Tortoises than can be found on Galapagos amounting to some 200,000. Also found on the island is the last flight-less bird of the Indian Ocean, the White-Throated Rail.

The talk was accompanied by wonderful slides of Frigate birds, Red-footed Boobies, Egrets, Turtles and other wild-life including sharks.

The atoll rises some eight metres above sea level and is mushroom-shaped. The northern portion of the atoll is rimmed with mangroves around a large, shallow lagoon which empties twice a day. On a wet, bitterly cold night this very hot place was very comforting!

During the business meeting the Pie & Pea Supper on the 22<sup>nd</sup> November was discussed and boxes were covered with attractive paper for Raffle Hampers.

Also, arrangements were made for the Christmas Party.

The competition, "A Shell" was won by Doreen Davidson and second was Frances Wise.

The Raffle was won by M. Bowen.

*Myra Bowen.*

**DANCE CLUB NEWS**

The Dance Club spent the night of Friday 29th November at the Gilsland Spa dancing to the Jimmy Lindsay Broadcasting Band.

The trip and dance was paid for out of the Lottery Funds.

I would like to thank all who sent me 'Welcome to Your New Home' and, at the same time, 'Get Well Soon' cards.

Special thanks to Josie and George for their help after I came home from hospital.

Margaret and Albert are back after a few weeks absence, also Christine and Philip.

Nan is having back trouble at the moment and unable to attend.

*DJ - Jim Biggs.*



Registered charity No 203644

**Loving new homes**  
are always needed for the many stray and abandoned cats and kittens that come into Cats Protection care.

If you would be interested in giving one of them a much needed new start in life please contact  
Kathryn on:  
**01434 684170**

**HAYDON BRIDGE HIGH SCHOOL**

Presents:

**SWEENEY TODD**

Music & Lyrics by Stephen Sondheim

School Hall

7.30pm

Wednesday 4<sup>th</sup> December 2002

Friday 6<sup>th</sup> December 2002

Saturday 7<sup>th</sup> December 2002

**Tickets: £5 Adult**

**£2.50 Concessionary**

**OVER SIXTIES CLUB**

Sixteen members attended and apologies were accepted from Mrs Turnbull and Mrs Reid. Two new members were welcomed, Mrs Gillespie and Mrs Franklyn. Members wished Mrs Stewart a very "HAPPY BIRTHDAY" and gave a warm welcome to Mrs Routledge on her return after a long illness.

Arrangements were concluded for the Christmas Lunch at the 'Haydon Hotel' on Tuesday 26<sup>th</sup> November. It was arranged that Billy Scott would provide the transport.

The Speakers were Sylvia Mitchell and Joyce Sim who delighted everyone with their performance of favourite poems ending with 'Albert and the Lion'.

A vote of thanks was given by Mrs Stewart who presented the two ladies with a pot of Hyacinths each.

The next meeting will be the Christmas Party on 4<sup>th</sup> December at the Community Centre from 2.00pm to 4.00pm.

