

THE HAYDON NEWS

MARCH 2000

Published by The Friends Of Haydon Bridge



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Issue: 03

MARCH

2000

WHIST DRIVES - Langley Village Hall

Fortnightly on Saturdays at 7pm.

50p entrance

HAYDON BRIDGE NATURE CLUB ACTIVITIES (Summer 2000)

Full programme of walks shown on page 14

ANNUAL SUBSCRIPTION

HALF MEMBERSHIP

- Walks only: Meetings only: £3.00

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FEE FOR NON-MEMBERS

£1.00 each meeting

For further information please contact:

Dot & John DeStefano Sheila Myers

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3 Station Cottages, Haydon Bridge

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PRIZE BINGO

Organised by

The Friends of Haydon Bridge

SATURDAY 29TH APRIL 2000

7pm. - 9pm.

Church Hall

Book of tickets only 50p for a half session of 5 games and the whole evening for £1 per book.

Free Tea & Coffee at half time

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All age groups are most welcome to attend.

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EDITORIAL

Hello everyone,

It is now some months since I had the agreeable task of doing the editorial article; I would like to record my sincere thanks to Mike Parkin for doing the job for the last three issues.

Checking back on the last time I did this, I noticed that I was commenting about the onset of Winter, and the clocks being put back at the end of October – now (hopefully) we are in early Spring, and the clocks go forward this weekend! Doesn't time fly when you are enjoying yourself?

It has been really pleasant over the past few days to revel in the promise of approaching Spring – dry weather, sunshine and (whisper it) almost *no wind!!* Let's hope, like last year, that this is going to mean a good Summer.

I am also wondering if Springtime has (to borrow a phrase) turned the RAF's fancy to thoughts of low flying – it certainly seems more noticeable at the moment. I realise these exercises are necessary, but I really do wish they would avoid the hours of darkness, as it is quite unnerving to dive for cover under the table when the Air Force arrive in the middle of Ground Force!

Charles Thomas (Chairman)

"The Friends of Haydon Bridge"

HAYDON NEWS

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Forthcoming events
Results of Collections
Acknowledgements
Club News
Reports of Local Functions

(see also Page 10)

EDITORIAL POLICY OF THE HAYDON NEWS

The editorial policy of the *Haydon News* is ultimately the responsibility of the Committee of the 'Friends of Haydon Bridge', although day-to-day responsibility is delegated to the Editorial Committee of the *Haydon News*. Our intention is always to ensure that the content of the *Haydon News* is as fair and factually correct as possible. Any complaints concerning editorial policy should be addressed in writing to the Chairman of the 'Friends of Haydon Bridge', and will be considered by and receive a formal response from the Committee of the 'Friends of Haydon Bridge'. Complaints other than those made above will not be entertained.

The Editorial Committee reserves the right to decide which letters are to be published, and to alter or shorten letters when necessary. Anonymous letters will NOT be published. A nom-de-plume may be used provided that the Editorial Committee has been advised of the writer's name and address

Charles Thomas, (Chairman) South View, Heugh House Lane, Haydon Bridge, NE47 6ND

10 PENCE ONLY ***** DO YOU ENJOY THE HAYDON NEWS?

The 'Friends' would like you to consider joining as an <u>inactive</u> member by donating 10p a month or <u>active</u>, which means giving a commitment for occasional help in organising various functions. Please see page 10 now and find out how to wisely spend 10p a month.

Organisations to benefit from the Prize Bingo Sessions this year are: 'Out & About Club', Canada 2000 Project, The Fire Service Benevolent Fund, 'The Sunshine Panners Steel Band, Haydon View Residential Home, St. Cuthbert's Church, The Mothers' Union, Archive 2000. December's Prize Bingo Christmas Party will be funded from the sessions in September, October and November.

If your organisation would like to benefit from one of these sessions please contact Chris Sim on; 01 434 684 704

COPY DEADLINE: All contributions to the Haydon News to reach the Editor no later than Tuesday 25th April.

HAYDONIAN WORKING MEN'S CLUB

The Concert Room can now be booked by Members for any occasion.

(Birthday Party, Wedding Reception, Engagement Party, Retirement Party, Presentation etc.)

Such bookings will receive 10% of all monies spent in the Concert Room

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HAYDON BRIDGE UNITED FOOTBALL ASSOCIATION

HBUFA hold their monthly meeting on the first Tuesday of every month at 7:30pm where representatives of every football team in the village are invited to attend.

This meeting is also open to members of the public.

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TINY TOTS

From Birth to 3 years.

The sessions, run on Tuesday and Thursday mornings, from 9.30 to 11.30 at St. Cuthbert's Church Hall, aim to provide a friendly environment where parents / carers can meet, have a coffee and chat, whilst the children play and have fun.

Cost: £1 for the first child, 50p for each additional child.



For further information contact Genevieve Stone on: 01 434 684 537 or call in at one of the sessions.

PLAYGROUP

From 2 years 6 months

Playgroup currently runs on Monday and Friday mornings from 9.15 to 11.45. Each session provides your child with the opportunity to learn through play and to experience a wide range of activities. Children learn, through play, to communicate effectively and happily, at their own pace, with other children and adults. Playgroup is run by a qualified Nursery Nurse Teacher plus assistants.

Cost: £3 per session.

For further information contact Helen Easby on: 01 434 674 371 or call in at one of the sessions.

St Cuthbert's Playgroup is a member of the Pre-School Learning Alliance.

DANCE CLUB NEWS

There is not much to say this month although I must bring to everyone's attention the following.

We have a heroine in the Dance Club.

Well done, Dot for your brave actions. We are proud of you.

As you may have seen in a recent edition of the Hexham Courant, Dot put the flames out when her neighbour's clothing was on fire.

As I am going to have my knee done on 24th March, Dances for 27th March and 3rd April have been cancelled. When I leave hospital, the "Lads" are going to ferry me over and back (38 miles return). Thanks lads.

Hope to see you on 10th April.

Jim Biggs

The Walter Murray Charity

This Charity has been wound up this year.

In 1933, the Charity was founded with money from the residue of the Estate of Walter Murray, who died in 1930. The capital sum was £300, and the income was to be given to "any deserving poor person residing at Haydon Bridge in the County of Northumberland and any deserving poor person residing at Newcastleton in the County of Roxburghshire ... providing he or she is of sober habits and not addicted to gambling or evil living".

For many years, the vicar and churchwardens, together with Mrs Jessie Wilson of Newcastleton and Mr J Drydon, have been Trustees. The income was about £25 per annum, and 12 annual payments of £2 were made confidentially to people in the two communities, always to elderly residents.