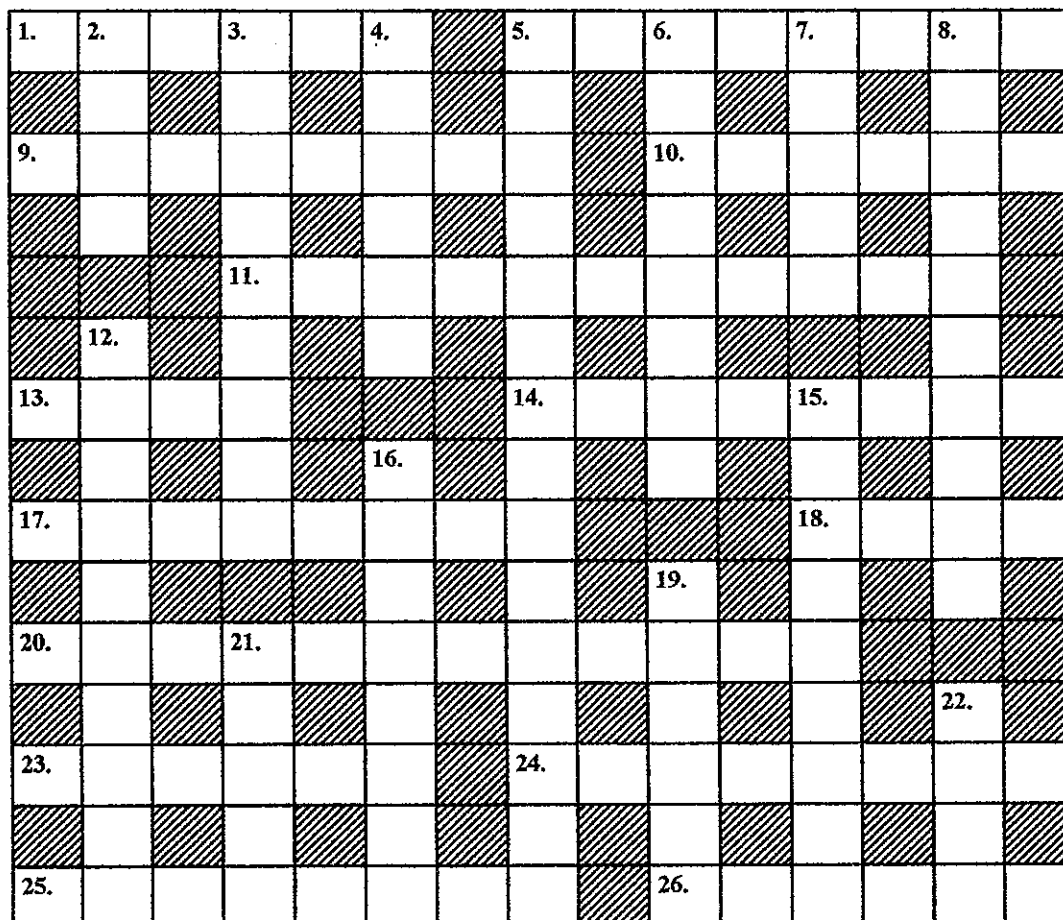
*Myra Bowen*

## The £10 Crossword

NAME: .....

ADDRESS: .....

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Entries to be received by the Editor on or before MONDAY 20<sup>th</sup> January 2003.**Best of luck**

Please hand in your entry to:  
any of the businesses indicated at the top of Page 2  
or by post to: The Editor, Wheelstands, Woodhall Mill, Haydon Bridge, NE47 6AS


**ACROSS**

1. Rodent seated in layers. (6)
5. Site of local industrial landmark. (8)
9. Award meat in E. Midlands town. (8)
10. A J author. (6)
11. Endless tear driers. (5,6)
13. Residence of elderly mother. (4)
14. E. African country. (8)
17. Bond medic. (6,2)
18. Come with a price. (4)
20. I drain dam to create head dress. (7,5)
23. Cupboard. (6)
24. End radio in religious ceremony. (8)
25. A diagonal approach with scissors. (5,3)
26. Smoothly. (6)

**DOWN**

2. Byzantine city. (4)
3. Go for this to cancel contract. (9)
4. Capital has net. (6)
5. Early parliamentarian? (5,2,8)
6. Strip. (8)
7. Cornish town round bend may need fixing. (5)
8. Restrains. (5,5)
12. eg. Pepys. (10)
15. Exclude Socrates & I. (9)
16. Distracted. (8)
19. Duck walk. (6)
21. O T hero. (5)
22. Erect veg in boat song. (4)

**Solution to Crossword number 25 will be found on page 14**

**Welcome to**  
 **Broadband**

**Registration Up-date as at:**  
**Wednesday 27<sup>th</sup> November 2002**

**20**

### **THE BOWEN TECHNIQUE**

**EFFECTIVE TREATMENT FOR  
 SPORTS / WORK RELATED INJURIES**

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 STRESS & TENSION,  
 HAY-FEVER & BRONCHIAL SYMPTOMS  
 GENERAL RELAXATION AND BODY BALANCING

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**A.D.A.P.T.**

**Action by Differently Abled People in Tynedale**

**Would you like to put some of your spare time  
 into driving for our Community Transport  
 Scheme?**

It's a good chance to meet people and get involved in the community. We provide full training, ongoing support and we cover all volunteer expenses.