In 1994 the Official Custodian for Charities sold the capital, releasing the sum of £310.71. The Trustees, with the encouragement of the Charity Commissioners, began to use the capital in the annual payments. In 1995, the Trustees resolved that £10 was a more appropriate sum to give to each recipient, and so the amount of money in the Charity quickly reduced.

By December 1999, the Charity held £71.92. Many of the old recipients had died, and the Trustees resolved that a final amount should be sent to Newcastleton, and the balance given to the residents' fund at Haydon View Care Home, to buy something specific which residents from Haydon Bridge would enjoy there.

So, after 70 years, the funds have run out. Inflation meant that income from the capital had less purchasing power, a £2 or £5 cash gift at Christmas would not buy much. The Charity Commissioners recognised this by removing the Walter Murray Charity from its Central Register in 1998. The Welfare State meant that there were fewer poor people. This Charity has joined many small Funds in coming to the end of its natural life.

The village is grateful to Walter Murray for the help received by different families over the years.

Vincent Ashwin

St Cuthbert's Vicarage

Notes from the PCC Minutes Book 1948 - 1962

One important decision that had to be taken in the years following World War II concerned the War Memorial, and it was decided in 1948 to add the names of those who lost their lives in this war to the existing memorial for the 1914-18 war. But consideration of what action would be most appropriate took quite some time, and a year later opinion was still divided. When a vote was take, 7 votes were for adding names to the present oak panelling memorial. 7 for a separate memorial in stone to be placed on the north wall of the Chancel, 3 abstained, and the Vicar's deciding vote went for a separate memorial. But a red ink side note says this decision was rescinded by a meeting held in March 1950. The oak panelling was to be continued in the Chancel to the north and south walls to give a balanced effect, and necessary interior decorations could wait until the memorial had been completed.

The new panels were to be in English Wainscot Oak from Hedley's, at an estimated cost of £99/-/-, with lettering to cost 10/6d. per dozen letters. It was then decided to send out a letter of appeal to raise funds for the war memorial, before 'applying for a faculty' (permission from the Church to carry out these changes). Gifts were to be in by November. But this did not happen and there is a note of the decision being rescinded early in 1951. Instead, a meeting was to be convened to consider the matter, with two members each from the British Legion, the Women's Institute and the Parish Council.

It was not until May 1954 that a petition for a faculty was made, and the faculty was obtained in September of that year. All that remained was for Hedley's men to commence work on the panelling. The Bishop was to be asked to dedicate the war memorial at a Parish Communion service, advertised by posters and handbills. At the service there would be a collection reserved to help pay for the work, and an appeal from the pulpit would open a subscription list to augment funds.

In September 1955 it was recorded that an unexpected snowstorm had prevented the Bishop attending on the arranged date to dedicate the war memorial. The new date for the service was 4th December 1955, at 6.30pm. With the best will in the world, some things just can't be hurried!

At the 1949 Annual Meeting, the Vicar reported that the choir consisted of 6 boys, robed and attending practices. The Mother's Union was not as prominent as it might be, but the Girl's Friendly Society was making good progress. This was also the year when the United Reform Church Council was formed, and after a letter from Mr Buckingham members were elected.

The Church Hall hosted a furniture exhibition by Dickinson Bros Ltd in March 1949. In June 1952, Mr J Waite (Hon. Secretary of Haydon Bridge Cricket Club), asked for the loan of 30 Whist tables for the Field Day, but it was proposed that this should not be done in case the fragile tables were damaged, and liquid spilt (or rain allowed to fall) on their surfaces which would be ruined. An amendments was passed that the Standing Committee be allowed

to decide, and might have to decide in favour if there had been previous positive resolutions regarding the hire of the tables. Major Seth-Smith (Chairman of Haydon Bridge Conservative Association) asked for the loan of crockery, trestle tables and table cloths, but he was advised to look elsewhere, although he was allowed the use of the shove-halfpenny board.

Church expenses were deemed to be too heavy to enable the purchase of a new vacuum cleaner (1949), but as one was felt to be desirable, it was decided to try to purchase a good second-hand one. In 1953 an electric kettle was bought. The Sunday School were given permission to buy a projector and screen (1954). After a verbal complaint by a regular tenant (1956) about cleanliness and ventilation in the Church Hall, repairs and spring cleaning were to be done, the stage curtains replaced, and a deck scrub and mop obtained.

Preparations had to be made for Coronation Year, and so it was agreed to purchase a new flag and have the flagstaff overhauled and repainted. A Whist Drive would help with the cost. Two members of the PCC were appointed to serve on the village Coronation Committee, Mr Hagan and Mr Brown. (Mr Hagan, the PCC Secretary, emigrated with his wife to New Zealand two years later). A Copper Beech tree was purchased to commemorate the Coronation, which the Vicar's wife would plant on 21st April 1953, the Queen's birthday.

Mr Lapping had been Vicar for 9 years, when he moved to a new living in Belford. He was presented with a cheque for £32 for a typewriter, which it was felt he should choose himself (1956). Reverend Hall acted as Priest in Charge of the Parish for a while, and was presented with a cheque for five guineas when the new Vicar, Reverend David Reid, arrived to take up office. A sum of £25 was allocated for redecoration of the vicarage and 5 hundredweight of coal purchased for the new incumbent.

The Institution of the Rev. D A Reid BA, by the Lord Bishop of Newcastle took place on 19th November 1956. The Vicar soon put his stamp on proceedings, expressing a desire to bring Haydon Old Church back into use. He formed a sub-committee, with power to co-opt additional members, to oversee Youth Work in the parish. He proposed to hold services monthly at Elrington, Langley or Grindon, outlying areas which had requested services. The Vicar applied for permission to use the vicarage stable as a garage for his van.

Things soon got moving with regard to Haydon Old Church with the decision to purchase a steel Alms Box to be cemented into the wall, while Major Seth-Smith undertook to provide a pair of wooden gates, and Mr Telford a coffin trestle.

In October 1960 the Sunday School was at the forefront of consideration. "The needs of the little folk must be the concern of the whole PCC. Mr J Corbett had taken over from Mr Chamberlain who had asked for a rest"

June Henriksen

HISTORICAL NOTES OF HAYDON BRIDGE

By Dennis Telford

'Whether you knew it as the Wesleyan Chapel, the Wesley Hall or the Community Centre, memories are all that remain as the old stones are rebuilt for a new Millennium. A new beginning!'

Part 4 - The Community Centre

In 1959 a Village Community Association was formed, partly due to the concerns that the proposed Working Men's Club was taking over the cinema and Town hall which was central to many of the village's social functions and it would be lost to the community.

The availability of other premises which could support this community activity was raised, namely the Wesley Hall. Concerns expressed over the known restrictions on dancing were allayed by the Superintendent of the Hexham Methodist Circuit who made it clear that, 'No objection to dancing would be made!'

At the first recorded meeting of the Association on November 19th 1959 in Shaftoe Trust School, John Davison, Charlie Coombes, Edward Waite and Robert Harding agreed to investigate the suitability of the Wesley Hall as a Community Centre. The Committee also explored the possibility of purchasing a plot of land attached to Miss Philipson's house as a parking area.

In December of that year, a meeting chaired by John Davison of Peelwell and attended by Miss Walton, Mrs Dinning, Norman Ohlson, Jackie Wardle, Edward Waite and Charlie Coombes, agreed that the newly formed Community Association should take steps to purchase the Wesley Hall for a figure of £650 - £700.

By February 1961 it was decided to reduce the offer to £250 for the Wesley Hall. Surely a derisory figure that must have had even the staunchest Christian Trustee hard pressed to, 'Speak no ill' of the Community Association negotiators.

A Public Meeting in the Congregational Church was equally dismissive of the Methodists need to raise funds to support its own work on the Elmfield site. Colonel Allen urged them to, 'Give the Hall away to the Community'. Eventually a price of £750 was agreed for the building which at that time was valued at £1000.

It wasn't until November 4th 1965 that the purchase of the Wesley Hall and Rosetree Cottage was completed, after six years spent generating support and raising finance.

The Committee now responsible for the Community Centre included Edward Waite (Trustee), Charlie Coombes (Secretary and Trustee), Robert Harding (Chairman), Geoffrey Johnson (Treasurer), Mrs Welch, Miss Philipson, Mrs Brown, Mrs Reynolds, Miss E Gibson, Miss S Pickering, Mrs Stewart, Alan Moffat, Bobby Todd, Wilf Dawson, Anderson Robinson, Richard Waugh and the Reverend H Bunce.

It was a considerable achievement and great credit to the Committee, that the Community Association raised £9000

to purchase the property and pay Clive Brown of Greenhead for the conversion work.

The Badminton Club continued to meet in the 'new' Community Centre.

Eleanor Hill was the first Secretary.

Denis Bell and Anthony Atkinson requested facilities for Table Tennis.

John Corbett sought the use of the Hall for Folk Dancing and Robert Ford for an Art class.

Bobby Hubbuck was in charge of the Scouts. The Over 60's, Women's Institute, Silver Band, Football Club and Parish Council all became constituent bodies of the Association.

In 1968 the first Annual Sale and the first Whist Drive were held. Amongst those assisting in the Sale were Mrs R Todd, Mrs W Turnbull, Mrs W C Pickering, Mrs R Burrows and Mrs J Davison.

Mrs I D Jeans, Mrs S Bell, Mrs H Swallow and Mr N Johnson received prizes at the Whist Drive.

By 1970, Rene Armstrong, Mary Moore, Mary Barrett, Betty Telford, Doreen Clark and Audrey Shiel were running a Pre-school Play group in the Community Centre.

Bertha (Welch) and Lizzie (Philipson) were cleaners for over twenty-four years; and the Scouts had to answer complaints about their behaviour for almost as long!

In 1983, Bertha and Lizzie left reluctantly, through ill-health. Peter Brown became Caretaker for the next nine years and along with his wife, Joyce, organised the Over 60's Dinners and Entertainment.

In 1978, a group of members calling themselves 'The Friends of Haydon Bridge' formed a new section of the Community Association. Their aim was the, 'Fostering of interest in village affairs', and Mrs Pumphery was their representative.

The formation of this group was given impetus by the Parish Council's encouragement to develop the Station Yard as an industrial site. A proposal which met with a storm of criticism and the Community Centre was filled to capacity for Public Meetings.

Regrettably, in spite of the strength of local opposition, it was too late to reverse the decision and an opportunity to improve our village environment was lost.

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Mr Coombes was a Secretary to the Association from 1959 until 1991 and remained on the Committee as a representative of the Nature Club which had formed in 1969. He continued to organise 'Meals on Wheels', a voluntary service which had been run previously by the 'Old Peoples Welfare Committee until it was wound up in 1968. The Community Association then took over its responsibility. Mr Coombes is still a Trustee of the Association. Forty years of unbroken service!

Geoffrey Johnson was Treasurer in 1959 and is still Treasurer today. Forty years of unbroken service!

Edward Waite was President and Trustee for thirty-two years until his death in 1991.

John Davison of Peelwell was the first Chairman and he was ably followed by Robert Harding, the Reverend Alec Benniams, Archie Duncan, John Bowes, Mike Rowarth, Enid Garrow and Mary Douthwaite.

Funding the activities of the Association and repairs and alteration to the Community Centre has been a major issue for each of the Committees over the years.

The support of the Watson Family cannot be overestimated in this regard. Their efforts have raised over £10,000 for the Community Association.

Early financial support came from the defunct Haydon Bridge Nursing Association (£315) and a similar sum from the sale of the Reading Room.

Following the death Dr R Bell, £270 was donated and left in his Will and Miss D Wardale left a bequest of £500 to the Association.

Rosetree Cottage was sold in 1978 for £96! Every little helped!

Mr Waite, the Community Association President, was always a willing supporter in cash and kind and in 1983 he made a loan of £900 to ease the financial pressure the Association was experiencing.

I cannot leave the issue of funding without mentioning three major items of expenditure during the Community Centre's lifetime.

The repairs to the Heating system, following its break-down during the severe winter of 1981/82, cost £3000. Major roofing repairs carried out in 1989 (£4085), and the replacement of the Hall floor in 1991/92 (£13550).

The Community Association Council was not found wanting when it came to raising funds for these repairs.

The replacement of the Hall floor was a fine example of a group of committed volunteers working towards a specific aim. There were many doubters when Margaret Young first raised the question of a new floor and the cost became known, but Mary Douthwaite and the members of the Bowls Club led the efforts to raise the £13000 with com-

mendable enthusiasm.

As early as 1982, Mr Waite had proposed an Indoor Bowls Club and in 1984 he gave sixteen bowls, a carpet and a gift of £50 to support his proposal. It wasn't until May 1988, however, that the Club started successfully with twenty-seven members.

This was a time when the lack of activity in the Community Centre was a cause for concern. The Silver Band, a Dance Club and the two Badminton Clubs ceased to use the Community Centre.

Who could have envisaged at the time the impact this new Club would have on the future of the Community Centre. The Bowls Club 'Floor Fund' started with £100 in January 1991, and by May of that same year it had reached over £10000 including grants agreed. A remarkable achievement and one which probably gave the Association confidence to take on the even greater task of funding a new Community Centre for the Millennium.

The new floor was also welcomed by the Sequence Dancing Club who had supported its financing.

Public Dances in the Community Centre were generally a sober affair due to the 'Covenant' which banned the sale of alcoholic liquor.