If you aged between 25 and 70 and have held a full licence for over two years, why not give us a ring?

For more information telephone Bob or Ian on:

**01 434 606 156**

**Minicom: 01 434 607 202**

*Patron: Henry Straker (Spirit of Enterprise Award 1997)  
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### **JULIA TEASDALE BA., D.Pod.M., and Associates**

**State Registered Chiropodists & Podiatrists  
 Members of the Society of Chiropodists & Podiatrists**

Treatment available at the Haydon Bridge Health Centre

and 25, Burswell Avenue, Hexham  
 Also Home Visiting is available

**For appointments and enquiries.  
 Telephone: 01 434 608 612**

### *THE MEETING PLACE*

AT

**THE METHODIST CHURCH**

Come and Join your friends for  
 Coffee and Refreshments on  
**Tuesdays and Thursdays 10am – 12 noon**

FAX facilities

**Warm welcome to all**

### **HAYDON BRIDGE UNITED ASSOCIATION FOOTBALL CLUB**

**HBUAFC** hold their monthly meeting on the first Tuesday of every month at 7:30pm in the Lounge of the *Railway Hotel* where representatives of every football team in the village are invited to attend.

This meeting is also open to members of the public.

**NEED HELP WITH  
 Tax Returns, Accounts, Book-keeping etc ?**

Ring

**BASSETT HERRON & CO.**  
 Chartered Accountants  
 3, Market Street, Hexham

**Tel: 01 434 605 666**

**We Can Help YOU**

### **Committee of the 'Friends of Haydon Bridge'**

Charles Thomas ( Chairman )	Mike Parkin ( Vice Chairman )
Elena Parkin (Secretary)	Alastair Bowen (Treasurer)
Pauline Tulip	Sylvia Mitchell
Louis Parkin	Jacqueline Outterside
Richard Snowdon (Editor)	

**PLEASE SUPPORT YOUR LOCAL SHOPS. THEY NEED OUR CUSTOM TO SURVIVE.**

## **HAYDON & ALLEN VALLEYS MEDICAL PRACTICE**

**( Haydon Bridge Health Centre )**

Monday to Friday: 8.00am to 12.00 noon  
2.00pm to 6.00pm

Doctors consult from: 8.00am to 11.00am  
3.00pm to last appointment at 5.30pm

All phone calls for appointments and visits, including 'out of hours':

**01 434 684 216**

All phone calls for dispensing or prescriptions:

**01 434 688 351**

E-mail address: **sford-hb@dircon.co.uk**

Web-site: **www.sford-hb.dircon.co.uk/hc**

## **Tynedale Citizens Advice Bureau**

We hold a free, confidential, independent advice and information session at:

**The Health Centre, Haydon Bridge  
on Monday afternoons  
from 2.00pm until 4.00pm.**

We can give you advice and information on:

Social Security Benefits	Money Problems
Consumer Rights	Problems at work
Relationship issues	Housing
Employment	Legal Proceedings

And much more .....try us!

We can help you fill in forms, draft letters, negotiate by telephone or letter, and prepare Social Security reviews or appeals.

Ring the Health Centre ( **01 434 684 216** ) to make an appointment or, if required, to arrange for a home visit.

## **MUSIC and MOVEMENT**

Calling all Mums! Did you know that there is a Music and Movement group running in Haydon Bridge?

We meet at the Methodist Church on Friday afternoons ( 1.10pm and 1.50pm ) during term time.

This is a fun get-together for Mums and pre-school children alike which involves singing, instrument playing and movement with coffee and orange juice served afterwards.

Please contact **Susie Steven** on:

**01 434 674 260** for further details.

## **ACHES and PAINS?**

Do you or your pet suffer from aches or pains?

Why not wear a **MAGNETIC** product?

With a money back guarantee, it must be worth a try.

For more information contact:

**Iris Stafford Four Winds**

Heugh House Lane  
Haydon Bridge  
NE47 6ND

**Telephone / Fax: 01 434 688 014**



*Fourstones  
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Excellent Home-made Lunches (12 - 3)

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Quiz Night every Thursday (8.30 on)

Regular live music from the NE's top entertainers

**Contact Malcolm or Rebecca for information**

## **IAN BURROWS Carpentry**

**All types of work undertaken**

**\* Purpose made joinery**

**\* UPVC Windows & Doors**

**\* Free quotations/ Estimates**

**Tel: 01 434 684 623 Mobile: 07748 734 673**

## **HAYDON BRIDGE JUDO CLUB.**

Keep Fit and Have Fun!  
Young and Old welcome.

On Tuesdays at Haydon Bridge High School

Juniors: 6pm - 7pm

Seniors: 7pm - 9pm

BJA Qualified Coaches

Contact Michael on: **01434 684 783**



# **Everest**

## **FIT THE BEST**

**Windows & Doors, Garage doors**

**Conservatories & Roof line.**

**Kevin Welton Tel: 016977 41327**

**WHIST DRIVES***Langley Village Hall*Fortnightly on Saturdays  
at 7pm.50p entrance  
(Everyone welcome)*Solution to crossword ( 25 )**Entries were received from:*

Jean Ford  
 Irene Hopkinson  
 B. Pearson  
 Rene Armstrong  
 Trevor Corbett  
 A. Phillips  
 Rosemary Shout  
 A. M. Scott  
 Susan Stephenson  
 Philida Irving  
 Dennis Telford  
 Denis Bell  
 Maureen Robson

**TINY TOTS***From Birth to 3 years.*

The sessions, run on Tuesday and Thursday mornings, from 9.15 to 11.15 at St. Cuthbert's Church Hall, aim to provide a friendly environment where parents / carers can meet, have a coffee and chat, whilst the children play and have fun.

Cost: £1 for the first child, 50p for each additional child.

For further information contact

Gina Davidson on: 01 434 684 918 or call in at one of the sessions.

**PLAYGROUP - From 2 years 6 months**

Playgroup currently runs on Monday and Friday mornings from 9.15 to 11.45. Each session provides your child with the opportunity to learn through play and to experience a wide range of activities. Children learn, through play, to communicate effectively and happily, at their own pace, with other children and adults. Playgroup is run by a qualified Nursery Nurse Teacher plus assistants.

Cost: £3 per session.

For further information contact Gina Davidson on: 01 434 684 918 or call in at one of the sessions.

St Cuthbert's Playgroup is a member of the Pre-School Learning Alliance.



£10 winner out of the hat:

**A. Phillips**

A	B	R	S	A	S	S	D
M	A	I	Z	E	N	E	G
I	K	D	U	U	I	B	A
S	H	I	N	I	N	G	E
H	N	N	T	O	A	A	
W	I	C	K	M	E	R	C
H	H	G	N	O	A	A	
V	I	N	E	G	A	R	A
T	Q	L	N	A	C	A	
A	S	S	U	R	A	N	C
U	E	Y	H	X	S		
S	N	O	R	I	N	G	P
H	A	N	L	E	O	M	O
A	S	S	O	C	I	A	T
P	T	A	D	P	S	T	Y

**'THE FRIENDS OF HAYDON BRIDGE'**

Formal Committee Meetings are held at 7.30pm on the **MONDAY** before the fourth **THURSDAY** of each month at The Community Centre, Haydon Bridge.

*(The General Public is welcome at the first part of every meeting.)*

Any items for discussion must be notified in writing to the Chairman one week in advance of the meeting so that Committee members can be advised, enabling worthwhile discussion to take place. The Chairman will then advise the person concerned of the right to attend.

**EDITORIAL POLICY OF THE HAYDON NEWS**

The editorial policy of the *Haydon News* is ultimately the responsibility of the Committee of the 'Friends of Haydon Bridge', although day-to-day responsibility is delegated to the Editorial Committee of the *Haydon News*. Our intention is always to ensure that the content of the *Haydon News* is as fair and factually correct as possible. Any complaints concerning editorial policy should be addressed in writing to the Chairman of the 'Friends of Haydon Bridge', and will be considered by and receive a formal response from the Committee of the 'Friends of Haydon Bridge'. Complaints other than those made above will not be entertained.

The Editorial Committee reserves the right to decide which letters are to be published, and to alter or shorten letters when necessary. Anonymous letters will NOT be published. A nom-de-plume may be used provided that the Editorial Committee has been advised of the writer's name and address.