This didn't spoil the enjoyment of these occasions however, and many's the time soft drinks were fortified from a discrete hip flask between the 'St Bernard's Waltz' and 'The Drops of Brandy'

Just for medicinal purposes you understand!

To those who diluted their orange with whisky or drank illicit wine from a teacup, it will be of more than passing interest that in 1989, when Mrs Gina Richardson suggested that, 'the Community Centre would be more often used if a licensed bar could be introduced on an occasional basis'. Exhaustive enquiries made it clear that there was no such restriction on the sale of alcohol, in either the conveyance or by the Methodist Conference and there never had been!

The Community Centre could never be described as a cosy or intimate place and for many of the activities it hosted following it's life as a Chapel, it was far from ideal.

It was often 'make do and mend' whether it be lighting, curtains of the stage.

Whoever will forget raising and lowering that stage? But it was the people of the parish who filled it and brought it to life.

As a child I can recall travelling Film Shows, Puppet Shows, Clowns and Magicians and I loved every one of them. In the seventies the 'Footballer's Pantomimes' produced by Christine Oliver, were a sell-out as local talent trod the boards.

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Who will ever forget those two enchanting fairies, Robert Wylie and Colin Irwin, Ernest Marshall who flourished his sword as the Genie, John Travolta and Olivia Newton-John, or was it Richard Oliver and David Telford. Drew Brown complete with hand-bag and brolly and many more? And the stirring performances never ended without a song from Joe (Bass) Worthington.

The curtain was finally brought down when a full house applauded Alan White's Christmas Concert in 1998.

The old building did not fall without a final protest, as Tony Willis would confirm when he surveyed the remains of his garden wall. Fortunately the damage caused was repairable. Sadly, however, the historical legacy left in a glass bottle by the Reverence W H Robson in 1873 was not.

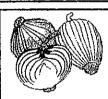
When the foundation stone was lifted in September 1999 the container was still in its recess, but by now was in many broken pieces. The remains of the paper contents were illegible and the coins of the realm could not be found. Maybe the fears the Reverend Robson expressed in 1873 were justified.

Thomas Pearson, the young Haydon Bridge butcher, made the long journey to meet with John Wesley over 200 years ago and returned determined to share with the people of his native village, his vision of communal spirit and purpose.

The efforts of Mary Douthwaite (Chair), Val Bell (Vice Chair), Marion Howard (Secretary) and the Community Association Council, in raising the finance for a new purpose-built Community Centre, on the site of the Old Wesleyan Chapel, means that this story is not complete.

As I watch the steel columns and beams being lifted into position and the old stones being re-built, a new chapter is opening, but the historical links and Thomas Pearson's vision remains.

THE END



The Editor Haydon News

Sir.

The village badly needs a supply of fresh vegetables.

If the farmers can make a roaring success of a market in Hexham, could not our local allotment holders have a try in the village?

Sincerely

J. Richardson Cubstocks Haydon Bridge





THE GENERAL HAVELOCK INN

& Riverside Rostromant

SPECIAL EVENTS 2000

Friday 31st March

General Havelock Pudding Club A celebration of British puds.

Begin with a traditional main course then try our puddings, eat all 6 & re-

ceive a certificate of merit!

Sunday 2nd April Friday 14th April Mothering Sunday Lunch £12.95

Befores & Afters Evening

For people who can make a meal of

starters & desserts

£15.50

Sunday 23rd April Friday 28th April

Friday 26th May

Easter Sunday Lunch

£12.95

General Havelock Pudding Club A second chance to enjoy an evening of

puddings.

Friday 12th May Italian Wine Evening

We begin at 7.30 with a tutored wine tasting then proceed with a four course dinner to include fine Italian wines matched to each course £29.50

A Tasta of the Cas

A Taste of the Sea

Enjoy a four course dinner choosing from a special menu of fish dishes

£19.50

To make a booking or for further information

Telephone: 01 434 684 376

Fax: 01 434 684 283

E-mail: GeneralHavelock@aol.com

Pierre Lang Jewellery

Weekenders Ladies Clothes

Gill Valentine

River House

Telephone: 01 434 688 199 or 01 434 688 999

Visit me or I'll come to your home

Staward Family History

I am currently researching the history of the Staward Family of Northumberland, and should be grateful to hear from anyone who can point me in the right direction in order to research the history of Staward Manor, Pele Tower etc.



Many thanks
Anne Watt
27 The Meadows
Bridge of Earn
Perth
PH2 9BJ

HAYDON NEWS ADVERTISING

ANNUAL ADVERTISING FEES FOR THE YEAR 2000

Advertising costs for Parish businesses remain at £12.00 per column block. (See also the box on Page 3 for other rates)

Please cut out box below, enclose it and the appropriate fee in an envelope as shown in the paragraph opposite.

I wish to continue using my present advert which uses blocks.							
Cheque to payable to closed.				, ,			
Name of B	usiness:	•	·				
Paid by:				•			
Name:			• • • • • • •				
Address:							
Post Code:							
Do you req	uire a rece	ipt?		YES/NO			

New advertising or any queries should be addressed to **The Treasurer** at the address shown opposite, or please phone:

01 434 684 035.

FRIENDS OF HAYDON BRIDGE

MEMBERSHIP SUBSCRIPTIONS NOW DUE FOR THE YEAR 2000

As the subscription to cover the current year is now due please cut out box below, enclose it and appropriate subscription (Cheques payable to *The Friends of Haydon Bridge*) in an envelope addressed to:

The Treasurer
Friends of Haydon Bridge
High Brindles
Heugh House Lane
Haydon Bridge
NE47 6HJ
Northumberland

If you live locally just use the top two lines of the address and leave it at Haydon Bridge Post Office from where it will be collected.

You may pay more than the standard subscription of £1.20 if you so desire – all donations are used by 'The Friends' in supporting voluntary and charitable causes in the Parish of Haydon.

UK readers of the *Haydon News* may join 'The Friends of Haydon Bridge' for a subscription of £6.00 which includes a postal delivery. Again you may donate more if you can afford it.

Enclosed is the sum of

subscriptio Haydon Br																											İs	.	0	f
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Internet readers can of course read the special Internet Edition of *The Haydon News* on: http://www.haydonbridge.org

Although this world-wide service is free we do welcome voluntary donations. At the moment the whole enterprise is funded by the Internet Editor Mitch who makes no charge to the 'Friends' for either telephone charges, software, hardware, site registration and license fees. This situation will be reviewed during the coming year. All donations are used by 'The Friends' for their general budget.

Thank You

being mine/our

Haydon Bridge United F.C.