Charles Thomas, (Chairman)  
 South View, Heugh House Lane,  
 Haydon Bridge, NE47 6ND

**DEADLINE:** All contributions to the *Haydon News* to reach the Editor no later than Monday 20<sup>th</sup> January 2003.

**GOING IN AND OUT OF FASHION.**

Nothing in medicine should ever be taken as the last word – including this statement. Fads and fashions afflict medicine in exactly the same way as they bear on any other aspect of life. Last year's fashionable hem length is this year's fashion disaster. The greatest scientific breakthrough since breakfast is inevitably overhauled by the greatest scientific breakthrough since lunch.

The sole remaining sensible position for the alert citizen to take is one of balance and moderation. Every alcoholic drink a woman takes increases her chance of getting breast cancer we are now told and in the next paragraph we read that wine, in moderation, protects against dementia whereas beer does not. Previously I have mentioned that the benefits of wine drinking seem to be equalled by the consumption of red grape juice. Confusion reigns.

A high cholesterol reading appears to be 'a bad thing' but doubts are now a being expressed about potential problems arising when cholesterol falls too low. The statin group of drugs, used for lowering cholesterol, seem to exert a beneficial effect even in people with a cholesterol reading within acceptable levels before treatment. Diet plays some part in lowering cholesterol levels but cannot be relied upon alone and it should never be forgotten that the body needs some cholesterol to function properly anyway.

Eating fish regularly confers useful health benefits but there's none left in the local oceans.

It is much easier to identify problem dietary habits than it is to confidently define the ideal diet. People who rarely or never eat fresh fruit and/or vegetables are missing out on important nutrients but may go for a very long time before becoming overtly unwell. People who subsist on burgers, chips and beer will probably get by for years but they are storing up problems for themselves later. Little old ladies who partake of nothing more adventurous than jam sandwiches and tea will not enjoy the best of health and will lack the vigour of their more diet aware contemporaries.

Strict vegetarianism can be nutritionally disastrous if not done with proper thought and planning. Done well, it can be sustained for life with the added benefit of some sense of moral accomplishment and ecological rectitude.

Recent investigations reveal that cooking itself may create harmful chemicals in our food, especially high temperature cooking like frying or grilling or baking.

The majority of people living a westernised lifestyle, whether rich or poor, are overweight because we eat more than our bodies require and are too inactive. This predisposes us to many health problems that are avoidable.

There are some Japanese islands where the natives are noted for their exceptionally long life spans and striking resistance to many of the 'diseases of decadence' to which we are so prone. A feature of their culture is a lifelong habit of eating no more at a meal than that which partly satisfies their hunger – they never eat 'til they are full. They have a great deal of seafood in their diet, rice, vegetables and little meat. There is little fat or salt in the diet, no added sugar, no processed foods and their cooking processes are basic and brief.

A diet rich in fruit and vegetables, sufficient to keep our weight within a desirable range, accompanied by moderate wine consumption and increased exercise seems the happy medium and should not be hard to do – cheaper in fact, probably. All that's missing for most of us is the discipline to adhere to it and there we drift into the realm of psychology, metaphysics and cultural considerations.

If only life were simpler...

**FOOD WITH A DIFFERENCE**

There are many things that I would hesitate to eat whilst abroad but then again, why be boring?

Prosaic foods can be entertaining, such as the elaborately and beau-

tifully garnished fish finger that was served with spectacular élan as an entrée in Gambia. Fried flying fish sandwich is a Caribbean favourite that is cheap, nutritious and delicious but beware the chilli sauces that sometimes accompany them – I had terminal mouth for hours. In Iceland we spied 'Puffin in chocolate' and 'Cormorant en croute' but on that occasion we restrained ourselves.

Closer to home, I have never had a duff meal in any village or local restaurant. I was, however, subject to whole new experience recently at The Cart's Bog, which is under new management. I was kissed Good-bye by the Maitre d' – the food was excellent too!

Reception and atmosphere is so important but any male Maitre d' hoping to duplicate the pleasing effect may receive a different response – whiskers rasping together just doesn't do it for me at all.