Recent form:

It's been a mixed few weeks for HBFC, first a hefty 5-0 defeat in the JPL League against promotion hopefuls University of Northumbria, followed by a 2-2 score draw against bottom of the table side Stobhill. Recently, the performance of the season was against visiting Otterburn with a 6-2 win. Dan Robson took his goal tally to 6 for the season by scoring 3 in that victory. The first HBFC hat-trick in the Northern Alliance.

Speaking to Haydon Bridge manager Colin Banks after the game he said he had hoped to get into the top 6, possible even sneak a promotion spot. But he expressed some disappointment that his side had dropped some points that they really should have taken, particularly against sides that are currently below them.

Although there are still 6 games to play, Colin has an outside chance to still steer the side into the top half of the table.

Division Two:

JPL Wade Northern Alliance

		Pd	Pts	г
1.	Cowgate	19	47	Fixtures
2.	Harraby	15	39	
3.	Northumbria Univ.	14	30	A v Harrowby CC
4.	Sunderland	20	30	A v Wallington
5.	Northern S.C.	15	25	A v Newcastle BT
б.	Wallsend	14	25	H v Harrowby CC
7.	Forest Hali	20	23	A v N. Sunderland
8.	Haydon Bridge	19	21	H v N. Sunderland
9.	Walker Stack	17	20	· ·
10,	Newcastle B.T.	18	19	The two HOME
11.	Blyth Spartans	19	19	matches are on:
12.	Wallington	18	18	
13.	Otterburn	21	16	19 th & 29 th April
14.	Stobhill Rangers	23	16	

The HBFC '100 Club'

Win CASH PRIZES in the '100 Club' draw. Numbers are drawn the first Tuesday of each month. Proceeds go towards the running of all the village football teams. If you would like to support the future of HBFC and win 'LOTSADOSH' then call into J & M Clarkes on Church Street, and ask for a '100 Club' number.

Latest winning numbers and names

£30	C. Tulip	number 75
£15	L. Pender	number 156
£10	R. Curry	number 279
£5	I. Burrows	number 194
£5	E. Kirsopp	number 48

CLAYTON CUP

HBFC might not win promotion this season, but it's almost certain they'll get the chance to win the first Clayton Cup of the Millennium. A meeting is to be held shortly to decide on the final format

of the 1999 - 2000 competition, with possibly as few as 4 teams being invited to take part. Haydon Bridge will definitely be first on that list as the current holders. The others probably will be Hexhamshire, Haltwhistle and Corbridge.

[Editor's note: There's a very interesting article about the history of the Clayton Charity Cup Competition over pages 40-43 in the February / March issue of 'The Northumbrian' magazine]

Man of the Match Awards:

After every game each team selects the opposing man of the match. Here is the latest of how HB players have fared this season. Only those nominated 2 or over are listed here

The search is on ...

..... for the Edward Waite Trophy. Does anyone know of its whereabouts?

It was last spotted around 8 years ago and was believed to have been presented to a Haydon Bridge Under 12 player.

If you have the trophy, or can advise who has, could you please contact Shirley on:

01 434 684 576 or any member of HBFC.

Watch out for:
MATCH DAY POSTERS
around the village

Mystery Haydon Bridge Eleven?

There are no prizes for this, but can you name all eleven?



NOTES OF THE PARISH COUNCIL MEETING Thursday 23rd March 2000

The Parish Council is becoming increasingly popular with the public. This month there was another crowd of visitors in the hall. Between them they had three items for the Council's attention. 'Public Participation' takes place at the beginning of the meeting, although the whole meeting is open to the public.

Public Participation

"THE PUTTING THE RECORD STRAIGHT" ON TAIT'S YARD. A co-owner of the yard, spoke to the meeting to "put the record straight" on the debate about Tait's Yard. He said that the site was for sale to whoever makes the best offer. He believes the site to be uncontaminated and wants the Parish Council to apologise for their comments about contamination. The existing tenants have always known that there is only a short term future for the yard and could have tried to buy the site or relocate their businesses. It was unfair of the tenants to accuse the 'Friends of Haydon Bridge' organisation for putting them out of business and the Parish Council were wrong to echo this sentiment without proper consideration of the whole situation. The 'Friend's' ideas of a bowling green, a playground and a Healthy Living Zone would provide amenities for the entire village and he wanted the village to work together to develop this proposal. Housing or business development would also be of benefit to the village. He requested that any discussion about the site be addressed to him or his sister and not to his mother.

It was pointed out to the meeting that although the current planning permission has lapsed, the site is still earmarked in the local plan for housing or business development. If used for recreation as the 'Friends' have suggested, this would constitute change of use and the site would have to be on the market for one year before the Council would consider change of use.

A member of the Council was asked about the report which had appeared in the Hexham Courant after the matter had been initially raised at the January meeting. He replied that he had written the article on behalf of the 'Friends of Haydon Bridge'.

2. New Youth Project for the Village Two youth workers explained to the meeting that they are hoping setting up a new youth project for the village, using the new Community Centre as a base for youth activities in the village. The project involves the High School, the Church Youth Project and the Guides and will include all young people. They hope to have a drop-in facility. At present they are consulting with young

people of 13+ age group to see what they want. A similar project has been set up a Newbrough.

3. Problems with Damage to the Back Lane of the Community Centre A resident told the meeting that the back lane of the Community Centre has been damaged by the building contractor's vehicles. The contractors say that they are not responsible for the lane. They will do it but need authorisation. The lane is unadopted by the Council so the Council cannot authorise the work to be done. The Parish Council agreed to intervene.

NEW COMMUNITY CENTRE: PROBLEM WITH THE CONTRACTORS They have approached the Community Association for an additional £50,000 because of the problems associated with the site. The Community Association have approached the sponsors and Tynedale Council will try to help and asked the Parish Council for additional financial help. However, the meeting felt that as the contractor was aware of the problems before the work began, it was his responsibility to estimate the job correctly in the first place, rather than win the tender and then increase his charges afterwards. It was agreed to write to the Community Association saying this and recommending that they take legal advice about the Contract.

GRANT MONEY AVAILABLE FOR THE VILLAGE FROM ENGLISH HERITAGE. The Heritage Economic Regeneration Scheme (HERS) £45,000 is available for the village from English Heritage. Businesses will be invited to apply for grants (up to 50% of the cost) to improve their properties. The further the distance from the village centre, the less the grant money available to them. Businesses need to get estimates first them apply. Application forms are available in John Clarke's shop. The Parish Council have requested information leaflets about the grant as people are unsure how to apply for them. They will be available from John Clarke.

A discussion was held about underground electricity cabling. The cost is estimated at £140,000. It was agreed to write to Northern Electric and seek matched funding for this work.

The Spa Well footpath repair was also discussed. Neither the land owner nor the Environment Agency will accept responsibility for the path. It was suggested that soldiers from Albemarle Barracks looked for such projects and might be interested in doing the work. It was agreed to contact them.

English Heritage also want village applications and the Parish Council needs to make decisions about what to

(Continued on page 13)

(Continued from page 12)

apply for. A meeting will be held to discuss village applications to HERS will be held on Wednesday 5th April at 7.30pm in the Parish Church Hall.

The Dog Warden had been contacted and hope to get to the village within the next fortnight.

Low Flying Aircraft The Borders is a Tactical Training Area so aircraft can fly between 100' and 250' (250' is the usual minimum height). Haydon Bridge is the only village on the flight path and it is difficult to avoid it because of the proximity of Spadeadam.

Highways Repairs are needed in the following places: Wittis Crescent is badly potholed; the road from the railway signalbox to East Mills Hills is badly drained; the guttering round the housing estate is in poor condition.

Lighting The streetlight at Langley is repaired - at last!

Need for *New Public Lavatories* are needed on the Ratcliffe Road side of the river. Many tourists stop in the village and look for somewhere to "spend a penny". Not able to find the public conveniences which might, anyway be locked, they resort to the roadside and the bushes - not very hygienic or pleasant to see.

New "Go Britain" Website Mr Brown of Moss House is involved in this website and is encouraging people to put information on it. If you are interested, contact Mr Brown or the Parish Council.

Millennium Street Party will be held on May Day on Strother Close green. There will be food, games, entertainment and a large millennium photograph. Helpers are needed. Please contact Eileen Charlton.

SH



Have you bought Flat Pack Furniture recently but are having difficulties putting it together?

and the other languages peculiar to these organisations having studied them for a number of years.

So:

Give me a call on the number below if you think I can be of assistance.

A reasonable charge (negotiable) is all I ask for.

Richard: 01 434 688 871

THE AMAZING AMY

I would like to take this opportunity of thanking Mr & Mrs J Clarke, Newsagents, for selling raffle tickets for the "Millennium Talking Doll" called "The Amazing Amy" and the fact that the winner was also called Amy. It raised £100 for the Millennium Children's Party.

Mrs D Thompson, Temple House, Haydon Bridge

OLD FOUNDRY YARD

Further correspondence has been received regarding the above (see January & February issues). As this adds no new points to the debate, the Editorial Committee has decided nothing is to be gained by publication.

Please note that this correspondence is now closed

LANGLEY WOMEN'S INSTITUTE

Langley W I welcomed Mrs A Burton, the Appeals manager from the Calvert Trust to their March meeting.

Mrs Burton is based at Kielder. The Calvert Trust provides opportunities for people with physical, sensory and learning disabilities, and their families and friends, to enjoy the challenge of outdoor activities in the countryside. Guests can experience swimming, sailing, canoeing, riding, abseiling, climbing, archery and orienteering with the help of fully qualified instructors.

Mrs Burton explained that the ration of staff to guests is of necessity high and this is very expensive. Some guests arrive on their own using the Respite Care Service.

The majority of 'ordinary' holiday packages do not have the facilities to meet the special needs of some disabilities. The Calvert Trust bridges this gap.

There are three centres. The first overlooking Bassenthwaite Lake near Keswick was opened in 1970, the second at Kielder in 1984 and there is a third now in Cornwall.

The centre at Kielder which includes a farmhouse, stables, self-catering chalets, a climbing tower and indoor swimming pool has received two Lottery Grants but fundraising is a constant challenge. The motto for guests appears to be.

It's not what you can't do, but what you can do. Have a

A business meeting followed the talk and slides when the Spring Meeting at Morpeth and the venue for the June Outing were discussed and a "Pennies for Friendship" collection was made.

The competition "A Boat" was won by Frances Wise and Pauline Kelly.

The Raffle was won by Mary Nagel.

Date of next meeting: Tuesday 11th April

'The Friends of Haydon Bridge'

Bingo

St. Cuthbert's Church Hall

Saturday 29th April 2000

7.00 - 9.00pm.

Langley W. I.

Talk by Mr Robin Crews
'Energy Efficiency'
Tuesday 11th April 2000
7.30pm.

New Members welcome.

Contact: 01434 684 419

WHAT'S

ON

If you would like to submit diary dates for the "What's On" page please leave your copy with Tony at the Post Office or with any member of the Committee of the 'Friends of Haydon Bridge'

(please see page 4)

Whist Drive

Langley Village Hall
Saturday 8th April 2000
7.00pm.

Whist Drive

Langley Village Hall Saturday 22nd April 2000 7.00pm.

Haydon Bridge Football Club

Monthly Meeting

Tuesday 4th April 2000

Railway Hotel

7.30pm

,	HAYDON BRIDGE NATURE CLUB – SUMME	R 2000 P	ROGRAMME	
Date	Brief description of the walk	Dist.	Leader	Phone
13 th April	Warks Burn, Windy Edge, Roses Bower and Long Drop Meet at Forest Car Park, Stonehaugh	3 miles	C Irvine	606 512
27 th April	Elrington - Threepwood	3 miles	B Wardle	688 886
11th May	Haydon Bridge Circular	3 miles	A Howard	684 524
25 th May	Gilsland, Birdoswald Meet at Railway Inn Car Park, Gilsland	3 miles	M Moffitt D DeStefano	683 124
8 th June	Dilston Scout's Camp site and Dilston Castle Meet at the Lion Inn, Corbridge (subject to landowner)	4 miles	C Langelaan	606 052
22 nd June	Guided tour of Ladycross Quarry Nature Reserve. Meet at Ladycross Quarry Car Park	<u>-</u>	J DeStefano	683 124
6 th July	Newbrough, Frankham Meet near the bridge between Newbrough and the Church	4 miles	B Lee	674 237
7 th July (Frid	ay) Special visit to Ladycross Quarry Nature Reserve to hear and hopefully see Nightjars Meet at Ladycross Quarry Car Park at 9.00pm (21.00hrs)	-	J DeStefano	683 124
20 th July	West Allen Valley. Farneyside, Hesley Well, Greenley Cleugh	3 miles	S Harley	688 895
3 rd August	Lipwood Hall. Meet at Haydon Bridge and share transport to parking place	· <u>-</u> ·	B Wardle	688 886
17 th August	Lambley Viaduct and Featherstone Castle Meet at South Tyne trail Car Park near to the Wallace Arms.	4 miles	P I Nichols	681 634
31st August	Sewing Shields (Parking permission applied for) Meet on the lane to Sewing Shields Farm off the Military Road east of Housesteads	3 miles	D Orton	344 219
14 th Septemb	er Meet at Chesterfield - Pooled Supper		A Carter	684 325
Walks to star	t at 6.30pm (18.30hrs) from Church Street, Haydon Bridge (un	less stated	otherwise) on Thurso	lav eveninos

COPY DEADLINE: All contributions to the Haydon News to reach the Editor no later than Tuesday 25th April.