**FROM 'THE INDEPENDENT' 27 October 2002**

'The earlier a woman has sex, the less stressed she is as an adult, scientists have discovered. When they questioned women about their sexual history and tested them for levels of a stress hormone, they found that the lowest levels were among those who had sex the earliest. A similar but smaller effect was found for men.

In the research, carried out at the University of Tübingen in Germany, volunteers completed questionnaires, and had their saliva tested for levels of cortisol before and after they were exposed to the stresses of preparing to speak in public to strangers for five minutes and perform mental arithmetic aloud. The body secretes increased amounts of cortisol in response to stress. Stress levels were up to 60 per cent lower in women who lost their virginity before their 18<sup>th</sup> birthday.

The scientists, who report their findings in the journal *Psychoneuroendocrinology* this week, say an early age for first sex might be a marker for a genetic predisposition to react less to stress. Another theory is that a woman who has sex early in life is likely to have more frequent intercourse which itself results in a reduced response to stress.' A career in research has so many possibilities. Now that we have this information what should we do about it? Answers on a post card please.

**A LAZY SPACE FILLER FROM THE NET...**

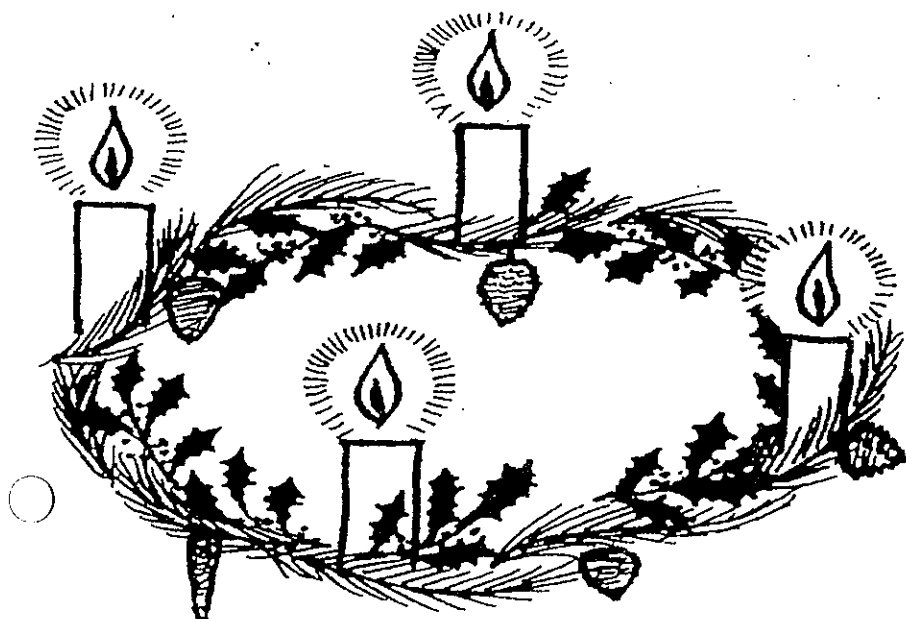
Now that I'm 'older' (but refuse to grow up), here's what I found

1. I started out with nothing, and I still have most of it.
2. My wild oats have turned into prunes and All Bran.
3. I finally got my head together; now my body is falling apart.
4. Funny, I don't remember being absent minded...
5. If all is not lost, where is it?
6. It is easier to get older than it is to get wiser.
7. The only time the world beats a path to your door is when you're in the bathroom.
8. If God wanted me to touch my toes, he would have put them on my knees.
9. It's not hard to meet expenses ... they're everywhere.
10. These days, I spend a lot of time thinking about the hereafter ... I go somewhere to get something and then wonder what I'm here after.

**THE PARTNERS AND STAFF OF THE  
HAYDON & ALLEN VALLEYS MEDICAL  
PRACTICE WISH THE ENTIRE  
COMMUNITY A VERY HAPPY  
CHRISTMAS AND NEW YEAR.**

*The Health Centre will be closed on:  
Christmas Day, Boxing Day & New Year's Day*

# Circle Time!



Advent is a waiting and watching time. It is the season which invites the Church to gather up the story of its past, present and future and wonder at it all over again. It is a time when adults can learn from little children. Way before they can read, children know their favourite stories by heart and know

God  
so loved the  
world

at once if anything is missing or forgotten. Advent invites us to revisit the heart of the Christian story: *God so loved the world that God gave God's Only Begotten Son so that whoever believes will live forever.* Advent calls us back to the beginning so that the present may be lit up by hope of the joy to come.