CHURCHES WORKING TOGETHER

CHURCH PAGE

APRIL 2000

AN INDEPENDENT SUPPLEMENT TO THE HAYDON NEWS

WHO AND WHERE

The names and phone numbers of the clergy who minister in Haydon Bridge

Rev Vincent Ashwin, with St Cuthbert's C of E The Vicarage, Station Yard 684.307

Rev David Perkins, with the Methodist congregation 39 Elvaston Road, Hexham 603.139

Father Leo Pyle,with St John's Catholic Church St John's Presbytery, North Bank 684.265

CLERGY MESSAGE

It never fails to amaze. It never fails to delight. That vision of beauty and every colour we call the rainbow. It's a glad thing, so often appearing in the aftermath of a storm and rain. And we treasure the rainbow for it's message to us of the covenant and deity' An amazing covenant of delight. A beautiful covenant between us and God. God is no threat anywhere, to anyone or anything. On the contrary the ways of the Lord "are faithfulness and love". This we know when we keep covenant with God. God is saviour, merciful and good, revealing, guiding and teaching us always.

So we are not alone in our wilderness. Forty days, forty years however long, we are never alone. The Lord is with us when we are assailed by Satan, beast and circumstance. And his whispered word is ever the same, "repent and believe the Gospel". Change, grow, let the goodness and the God-ness out. Be, live, live life to the full with the fullness of grace. It takes a lifetime to learn to love a little. But that's living, learning to love. It's the deepest experience with Jesus. And it's a time of grace and favour. We are never alone.

Our faithful companion is the Christ. He sets the pace and the pattern. Executed by sin, dying for the guilty, he is leading us to God. Put to death in the body, Christ's spirit is released.

Released to free every other spirit. We are the beneficiaries of the Christ, we are the recipients of the Christ. We are the body of Christ, to do as he does, and what he does is: Die to live. Dies that others may live. No small scale operation this, we are not building arks like Noah of old. Rather we are the ark of salvation through, with and in the Christ. Being saved and saving. What we have in common with Noah is the water. The waters of flood and the waters of baptism. Nor are we into some sacred hygiene, these baptismal waters are pledge waters, waters of promise. The great purifying act of Christ on behalf of all mankind. To enable us all to share his risen life. We have six weeks to get our act together with Christ's.

We unite with him in prayer, we unite with him in self-denial. We give alms to shaare ourselves like Christ, dying to rise, dying for Easter. That's Lent, Springtime! A lot of dying but a lot of rising, through, with and in the Lord Jesus Christ, Our Lord.

Fr Leo Pyle

Support for farmers, '

About 20 Church of England members went to a day conference at Ushaw College in February. People from other churches also attended. The vicar is going to a seminar on Rural Ministry in July. last month the Church of England General Synod unanimously passed a motion of support, this is a summary of the motion:

This Synod recognising the current crisis which is affecting the wider rural community, welcomes the Governments intention to "recycle" a proportion of agricultural funds into a new Rural Development Regulation, and asks the Government to show it's commitment to farming and the essential contribution it makes to the welfare of rural communities by...

developing a long term stategy for farming;

introducing a retirement scheme to help tenant farmers retire with dignity;

granting financial help for organisations providing support for farming families;

relieving the burden of paperwork generated by regulations and legislation.

The Synod also urged the church in rural areas to show Christian concern for those adversely affected by severely declining incomes across the agricultural industry...

Last month, Northumberland Community Council launched a "Rural Stress Initiative".

Do you complain about the volume of traffic? Over Easter the vicar in charge of three churches in Northampton has the solution.

The British Grand Prix at Silverstone has had the date revised from it's normal date in July to Easter Sunday. The well known traffic chaos that brings would no doubt have meant no vicar at some of the services planned. So the Revd Bridget Smith has got the use of a helicopter (we await our clergy requests as their responsibilities grow!). The helicopter will collect the Rev Smith after the sunrise service at Silverstone church and whisk her to Abthorpe, then back to Silverstone for the Easter Eucharist and finally to the motor racing circuit for a 5 minute slot on the big screen for the estimated 250,000 congregation. I wonder how they will take up the collection?

METHODIST CHURCH SERVICES

April 2nd

10.00 am Rev David Perkins (F) 6.00 pm Mr Fullard

April 5th

2.00 pm Womens Own

<u>April 9th</u>

10 .00 am Mr Eavis 6.00 pm Rev Ambler

April 16th Palm Sunday

10 .00 am St Johns Procession to St Cuthberts6.00 pm Local Arrangement

<u>April 19th</u>

2.00 pm Womens Own

April 21st Good Friday

7.30 pm Rev David Perkins (C)

April 23rd Easter Sunday

8.30 am Early Communion Rev
David Perkins
10.00 am Mrs B Rowarth
6.00 pm Christians Together Praise
Service at St Cuthberts

April 30th

10.00 am Driver 6.00 pm Local Arrangement

Millenium Gospels

Special booklets containing one of the Bible Gospels are to be distributed to each nome in Haydon Bridge before Easter. This is a national initiative which has been organised by the Methodist church and Christians Together in Haydon Bridge. An Easter card with the times of all services in the village's churches will be also enclosed.

CALENDAR FOR MARCH, ST CUTHBERT'S CHURCH

April 2nd Mothering Sunday

8.00 am Communion BCP

10.30 am Ali Age Worship

April 9th

10.30 am Parish Communion

April 16th Palm Sunday

10.00 am St Johns RC procession to St Cuthberts 10.40 am United Communion service

April 20th Maunday Thursday

7.30 pm Communion of the Last Supper

April 21st Good Friday

10.30 am Communion

April 23rd Easter Sunday

8.00 am Communion BCP10.30 am Festival Communion6.00 pm Christians Together Praise service

April 30th

10.15 Benefice Communion

Lenten services: There will be an extra Holy Communion each Thursday in Lent at 9.45 am, ending in time for the *All Together Now* Lent group at 10.30 am. This is in addition to the regular 7.30am Communion each Friday.

Canon Ashwin

It was announced at St Cuthberts recently that Vincent Ashwin is to be made an Honorary Canon. This is a kind of honour and makes no difference to his being a vicar of this parish. There is to be a ceremony in the Cathedral on Sunday evening June 26th. Everyone will be invited. Vincent adds "although my official title will be Canon Ashwin, I hope those who now use my christian name will continue to do so!" We all offer Vincent our congratulations on his "Honour".

SERVICES AT ST JOHN OF BEVERLEY CATHOLIC CHURCH

Mass each Sunday at 9.30am.