Christians Together in Haydon Bridge send you

## **CHRISTMAS GREETINGS**

and invite you to worship with them



Sunday December 22nd  
6.00pm United village Carol Service  
St Cuthbert's C of E Church

**Christmas Eve**  
4.00pm United village Crib Service  
Methodist Church  
10.00pm Christmas Vigil Mass  
St John's R Catholic Church  
11.30pm Midnight Communion  
St Cuthbert's C of E church

**Christmas Day**  
9.30am Christmas Day Mass  
St John's R Catholic church  
9.30am Christmas Family Service  
Methodist Church  
10.30am Festival Communion  
St Cuthbert's C of E church

Sunday December 29th  
4.00pm Year-end Carols; the Old Church

## CHURCH PAGE

**AN INDEPENDENT  
SUPPLEMENT  
TO THE HAYDON NEWS**

November/December  
2002 – January 2003



**CHRISTIANS TOGETHER IN  
HAYDON BRIDGE**

◀ Clergy Message from  
Father Leo Pyle

### WHO AND WHERE

The names and phone numbers of the clergy who minister in Haydon Bridge

Rev David Hasson, with the  
Methodist congregation  
The Manse, Moorview, Haltwhistle  
320.051

Father Leo Pyle, with St John's  
Catholic Church  
St John's Presbytery, North Bank  
684.265

Canon Vincent Ashwin, with St  
Cuthbert's C of E  
The Vicarage, Station Yard  
684.307

## METHODIST CHURCH SERVICES

### Sunday December 1<sup>st</sup> Advent

10.00am Rev David Hasson

6.00pm Rev P Walker

### Sunday December 8<sup>th</sup>

10.00am Rev. G Hall; toy service

6.00pm Mrs S Hall

### Sunday December 15<sup>th</sup>

10.00am Mrs EM Charlton

6.00pm Rev David Hasson, Sacrament

### Sunday December 22<sup>nd</sup>

10.00am Rev David Hasson, family ser.

6.00pm United Carol Service, St Cuth

### Christmas Eve

4.00pm United Crib Service

### Christmas Morning

9.30am Rev David Hasson, family serv

### December 29<sup>th</sup>

10.00am Mrs Lilian Ridley

6.00pm Local arrangements

*Details of January services were not available when we went to press.*

### Farewell and thank you

At the end of January, David Matthews ends his three-year term as youth worker in the village. David was recruited by the Methodist Church, but sponsored by all the churches, who all had representatives on the management group.

David has worked in many schools in the Haydon Bridge and Hexham catchment area. He has also worked with children and young people in the village. Working with the youth and community department of the High School, he has been part of a group that opened a new youth club in the Community Centre.

On Sunday January 12<sup>th</sup>, David will be invited to a Family Service in the Methodist Church. The Rev David Hasson, on behalf of all the churches, will make a presentation to David Matthews.

### Park your car early!

On Sunday evening December 1<sup>st</sup>, Haydon Bridge Methodist Church is hosting a service for the whole Circuit, to welcome the Rev P Taylor. He comes from the British Church Growth Association. There will no services in any other Methodist Church that evening, this side of Cumbria, Consett or Newcastle!

### Toys 'R Them

The Methodist Church are hosting a toy service on December 8<sup>th</sup>, with the chance for toys to be given to the needy. Already the churches in the village have sent away shoe-boxes for the appeal for children in Eastern Europe.

## CALENDAR FOR ST CUTHBERT'S CHURCH

### December 1<sup>st</sup> Advent Sunday

8.00am Holy Communion (Order 2)

10.30am All-Age Service of the Word (Dr Lindsay Gray)

Tue. 3<sup>rd</sup> Mothers' Union dinner

Wed. 4<sup>th</sup> Alpha Training III

### December 8<sup>th</sup> 2<sup>nd</sup> Sunday of Advent

10.30am Parish Communion & Sermon & farewell to Dr Lindsay Gray

### December 15<sup>th</sup> 3<sup>rd</sup> Sunday of Advent

8.00am Holy Communion (Order 2)

10.30am Morning Prayer & Sermon

Fri. 20<sup>th</sup> 9.15-12.00 High School

Carol Services, I, II, III

### December 22<sup>nd</sup> 4<sup>th</sup> Sunday of Advent

10.30am Parish Communion & Sermon

6.00pm Village Carol Service

### Christmas Eve/ Midnight

11.30pm 'Midnight Communion'

### CHRISTMAS DAY

10.30am Festival Communion & Sermon

### December 29<sup>th</sup> Sunday after Christmas

10.15am Benefice Communion

Mon. 30<sup>th</sup> 7.00pm Recital in church

### January 5<sup>th</sup> Epiphany Sunday

8.00am Holy Communion (Order 2)

10.30am All-Age Communion/Address

Tue. 7<sup>th</sup> 7.30pm Church Council meets

Wed. 8<sup>th</sup> 6.30pm Alpha Course begins

### January 12<sup>th</sup> The Baptism of Christ

10.30am Parish Communion & Sermon

### January 19<sup>th</sup> 2<sup>nd</sup> Sunday of Epiphany

8.00am Holy Communion (Order 2)

10.30am Morning Prayer & Sermon

Wed. 22<sup>nd</sup> 7.00pm H.Comm'n. 7.30 MU

### January 26<sup>th</sup> 3<sup>rd</sup> Sunday of Epiphany

10.30am Parish Communion & Sermon

### February 2<sup>nd</sup> The Presentation of Christ

8.00am Holy Communion (Order 2)

10.30am All-Age Communion/Address

### Presentation to Lindsay Gray

On Sunday December 8<sup>th</sup>, a farewell presentation will be made to St Cuthbert's Reader, Lindsay Gray. This will take place at the end of the 10.30 Parish Communion. Lindsay has been active in preaching, leading worship, and helping us to think (!), for over ten years. Speaking at last month's Parochial Church Council meeting, she paid tribute to the support she had received from St Cuthbert's congregation, as she took her ministry forward.

## SERVICES AT ST JOHN OF BEVERLEY CATHOLIC CHURCH

Mass each Sunday at 9.30am.

Mass at 11.0 at Haltwhistle each Sunday.

Mass on weekdays (except Mondays), at 10.00am, either at St John's or at Haltwhistle.

### SOME INTERNATIONAL PRAYERS

#### *from Martin Luther King, USA*

Now to Him who is able to keep us from falling, and lift us from the dark valley of despair to the bright mountain of hope, from the midnight of desperation to the daybreak of joy; to him be praise for ever and ever.

#### *from the Corrymeela Community, Ireland*

God our Mother and Father, be with us as we learn to see one another with new eyes, hear one another with new hearts, and treat one another in a new way.

#### *from a Christian in Bangladesh*

One unforgettable day, dear God You reached down to where I was and lifted me up to where you are. And we have been inseparable from that moment to this.

#### *from an English Christian*

Unsleeping Friend, when I come to the end of my strength, and my work has no blessing in it, help me to remember You, to reach for the hand of a Friend, and find your love is there.

### Concert for the Renovation Fund

Bass-baritone Andrew Ashwin will be performing a recital of popular classical music on Monday December 30<sup>th</sup> at St Cuthbert's at 7.00pm. The £3.50 tickets include mulled wine and mince pies.

Andrew currently studies singing in London with Gilles Denizot. A former Music student of Birmingham University, his choral experience includes concerts and a BBC television recording. On stage he has played both Figaro and Count Almaviva in *The Marriage of Figaro*, the title role in *Don Giovanni*, Germont in *La Traviata*, Mr Trulove in *The Rake's Progress*, Gremin in *Eugene Onegin*, and Micha in *The Bartered Bride*. He travels widely, and future engagements include a singing course with Operalab in Paris, and a solo in Handel's oratorio *Samson* with the Cirencester Choral Society. Recently he was awarded The John Heddle Trophy and The Chamber of Trade Trophy at the Lichfield Music Festival.