Mass at 11.0 at Haltwhistle each Sunday.

Mass on weekdays (except Mondays), at 10.00am, either at St John's or at Haltwhistle.

Holy week Services

April 16th Passion Sunday

10.00 am Haydon Bridge Christians Together procession and Mass

11.30 am Haltwhistle Mass

April 17th

7.30 pm Stations of the Cross Christians Together

April 18th

10.00 am Mass

April 19th

10.00 am Mass

April 20th

11:00 Newcastle Cathedral Chrism Mass

6.30 pm Confessions

7.30 pm Evening Mass of the Lords Supper and Mandatum

April 21st Good Friday

10.00 am Haltwhistle Procession of Witness

3.00 pm Haydon Bridge Celebration of the Passion of the Lord

April 22nd Holy Saturday

7.30 pm Easter vigil

April 23rd Easter Sunday

9.30 am Haydon Bridge Easter Day Mass 11.00 am Haltwhistle Easter Day Mass 6.00 pm Christians Together at St Cuthberts

QUACK QUACK

OH DEAR! I'M IN THE DOG HOUSE - AGAIN...

In last month's news I gave some incorrect information. Sorry! Phoned requests for repeat prescriptions should be made after 10.30am please and not after 10.00. It is also worth mentioning that I normally read my e-mails early every evening. Consequently e-mailed requests will be acted on during the following morning.

More about dogs next month - as promised to a reader.

A REMARKABLE CLAIM

For a number of years we had been inserting Norplant contraceptive devices that were claimed to be more effective than sterilisation. There are still a number of women with them who are perfectly happy, indeed a couple hastened to have new ones before they were withdrawn.

The replacement, Implanon, is available and I have been to a training course for fitting and removing them. Clearly they are going to be popular, dozens of doctors turned up to the course who were not on the official list of delegates — damned gannets ate all the food before I got there too.

The main speaker began by pointing out that according to current figures the new device is more effective than hysterectomy (yes really) at preventing pregnancy. It lasts three years instead of five. It is a single slim soft polymer rod that is fitted on the inner upper arm just like a normal injection. It is almost instantly effective and its effect wears off within a few hours of removal. Removal itself is a lot simpler, there being only one rod.

Thinking of the different stages in a woman's life that the new three year device could tidily cover - the entire GCSE and sixth form period, a complete 3 year degree course, spacing of babies, "the older woman" - a very safe, economical, convenient and reliable form of contraception for women of all age groups. Most women using the device will have NO PERIODS either.

There has lately been a flurry of press interest in the fact that women do not have to endure monthly periods—if they don't want to. As ever, the press is about thirty years behind the facts. As anyone who has read our leaflets on contraception will know we have mentioned the option of taking the pill with only three or four breaks for a period per year. The story told to me quarter of a century ago was that the pill is packed in monthly lots because it was invented by a man who thought that women wanted to have regular periods.

In the wild state woman would in fact only have a handful of periods in their entire lives, the rest of the time they would be pregnant or breastfeeding. So, the regular menstruation that women in developed countries experience for three or more decades is in fact intensely unphysiological and responsible for many of the hormone-related ailments that are so prevalent.

STRESS COUNSELLING

Relate (aka The Marriage Guidance Council) is a marvelously useful organisation for those experiencing problems within their relationships. Funding has now become available to allow the organisation to pilot a new service in rural areas THE RURAL STRESS COUNSELLING SERVICE. We are privileged in that sessions are being made available at the Health Centre. This is long overdue and a welcome response to the well recognised problems that occur in rural areas.

If you are experiencing stress, anxiety, loneliness, isolation, difficulties in relationships or other similar problems you are invited to make contact directly with Relate on 0191 2329109 and ask for the Rural Stress Counselling Service. You will be give a time and date for a confidential meeting.

Ж

The service is FREE and lasts for six sessions.

COGNITIVE BEHAVIOURAL THERAPY

Sounds complicated doesn't it. Actually it is a very sensible and well thought out type of treatment that is applicable to many psychological disorders.

It is a range of techniques and a general strategy based on the principle that our thoughts influence our feelings and behaviour, which in turn influence our thoughts. When anxious or depressed, people often get locked in to a negative feedback loop, where negative thoughts give rise to negative feelings and behaviour which leads to negative thoughts......

Identifying these negative thought cycles and developing strategies for breaking them is what CBT is about. There are trained CB therapists at the Fairnington. This a good alternative to medication for many people. Any takers?

SHAPING TOMORROW

The BMA recently held a conference to discuss the development of medicine in the future. Reading the brochure distributed to members prior to the meeting I had the distinct impression that the timescale to which minds were being applied was too short and the expectations of technical development far too cautious.

Cybernetics will overrun many of the manual procedures in medicine within a decade or two. Advances in molecular biology will displace tablet taking and immunisation with needles. Already there are devices that act as interfaces between machines and biological systems, implantable versions will allow remote mpnitoring of individual's health, eliminating screening and trips to see a doctor.

By coincidence in a lecture delivered by Bill Joy, the Chief Scientist at Sun Microsystems, the prediction was made that within thirty years truly intelligent, autonomous, rapidly evolving and self replicating machines will be displacing humans from much of the decision making and management of the planet. The complete displacement of humans from the planet was also discussed.

In envisioning the future we should not be squinting as far as the end of our academic or funding noses, nor reaching as far as our arms will stretch, nor looking as far as we can see, nor thinking as far ahead as our imaginations will take us but vaulting into the void beyond our imaginations feeble extent.

Technology is not only a threat to the employment prospects for doctors! Can machines do the mind-to-mind stuff or replace the pastoral aspects of care? Will we come to prefer our births, illnesses and deaths to be managed by machines? Will there be births, illnesses and deaths?

At present the political and management classes are too preoccupied by the arcana of their own devising. The future remains obscure but the majority of those reading this text will survive the above mentioned thirty years.

THE HEALTH NAZIS

It is a little known fact that the Third Reich spawned a number of manifestly effective public health policies many decades before other western nations—and no, I am not an apologist or revisionist crypto-fascist. They espoused a number of prescient dietary ideas—wholemeal bread and Soya beans (once called Nazi Beans) and identified the ill effects of tobacco almost two decades before Sir Richard Doll came to public prominence with the same message.

It is almost impossible to identify any, even faintly, humorous aspect of the Third Reich and all its works but in true Teutonic style they have passed down to us a product of their ever inventive *wordbildung* skills. As part of their powerful public health drive against smoking, especially *passivraucher*—passive smoking, they coined the term "lung masturbation" for smoking. So, the next time you see someone smoking a subversive image will form in your mind and you'll have an irreproachable reason for a really good belly laugh.

SF.